



P R I S M

CBSE High School Newsletter



August 2026

Message from the Head of the School

Dear Parents,

Over the past few weeks, our school held a series of assemblies exploring an important theme: how love for one's own country can coexist with a genuine, open-minded outlook toward the wider world.

Students took part in structured debates, presenting reasoned arguments on both sides of questions like "Can national pride and global cooperation go hand in hand?" The discussions were moderated to keep them respectful and balanced, ensuring students learned to think critically rather than simply take sides.

Our aim wasn't to tell students what to believe, but to help them listen well, argue fairly, and hold complex ideas with maturity – skills that will serve them well beyond the classroom.

In the month of August, as we celebrated our 80th Independence Day with national pride and patriotic fervour, we deliberated that core values such as gratitude, respect, integrity, perseverance and empathy do not stop at political borders between nations. Students very cogently argued that the problems of Climate change, worldwide pandemics, pollution and other global issues had to be resolved with a global mindset.



However, they weighed the importance of national identity and cultural dignity as the first step towards 'Vasudhaiva Kutumbakam'.

The two day TGSMUN further added to sustained deliberations on negotiated peace as a critical need for the present and the future.

We encourage you to keep the conversations going at home. Let us together nurture open-minded, caring and balanced citizens.

Thank you

Sudeshna Chatterjee
Head of School



A Message from the Academic Head

**“Success is the sum of small efforts,
repeated day in and day out.”**

— Robert Collier

Beyond Marks-Lets embrace Assessments as a barometer of students' Progress !

Assessments are not new; they have been an integral part of education for generations. While they are often viewed primarily as tools for assessing academic achievement, their significance extends far beyond marks and grades. As we are preparing for the Term I Examinations, let's understand that assessments are not merely an academic checkpoint; it is a **diagnostic milestone that establishes the foundation for required learning outcomes**. It provides an authentic opportunity to evaluate conceptual understanding, identify learning gaps, and develop examination readiness well before the final assessment.

The significance of the First Term lies in what students do after the examination. A student scoring 78% should not view the result merely as a percentage, but ask: Were the lost marks due to conceptual gaps, careless errors, inadequate answer presentation, or poor time management? Such analysis transforms assessment into purposeful learning.



Examinations provide students with opportunities to develop discipline, critical thinking, resilience, time management and a growth-oriented approach to learning.

They-

1. **Encourage Consistent Learning:**
Exams motivate students to study regularly, revise concepts and develop academic discipline.
2. **Measure Progress:** They help identify strengths, learning gaps and areas requiring focused improvement.
3. **Promote Deeper Understanding:**
Application-based questions encourage students to move beyond memorisation towards conceptual learning.

Vangala Naga Veena
Academic Head



A Message from ILD

The Power of Small Habits

Success is rarely the result of one big achievement. More often, it is built through small, consistent habits practiced every day. Reading for just 15 minutes, organizing your school bag the night before, completing homework on time, or greeting others with kindness may seem insignificant, but these simple actions create lasting positive change.

Small habits help us stay focused, build self-discipline, and reduce stress. They make difficult tasks feel manageable because we take one step at a time instead of trying to do everything at once. Over time, these little efforts become part of our daily routine, shaping our character and boosting our confidence.

As students, remember that you do not need to be perfect. What matters is being consistent. A small improvement each day is far more powerful than occasional bursts of effort. Just as a tiny seed grows into a mighty tree with patience and care, your daily habits shape the person you become. This month, challenge yourself to build one positive habit.

It could be drinking more water, reading a few pages of a book, practicing gratitude, or helping someone every day.



Small habits may seem ordinary, but they have the extraordinary power to transform your future—one day at a time.

"Great things are not done by impulse, but by a series of small things brought together." — Vincent van Gogh

Leonie Marshall
ILD \ HOD
School Counsellor



A Message From Biology Facilitator

Our body is home to trillions of tiny microorganisms, especially in our gut. Together, they form the gut microbiome, a fascinating ecosystem that helps digest food, supports our immune system and contributes to overall health.

Scientists are now discovering how these microscopic organisms interact with our bodies and how changes in the gut microbiome may be linked to different diseases. This research could lead to new approaches to preventing and treating illness.

So, while we may think of ourselves as one living organism, we are actually a whole community of life!

A study published in Nature Communications on 7 August 2026 examined how different species of bacteria in the human gut interact with one another. Researchers systematically studied which bacteria help or compete with other bacteria as they grow. This is important because the gut is not simply a collection of individual microbes—it is a complex ecosystem where microorganisms influence one another



"A healthy world within us helps create a healthier world around us."

Dronadula Anuradha
Biology Facilitator (MS and HS)



Holistic Excellence



CREATIVITY CONQUERS: LAURELS AT BIRLA OPEN MINDS

Our talented students showcased remarkable creativity and imagination at the Birla Open Minds School competitions. Divij Kaura of Grade 7B secured First Prize in the Fragments and Fiction: Story Weaving Competition. Abhignya Nandury of Grade 12C and Hasini Kodupaka of Grade 12D earned Third Prize in the Creative Catalyst: Ad Creation Competition. Their achievements celebrate originality, teamwork, storytelling and creative expression.



Holistic Excellence

HAPPY ENGLISH: LEARNING THROUGH ENGAGEMENT

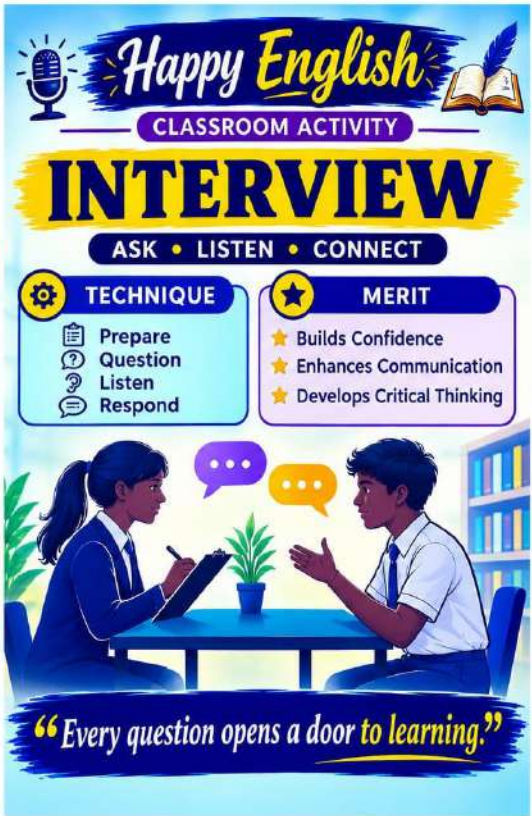
The Grade 12 Happy English activity created an engaging space where students experienced English beyond conventional classroom learning. Through interactive participation, learners explored communication, expression and collaboration in a purposeful setting. The activity encouraged students to think independently, express their ideas confidently and engage meaningfully with their peers, reinforcing the belief that language learning becomes powerful when it is experiential, relevant and enjoyable.



Holistic Excellence

THE ART OF CONVERSATION: ASK, LISTEN, CONNECT

As part of Happy English Class, Grade 12B and 12D students participated in an enriching interview activity. They explored purposeful questioning, active listening, probing, paraphrasing and thoughtful responses. The experience strengthened confidence, empathy, critical thinking and spontaneous communication. More importantly, students discovered that meaningful conversations are built not only through powerful questions, but also through the ability to listen, understand and connect.



Holistic Excellence

INTO THE WILD: LEARNING BEYOND THE CLASSROOM

Grade 9 students embarked on an educational field trip to the Telangana State Forest Academy, Dulapally. A nature trail introduced them to the characteristics and importance of forests in maintaining ecological balance. The highlight was an engaging snake-awareness show featuring venomous and non-venomous species. Students also learnt essential safety measures and experienced the rare opportunity to touch a non-venomous snake under expert supervision.



Holistic Excellence

LEARNING BEYOND THE FOUR WALLS

The Grade 10 field trip provided students with an opportunity to step beyond the conventional classroom and experience learning through exploration and shared experiences. Such educational journeys encourage curiosity, collaboration and observation while helping learners connect academic concepts with the world around them. The experience also strengthened peer relationships and created meaningful memories, reinforcing the value of experiential learning in holistic education.



Holistic Excellence

HERITAGE IN MOTION: DISCOVERING INDIA AT SHILPARAMAM

Grade 11 students embarked on an enriching Sewa field trip to Shilparamam, immersing themselves in India's vibrant artistic and cultural heritage. The visit offered opportunities to explore traditional crafts, architecture and cultural expressions while appreciating the richness of India's diverse traditions. Beyond academic learning, the experience fostered curiosity, camaraderie and cultural appreciation, creating memorable moments of learning beyond the classroom.



Holistic Excellence

WHEN NATURE BECOMES POETRY: A THING OF BEAUTY

Grade 12D transformed the garden into a living classroom while exploring John Keats's *A Thing of Beauty*. Surrounded by trees, sunlight and natural beauty, students observed, reflected and shared their interpretations. The experience moved literature beyond the textbook, allowing learners to connect deeply with Keats's ideas of beauty, tranquillity and enduring joy, while experiencing nature as poetry itself.



Holistic Excellence

Potting Mix Team – Kaushal Vikas Project on Life Forms

As part of the **CBSE Kaushal Vikas Project on Life Forms**, students prepared potting mixtures and explored the uses of **cocopeat and neem cake**. They understood that cocopeat helps retain moisture and improve aeration, while neem cake supports soil health and helps manage soil pests. The hands-on activity developed practical gardening skills and sustainable thinking.



Holistic Excellence

Seed Selection and Sowing Team

As part of the **CBSE Kaushal Vikas Project on Life Forms – Rooftop Gardening**, students carefully selected suitable seeds and learnt about their characteristics, growing requirements and sowing methods. They prepared the pots and sowed the seeds at appropriate depth and spacing. The hands-on activity developed **observation, decision-making, teamwork and practical gardening skills**.



Holistic Excellence

Plant Maintenance Team

As part of the **CBSE Kaushal Vikas Project on Life Forms – Rooftop Gardening**, students monitored plant growth and regularly cared for the plants. They watered the pots, observed leaves for pests and diseases, removed weeds and recorded growth changes. The activity developed **observation, responsibility, teamwork and practical plant-care skills**.



Holistic Excellence

FROM CLASSROOM TO LABORATORY: AGRICULTURE IN ACTION

Students visited an Agricultural University for an enriching exposure to modern agricultural practices and biotechnology. They observed plant tissue culture and microbiology laboratories, fermentation techniques and vermicomposting practices. The experience offered valuable first-hand insights into sustainable agriculture and scientific innovation, enabling learners to connect classroom concepts with real-world applications. It was an inspiring journey into the science, technology and sustainability shaping the future of agriculture.



Core Values

FRIENDSHIP RECEIPTS: CELEBRATING THE BONDS THAT MATTER

Friendship Day became an opportunity for students to celebrate one of life’s most meaningful relationships. Through the creative concept of a “Friendship Receipt,” students reflected on the qualities, memories and moments that make friendships special. The activity encouraged gratitude, appreciation and meaningful connections, reminding learners that genuine friendship is built on trust, kindness, empathy and shared experiences.



Core Values

EMPATHY IN ACTION: A VISIT THAT TOUCHED HEARTS

Grade 12 Psychology students visited Sweekar Upkaar, gaining meaningful insights into the lives and experiences of children with disabilities. They learnt about different disabilities, their impact on development, and the facilities supporting greater independence. The dedication and patience of the staff deeply inspired students. The visit strengthened their understanding of empathy, acceptance, dignity and equal opportunities for every individual.



Mindfulness and Wellbeing



SELF-CARE: INVESTING IN OUR WELL-BEING

Grade 12 Psychology students led an insightful assembly on the importance of self-care. The session highlighted how physical, mental and emotional well-being directly influence academic performance and personal growth. Students explored practical habits such as healthy eating, adequate sleep, hydration, exercise and mindful breaks. The message was powerful and timely: caring for oneself is not a luxury, but an essential foundation for sustained success.



Global Leadership

A TRIBUTE TO FREEDOM: INDEPENDENCE DAY 2026

The Independence Day celebration began with the ceremonial flag hoisting by Founder & Director Ms. Kirthi Reddy, followed by the National Anthem. Students presented inspiring speeches, patriotic songs, dance and a Taekwondo display, celebrating the spirit of India. Board and subject toppers of 2025-26 were felicitated, while Annual Merit Scholarships were announced, making the occasion a proud celebration of achievement, patriotism and excellence.



Global Leadership

Passport to Possibilities Career Session by St. George's University, USA

Students explored global medical careers during an inspiring session by St. George's University, Grenada. They gained insights into MD pathways, admissions, scholarships, and international healthcare education. The interactive guidance empowered aspiring doctors to compare medical opportunities across India, the USA, and the UK, helping them make informed academic and career decisions."



Coming Up Next

Date	Day	Event	Grade
5 th September	Saturday	Teacher's Day	Grade IX to XII
10 th September	Thursday	Parent orientation	Grade X
15 th September	Tuesday	Term 1 examinations	Grade IX to XII
30 th September	Wednesday	Eligibility test	Grade XI



Social Media Links

Platform	Link
Website	https://www.thegaudium.com/
Instagram	https://www.instagram.com/thegaudiumhyd/
Facebook	https://www.facebook.com/thegaudiumschool
YouTube	https://www.youtube.com/c/Thegaudiumschool
Linkedin	https://www.linkedin.com/company/thegaudium/
Events	https://www.thegaudium.com/at-the-gaudium/gaudium-events/



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