



P R I S M

Grade Nursery

March & April 2025-26



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Message from the Founder and Director

Dear Graduating Batch of 2026,

We are incredibly proud of each and every one of you. Over the years, you have grown into thoughtful, responsible, and capable individuals, truly ready to take on the world.

As you celebrate this milestone, carry with you a deep sense of gratitude, for the teachers who believed in you, the parents who sacrificed for you, and the friends who stood beside you every step of the way.

Today, I want you to focus on the word. Contentment.

As you prepare to step into the world, pause for a moment and ask yourself:

What does happiness really mean to me? What does a fulfilled life look like for me?

Because in today's world, contentment is not optional. It is survival. We are constantly told to do more, be more, have more. And yet, it never feels like enough.

Endless scrolling. Constant comparison. Everyone is chasing something and very few feel at peace. You can have success, money, validation and still feel empty inside.



Contentment is what protects you. In a world that constantly pulls you outward, contentment brings you back home to yourself. It's not something you achieve once. It's something you build, and return to again and again.

So what creates contentment?

First—Clarity of Purpose.

Know what truly matters to you. Not what the world tells you to chase, but what you value. Is it Peace? Success? Impact? Love? Freedom? When your life aligns with your values, contentment begins to grow. So dream. Set goals. But more importantly decide the kind of person you want to become.



Message from the Founder and Director

Second, Acceptance and Peace with Yourself.

This is one of the most underrated skills in life. We live in a world that constantly tells you to improve but rarely teaches you to accept.

Acceptance means: not constantly judging yourself, not comparing your life to someone else's highlight reel. Because comparison steals your peace faster than failure ever will. When you accept yourself, your strengths, your flaws, your journey, you build inner stability. And from that comes real contentment. Learn the difference between what you can control and what you can't. Don't waste energy resisting reality. Focus on what you can grow. Because remember this, people suffer more from resisting reality than from reality itself. Acceptance removes mental friction. And when there's less friction, there's more clarity, peace, and strength.

Third—Meaningful Connections. No one feels fulfilled in isolation. You can achieve everything and still feel empty without real people in your life. At your core, you want to be seen, understood, and supported. Not just liked. Not just followed. But truly known. And meaningful relationships aren't just about receiving, they're about giving.

Showing up. Listening without judging. Being there when it matters. Because real connections give your life emotional depth. You laugh more. You heal faster. You feel stronger.

So don't just chase success, build people into your life. Because at the end of the day, you won't remember marks or trophies as much as the people who stood by you.



Message from the Founder and Director

Fourth—A Sense of Progress. As human beings, we need to feel like we're moving forward. Not constant achievement but consistent growth. Learning something new. Improving a habit. Becoming just a little better than yesterday. That's where fulfilment lies. Because progress is quiet. It doesn't come with applause. But it gives you something powerful, a deep sense of satisfaction. So don't chase perfection. Chase progress. And finally, Stay Connected to Yourself.

Lastly, Have some form of spirituality in your life. It doesn't have to be religion. It simply means staying connected to who you are. It could be: working out, playing a sport, creating art, reflecting, or simply sitting in silence. Because in today's world, it's easy to lose yourself. Endless scrolling. Constant noise. Always being busy, it slowly numbs you. You stop feeling deeply. You stop thinking clearly. You disconnect from yourself and from others. So pause. Check in with yourself. Ask: How am I really feeling? What do I really want?

Because when you are connected within, your decisions become clearer and your mind becomes calmer. In a noisy world, create moments of stillness. Because that is where clarity lives. And that is where peace begins.

Class of 2026, As you step into the world, remember this: Success may impress the world, but contentment will sustain you. So build a life that is not just successful but meaningful, peaceful, and truly your own. Congratulations once again. And I wish you a life full of purpose, growth, connection, and deep fulfilment.

K.Kirithi Reddy
Founder & Director



Message from Associate PYP Coordinator- Professional Development

Choosing education as a lifelong commitment is a decision reaffirmed every time I engage with passionate educators at events like the IB Global Conference 2026 in Mumbai. Under the theme "Shared Learning, Shared Futures," this gathering of over 1,100 leaders from the Asia-Pacific region was a deeply enriching experience that bridged the gap between global standards and daily school practice. I am incredibly grateful to our school management for recognizing the value of this professional journey and providing me with the opportunity to represent our community.

The sessions on well-being were a highlight, particularly the workshop on "Educating the Head, Heart, and Hands." It served as a vital reminder that well-being is not just a scheduled lesson or an "add-on" to the curriculum; it is the essential foundation for all academic success. We explored how a school culture designed with intentionality ensures that every student feels safe and supported, moving beyond mere compliance to create a lived experience of care.

This connected deeply with the discussions on inclusion, where the focus was on shifting from simply "integrating" students to truly "including" them by designing flexible systems that honor diverse learning needs. We discussed how educators are uniquely positioned to nurture intercultural understanding and respect, ensuring that every learner—regardless of their background—has an equitable path to success in an increasingly complex world.



The rapid evolution of Artificial Intelligence (AI) was another core focus, shifting the conversation from fear to empowerment. Sessions explored how AI can be used as a tool for "human-centric" learning, helping teachers personalize education and reduce administrative burdens so they can focus on what matters most: the student-teacher relationship. We reflected on how AI must be used ethically to enhance, rather than replace, the critical thinking and creativity that define the IB experience.

This conference was not just about receiving certificates; it was a continuation of my commitment to building a school culture where values are enacted daily and where every student is prepared for a "shared future" built on peace and collaboration. I look forward to bringing these insights back to our classrooms to ensure our standards evolve into meaningful, future-ready experiences.

Thanks & Regards
Vinodhini



School Philosophy – 5 Developmental Pillars

Mindfulness and well-being

Our 'Mindfulness' programme has been a strong pillar as it is an integral part of curriculum with a strong emphasis on well-being of our students through various learning engagements. On this note, our students practiced flower breathing, a calming technique that encourages slow, deep breaths by imagining smelling a flower and gently blowing the petals out.



Through mindful breathing and focused attention, they developed self-regulation skills and learned the importance of staying calm and relaxed. They practiced balance walking demonstrating the attribute of learner profile 'Balanced.' They also enjoyed colouring the 'Mandala Art' which ignited their creative thinking skills with a sense of calmness.



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School Philosophy – 5 Developmental Pillars

Core Values

Our five core values, 'Respect, Empathy, Integrity, Perseverance, and Gratitude' help balance our inner and outer world. This month, our students explored Integrity through read aloud stories, discussions, learning engagements, and presented themselves in assemblies, demonstrating the importance of being honest and making right choices.



Holistic Excellence

As part of our holistic excellence initiatives, various events were held, including life skills session focusing on non-fire cooking. Students thoroughly enjoyed making 'Biscuit Canapes' as part of non-fire cooking. They did not only make for themselves but also to their peers and teachers as well.



School Philosophy – 5 Developmental Pillars

Global Leadership

Students participated in a special session as part of Global Leadership on 'World Happiness Day' to understand the importance of happiness and well-being. This provided an opportunity for them to express joy, share positive thoughts, and engage in learning engagements that promote kindness and gratitude. It also encouraged respect for others' feelings and helped build a caring and positive classroom environment.



Stakeholder engagement

A guest speaker who is also one of our parents, conducted a session on 'The way people and animals interact and our responsibility for the well-being of animals' deepened the students' conceptual understanding of responsibility. The key insights were animals and their habitats, and animal care. Students asked questions, shared experiences, and developed empathy and responsibility towards animals.



Learning and Teaching – March & April

Unit of Inquiry

Sharing the Planet

Central Idea:

Animals and people interact in different ways in different contexts.

Lines of inquiry:

- Different types of animals and their characteristics
- The way people and animals interact
- Our responsibility for the well-being of animals

Specified Concepts

Form

Causation

Responsibility

Attributes of Learner Profile

Caring

Balanced

Principled

Unit of Inquiry

Students inquired into different types of animals and their characteristics by exploring their features, habitats, and sounds through hands-on experiences and discussions. They developed an understanding of how people and animals interact through a guest sessions by experts including teachers who have pets, gaining insights into care and relationships with animals in day to day life. They also explored their responsibility towards the well-being of animals and demonstrated this understanding by taking guided action, such as placing bowl of water for birds, dogs and pets in their surroundings.



Learning and Teaching – March & April

Transdisciplinary Language

Students were introduced to the letters 'w, v, y, x, and q' and had opportunities to explore them through learning engagements such as sand tracing, water tracing, tracing with clay, and paper cut-and-paste learning engagements. They also reinforced correct letter formation and sounds through engaging hands-on experiences. Students reinforced all the letters of the alphabet along with the phonic sound and related words and objects. They further practiced tracing and formation of letters. They got various opportunities to build their vocabulary through stories and picture talk. Over all, they reinforced all the language skills that they learned so far.

Transdisciplinary Math

Students were introduced to the numbers 19 and 20 through engaging learning engagements such as using flashcards and quantifying using objects. They practiced tracing and forming the numbers with correct formation. They also reinforced their understanding of previously learned concepts, including patterns, pictographs, and 2D shapes, through hands-on learning engagements and observations. They practiced tracing and formation of numbers. They reinforced the number sequencing through songs and rhymes. They also reinforced backward counting using action songs and tally marks using manipulatives to enhance their understanding of numeracy skills.



Learning and Teaching – March & April

Dance

Students continued exploring Jazz Dance (Basics) by building confidence, control, and expressive movement. These lessons supported the students in their physical development, creativity, and cooperation while reinforcing the theme 'Sharing the Planet' through joyful dance experiences. Students further reinforced the Jazz Dance (Basics) skills introduced in the previous month. They focused on improving coordination, rhythm, and body control while learning simple sequences and transitions. These lessons continued to encourage creativity, confidence, and teamwork through fun and engaging learning engagements.

Visual Arts

Students selected one technique—stamping, tear-and-paste, or clay modelling—for their final assessment. As part of the process, they collaboratively co-constructed the task, identified appropriate tools, and developed assessment criteria, fostering a sense of ownership and deeper understanding of their learning. For the culminating activity, students created an artwork inspired by their immediate surroundings, thoughtfully applying their chosen technique. This approach not only encouraged creativity and self-expression but also helped students explore the practical application of artistic methods in a meaningful context.



Learning and Teaching - March & April

Students continued exploring the tear-and-paste technique by making simple shapes and decorating them with newspaper and coloured paper pieces. They happily shared their artwork with their friends. Students enjoyed creating artwork by crumpling paper and pasting it to make fun textures. They shared their creations with their peers. Students made two dots on a sheet and joined them using quilling strips. They talked about what they created and tried to find different lines in their surroundings, helping to reinforce their understanding of lines.

Drama

Students listened to the story of 'The Boy Who Cried Wolf' and enthusiastically brought it to life by enacting the characters, practicing dialogues, and expressing emotions through their actions. They enjoyed stepping into the roles and exploring the story in a fun, engaging way. Students revisited all the stories they had learned so far, 'The Lion and the Mouse, The Rabbit and the Tortoise, and The Boy and the Sheep.' This helped reinforce their understanding, creativity, and confidence in storytelling and performance.



Learning and Teaching - March & April

Music

Students learned to sing "Have you got the sunshine smile" along with guitar and keyboard. They learned rhythm counting in 4/4 and clapped on the first count. They sang the first 5 notes of the scale C D E F G (Do Re Mi Fa So). Students learned the song "We Can Play" along with actions. They learned to sing along with keyboard and guitar. They practiced vocal exercises on 5 notes (Do Re Mi Fa So) and rhythm clapping for 4/4 timing.

PE

This month, students participated in Gymnastics and inquired into the sport. We had discussions about gymnastics, and they explored the proper techniques of jumping drills. Students watched pictures, videos, and teacher demonstrations based on jumping drills and shared their findings. We discussed the correct techniques for the 180-degree jump, tuck roll, tuck jump, forward roll, and gymnastics stations. This month, students also inquired into the skills of rolling and hanging. They explored and practiced the forward roll and hanging. They also developed their skills in hanging techniques through guided learning engagements and teacher demonstrations.



Learning and Teaching - March & April



Students explored different types of animals and their interactions through various learning engagements.



Learning and Teaching - March & April



Students enhanced their language skills and understanding of numbers through engaging and hands-on learning experiences.



Field Trip - Daisy Dale



Students made authentic connections to their classroom learning to the real-life experience. They observed how people interact with animals by feeding, caring, and keeping them safe.



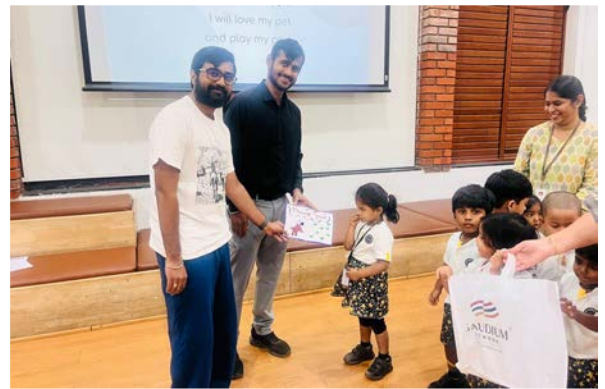
Learning and Teaching - March & April



Students enjoying their PE, Visual Arts, Music and Reading classes developing their skills across all subjects through engaging, interactive, and hands-on learning experiences, enhancing their understanding, creativity, and overall development.



Guest Talk



Students demonstrated the attribute of learner profile 'Communicators' during the guest talk on animals. They learned how to take care of animals and understood what animals are like (form) and why they need care. (causation).



Assembly



During the assemblies, students displayed their conceptual understanding and developed self-management skills by following sequence, participating responsibly, demonstrating the attributes of the learner profile 'Knowledgeable and Principled.'



Our Action ambassadors



The students continued to take the learning beyond the classroom which led them to take meaningful 'Actions.'



Adventure Park



Students explored the adventure park by crawling and sliding developing their gross motor skills along with coordination. They demonstrated confidence, coordination, and balance while engaging in these experiences, showing enthusiasm and active participation.



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Splash Pool



During the splash pool activity, students developed their social skills while splashing, and playing together safely.



Mark Making



Students engaged in mark making learning engagements, using different tools to create lines and patterns. This enhanced their fine motor skills development, hand-eye coordination, creativity, early writing skills, and language development.



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Tabletop Learning Engagements



The students reinforced various concepts through the tabletop activities developing critical thinking and social skills.



Happenings Months Ahead

Events	Dates
School Reopening Day	June 22nd, Monday

Our website:

<https://www.thegaudium.com/>

Events link:

<https://www.thegaudium.com/at-the-gaudium/gaudium-events/>

Facebook : For daily updates please like the page.

<https://www.facebook.com/thegaudiumschool/>

