



# P R I S M

Grade 1

March - April 2026

March



IB CONTINUUM  
CONTINUUM DE L'IB  
CONTINUO DEL IB

# Message from the Founder and Director

Dear Graduating Batch of 2026,

We are incredibly proud of each and every one of you. Over the years, you have grown into thoughtful, responsible, and capable individuals, truly ready to take on the world.

As you celebrate this milestone, carry with you a deep sense of gratitude, for the teachers who believed in you, the parents who sacrificed for you, and the friends who stood beside you every step of the way.

Today, I want you to focus on the word. Contentment.

As you prepare to step into the world, pause for a moment and ask yourself:

What does happiness really mean to me? What does a fulfilled life look like for me?

Because in today's world, contentment is not optional. It is survival. We are constantly told to do more, be more, have more. And yet, it never feels like enough.

Endless scrolling. Constant comparison. Everyone is chasing something and very few feel at peace. You can have success, money, validation and still feel empty inside.



Contentment is what protects you. In a world that constantly pulls you outward, contentment brings you back home to yourself. It's not something you achieve once. It's something you build, and return to again and again.

So what creates contentment?

First—Clarity of Purpose.

Know what truly matters to you. Not what the world tells you to chase, but what you value. Is it Peace? Success? Impact? Love? Freedom? When your life aligns with your values, contentment begins to grow. So dream. Set goals. But more importantly decide the kind of person you want to become.



## Second, Acceptance and Peace with Yourself.

This is one of the most underrated skills in life. We live in a world that constantly tells you to improve but rarely teaches you to accept.

Acceptance means: not constantly judging yourself, not comparing your life to someone else's highlight reel. Because comparison steals your peace faster than failure ever will. When you accept yourself, your strengths, your flaws, your journey, you build inner stability. And from that comes real contentment. Learn the difference between what you can control and what you can't. Don't waste energy resisting reality. Focus on what you can grow. Because remember this, people suffer more from resisting reality than from reality itself. Acceptance removes mental friction. And when there's less friction, there's more clarity, peace, and strength.

Third—Meaningful Connections. No one feels fulfilled in isolation. You can achieve everything and still feel empty without real people in your life. At your core, you want to be seen, understood, and supported. Not just liked. Not just followed. But truly known. And meaningful relationships aren't just about receiving, they're about giving.

Showing up. Listening without judging. Being there when it matters. Because real connections give your life emotional depth. You laugh more. You heal faster. You feel stronger.

So don't just chase success, build people into your life. Because at the end of the day, you won't remember marks or trophies as much as the people who stood by you.



Fourth—A Sense of Progress. As human beings, we need to feel like we're moving forward. Not constant achievement but consistent growth. Learning something new. Improving a habit. Becoming just a little better than yesterday. That's where fulfilment lies. Because progress is quiet. It doesn't come with applause. But it gives you something powerful, a deep sense of satisfaction. So don't chase perfection. Chase progress. And finally, Stay Connected to Yourself.

Lastly, Have some form of spirituality in your life. It doesn't have to be religion. It simply means staying connected to who you are. It could be: working out, playing a sport, creating art, reflecting, or simply sitting in silence. Because in today's world, it's easy to lose yourself. Endless scrolling. Constant noise. Always being busy, it slowly numbs you. You stop feeling deeply. You stop thinking clearly. You disconnect from yourself and from others. So pause. Check in with yourself. Ask: How am I really feeling? What do I really want?

Because when you are connected within, your decisions become clearer and your mind becomes calmer. In a noisy world, create moments of stillness. Because that is where clarity lives. And that is where peace begins.

Class of 2026, As you step into the world, remember this: Success may impress the world, but contentment will sustain you. So build a life that is not just successful but meaningful, peaceful, and truly your own. Congratulations once again. And I wish you a life full of purpose, growth, connection, and deep fulfilment.

K.Kirithi Reddy  
Founder & Director



# Message from Associate PYP Coordinator- Professional Development

Choosing education as a lifelong commitment is a decision reaffirmed every time I engage with passionate educators at events like the IB Global Conference 2026 in Mumbai. Under the theme "Shared Learning, Shared Futures," this gathering of over 1,100 leaders from the Asia-Pacific region was a deeply enriching experience that bridged the gap between global standards and daily school practice. I am incredibly grateful to our school management for recognizing the value of this professional journey and providing me with the opportunity to represent our community.

The sessions on well-being were a highlight, particularly the workshop on "Educating the Head, Heart, and Hands." It served as a vital reminder that well-being is not just a scheduled lesson or an "add-on" to the curriculum; it is the essential foundation for all academic success. We explored how a school culture designed with intentionality ensures that every student feels safe and supported, moving beyond mere compliance to create a lived experience of care.

This connected deeply with the discussions on inclusion, where the focus was on shifting from simply "integrating" students to truly "including" them by designing flexible systems that honor diverse learning needs. We discussed how educators are uniquely positioned to nurture intercultural understanding and respect, ensuring that every learner—regardless of their background—has an equitable path to success in an increasingly complex world.



The rapid evolution of Artificial Intelligence (AI) was another core focus, shifting the conversation from fear to empowerment. Sessions explored how AI can be used as a tool for "human-centric" learning, helping teachers personalize education and reduce administrative burdens so they can focus on what matters most: the student-teacher relationship. We reflected on how AI must be used ethically to enhance, rather than replace, the critical thinking and creativity that define the IB experience.

This conference was not just about receiving certificates; it was a continuation of my commitment to building a school culture where values are enacted daily and where every student is prepared for a "shared future" built on peace and collaboration. I look forward to bringing these insights back to our classrooms to ensure our standards evolve into meaningful, future-ready experiences.

Thanks & Regards  
Vinodhini



# School Philosophy – 5 Developmental Pillars

## Mindfulness and Wellbeing

Mindfulness continues to be an important part of our daily routine, helping students pause, reflect, and respond thoughtfully in different situations. Mindfulness support them in managing emotions, staying calm, and maintaining focus during their learning.

As students engage in these practices, they are beginning to understand how mindfulness helps them make positive choices and build meaningful connections with others. By taking small mindful pauses throughout the day, they are developing self-awareness, emotional balance, and a sense of responsibility for their well-being. This growing awareness is supporting them in becoming more confident, focused, and thoughtful learners.



## Core value

As part of our focus on **Integrity**, students explored the importance of being honest, making responsible choices, and doing the right thing even when it is not easy. Through stories, discussions, and classroom activities, they reflected on situations where they chose to be truthful, took responsibility for their actions, and showed fairness in their interactions with others.

During circle time, students shared moments when they demonstrated honesty and stood by what is right, even in challenging situations. These discussions helped them understand that integrity builds trust, strengthens relationships, and shapes strong character. By practising integrity, students are learning to be principled, responsible, and respectful individuals.



# School Philosophy – 5 Developmental Pillars

## Global leadership

Learners confidently hosted an assembly on Ugadhi and Ramzan, celebrating cultural diversity and demonstrating respect for different traditions and festivals. Through songs, role-plays, and short presentations, they shared the significance of these festivals and the values associated with them. Students confidently presented their ideas, showcasing strong communication and collaboration skills. They reflected on the importance of unity, respect, and inclusivity within a diverse community. The assembly provided a meaningful platform for learners to take ownership of their learning, build confidence, and develop a sense of responsibility as global citizens. It also encouraged appreciation for different cultures and traditions, helping students understand the importance of living together with empathy and respect.



# School Philosophy – 5 Developmental Pillars

## Holistic Excellence



To strengthen their inquiry learners went on a field trip to Daisy Dale Farm, where they observed various animals and developed a deeper understanding of living things and the factors that support their growth.



# School Philosophy – 5 Developmental Pillars

## Stakeholder engagement

We celebrated **Theatre Day**, where students showcased their creativity and confidence through performances. The event provided a platform for students to express themselves while demonstrating collaboration and communication skills. It also strengthened the connection between school and home, with parents appreciating and encouraging the students' efforts.



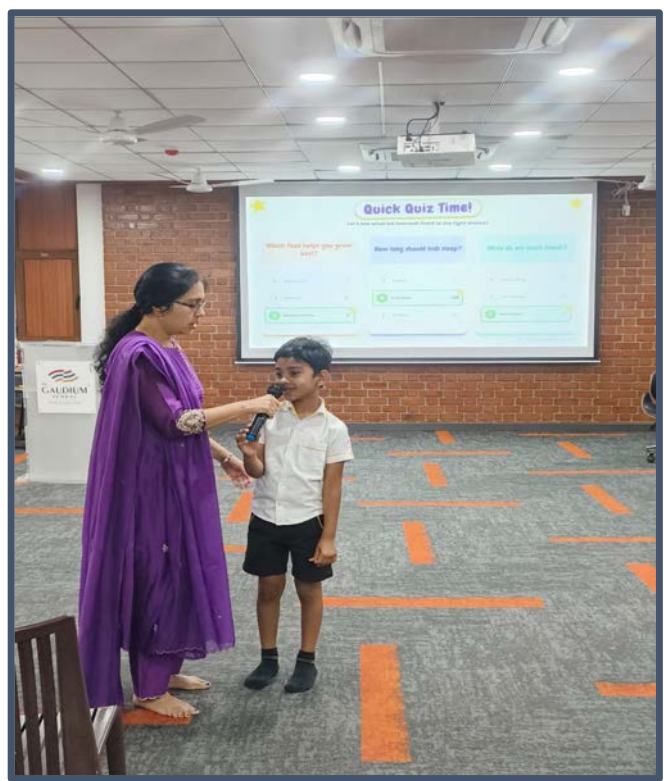
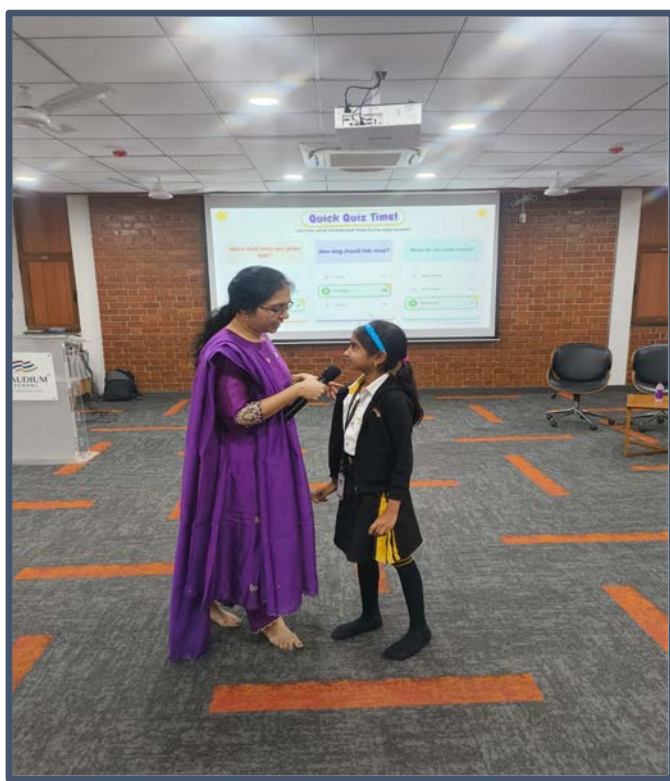
# Learning and Teaching -Repeated Additions



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# Learning and Teaching - Factors affecting Human Growth



# Learning and Teaching - Learning to use money wisely in daily life



# Learning and Teaching - Procedural writing (Making Lemonade Step by Step)



# Learning in Action.....



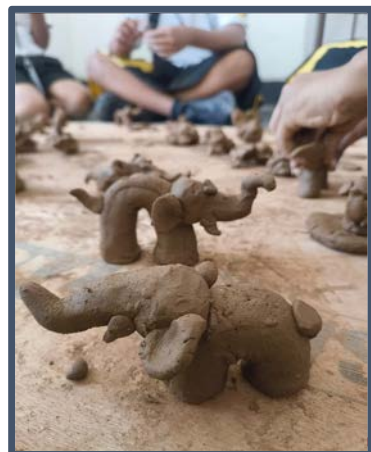
Students actively participated in a plantation activity and took responsibility for caring for plants every day. They watered them regularly, ensured they received adequate sunlight, and closely observed their growth over time, developing a sense of care and connection with nature. Through this experience, students not only understood the importance of nurturing living things but also made thoughtful lifestyle choices by reducing their intake of sugar and junk food. They developed a deeper understanding of the factors that affect growth, such as nutrition, environment, and care, making meaningful connections between plant growth and their own well-being.



# Learning and Teaching - Growth Patterns of Living things



# Learning and Teaching - Pottery



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# Learning and Teaching - Learning Resource Centre (Library)



# Learning and Teaching -Music



# Learning and Teaching – March

**Transdisciplinary Theme:** How the world works

**Central Idea :**

All living things go through the process of change

**Lines of Inquiry:**

- Characteristics of living and non-living things
- Patterns of growth in various living things
- Effects of factors that influence lives

**Key Concepts**

Form  
Change  
Causation

**Additional Concepts:**

Science: Living thing patterns, transformation, environment

**IB Learner profile:**

Caring,  
Inquirers,  
Knowledgeable

Inquiry came alive as students explored the central idea “All living things go through the process of change.” As enthusiastic *Inquirers*, they dived into hands-on experiences, uncovering the characteristics of living and non-living things, spotting patterns of growth, and discovering how different factors shape life.

An exciting part of the unit was the interactive guest talks by doctors, which truly brought learning to life. As *Knowledgeable* learners, students explored how nutrition, environment, and care influence the growth and well-being of living things, making meaningful real-world connections to the concepts of change and causation. Their curiosity shone through as they asked thoughtful questions and eagerly connected ideas.

Taking their learning beyond the classroom, students visited Daisy Dale Farm, where curiosity blossomed into real-world understanding. As *Caring* learners, they observed living things closely, identified their characteristics, and developed a deeper appreciation for the environment and its role in supporting life.

Throughout the unit, students shared their observations with confidence, expressed their ideas with enthusiasm, and strengthened their research and communication skills—truly bringing the IB learner profile to life.



# Learning and Teaching – March

## Transdisciplinary Language

Students developed their writing skills through engaging procedural writing activities in the classroom. They learned to write clear, step-by-step instructions, such as how to make simple items like lemonade, using sequencing words to organize their ideas. Alongside this, students explored adverbs ending in “-ly” to describe how actions were done—for example, slowly, carefully, and neatly. By combining procedural writing with the use of adverbs, students learned to make their instructions more detailed and meaningful, helping them communicate their ideas clearly and effectively.

in future tense will continue procedural writing g and revision all important concepts Students will continue developing their procedural writing skills by creating clear, step-by-step instructions using sequencing words. They will also revise important language concepts learned so far, including the use of adverbs ending in “-ly,” to make their writing more detailed and meaningful. This ongoing practice will help them strengthen their understanding and communicate their ideas more effectively.

## Transdisciplinary Math

Students engaged in a variety of meaningful mathematical learning experiences that strengthened their conceptual understanding and real-life application skills. They explored repeated addition through hands-on activities, helping them recognize patterns and build a foundation for multiplication. In measurement, learners used both non-standard and standard tools to compare lengths, heights, and weights, developing accuracy and observation skills. The concept of money was introduced through interactive role-play, enabling students to identify denominations and understand simple transactions. Equal sharing activities encouraged fairness and helped students understand the basics of division through practical experiences. Additionally, students were introduced to probability through engaging games and discussions, where they explored the likelihood of events using terms like certain, possible, and impossible. These integrated learning experiences promoted critical thinking, problem-solving, and confidence. Students actively participated, collaborated with peers, and made meaningful real-life connections. Overall, the sessions fostered a strong foundation in numeracy while making learning enjoyable and relevant



# Learning and Teaching - March

## Telugu

In March, students explored sentences through engaging, hands-on activities. They drew pictures related to words, identified the images, and learned their names, strengthening their sound-symbol understanding. They also practiced matching identical words and unscrambling jumbled letters and words to build vocabulary and spelling skills. In addition, students listened to stories and took turns writing letters and words, enhancing their reading and writing skills.

## Spanish

In March, students continued revising numbers from 1 to 20, along with the names of days, months, colours, fruits, vegetables, and animals in Spanish. Through regular practice and engaging activities, they strengthened their understanding and built confidence in using this vocabulary correctly. They practiced using these words through simple activities, games, and speaking exercises, which reinforced correct usage in everyday communication. Students also focused on the correct spelling of the vocabulary, further improving their accuracy and retention.

## Hindi

In March, our class explored how small, everyday actions make a big difference for our environment. After observing how waste impacts our surroundings, students concluded that using dustbins is essential for keeping our school, home, and Earth clean. They enthusiastically performed the poem 'मैं हूँ कूड़ेदान (I am a Dustbin)' and practised waste sorting by colouring bins green and blue. We also focused on identifying complex letters (क्ष, त्र, ज्ञ, श्र) and vowels (अ-आ) through visual aids and dedicated writing practice. Students further sharpened their pronunciation and reading skills by exploring our collective class resource book.

## French

In March, students explored *Les légumes* while learning simple expressions such as *j'aime* and *je n'aime pas*. They developed their reading and writing skills by practicing vegetable-related vocabulary and forming simple sentences, along with completing activities like matching, labeling, and sentence construction to reinforce their understanding. Through listening tasks, they identified different vegetables and understood basic preference-based sentences. They also engaged in speaking activities, confidently expressing their likes and dislikes using clear and simple sentences.



# Learning and Teaching - March

## Visual Art

This month, creativity and cultural awareness were central to our learning as students explored the art of mask making. They demonstrated open-mindedness by inquiring into how masks are used across cultures for storytelling, celebrations, and rituals, developing respect for diverse traditions. As they designed and created their own masks, students explored symmetry and experimented with different textures, materials, and design elements. This hands-on experience encouraged creativity and trying new techniques while also providing a platform for self-expression. Students reflected on how masks can convey emotions, identities, and stories, and through this journey, they understood that art is a powerful way to express ideas and feelings.

## Music

Students explored the exciting world of tempo and rhythm patterns through singing, movement, body percussion, and classroom instruments. Music experiences helped them express themselves, listen attentively, and build confidence in a joyful way. They also learned and performed the song "Hello to All the Children of the World."

## Dance

Students explore new beginner hip-hop dance steps and actively engage in practicing them with enthusiasm. They focus on coordinating their body movements with the rhythm and beat of the music, gradually building confidence and control. Through repeated practice, they improve their balance, timing, and expression, while also developing teamwork and stage presence. This experience helps them feel more confident, energetic, and expressive during performances.

## Wellbeing

Students explored the concept of an "imaginary house" to better understand their thoughts and feelings. They visualized different rooms as safe spaces to express emotions and reflect on their experiences. Students actively participated in discussions, shared their ideas confidently, and listened to others with interest. Through activities like drawing, storytelling, and role play, they developed emotional awareness, communication skills, and a deeper understanding of themselves in a safe and supportive environment.



# Learning and Teaching – March

## PE

Students continue to develop fundamental movement skills through engaging basketball activities that build coordination, confidence, and teamwork. They learn proper gripping techniques to control the ball using their fingers, which supports passing, dribbling, and shooting. Students practice tapping the ball to improve hand-eye coordination and control. They explore different types of dribbling—low, medium, and high—to understand movement in various game situations. Additionally, they are introduced to the bounce pass, helping them pass effectively while developing teamwork and game awareness.

## Compulsory Hindi

In March, students continued their inquiry into the human body, expanding their Hindi vocabulary and strengthening their communication skills by identifying and describing various bodyparts.

## Drama

Our drama classroom is filled with energy and creativity as students explore the world of living things through movement and imagination. They actively engage in acting, observing, and expressing themselves—freezing like non-living objects, moving like animals, and growing like plants. By stepping into different roles, students use their voice and body to understand how living things move, grow, and change. Through simple scene work and guided experiences, they also develop a sense of care and responsibility towards plants, animals, and the environment, making meaningful connections to their everyday lives.

## Compulsory Telugu

In the month of March, students orally revised Achchulu (అచ్చులు) along with simple related words to improve their pronunciation and letter recognition. They practiced saying the letters clearly and confidently through guided speaking activities. Students also revised the names of vegetables, numbers, and colours in Telugu. Through picture-based and interactive oral activities, they were able to identify and name them with growing confidence. These oral revision activities helped strengthen their speaking skills, expand their vocabulary, and build confidence in using simple Telugu words effectively.



# Learning and Teaching - April

## Transdisciplinary Math

Students continued to explore fractions by understanding parts of a whole through hands-on activities, visual models, and real-life examples such as sharing food equally. They learned about chances, developing an understanding of concepts like likely, unlikely, and certain through simple and relatable situations.

Alongside this, students revisited and revised previously learned concepts, including number operations, patterns, and data handling, to strengthen their understanding and build confidence. Through engaging and meaningful activities, they continued to develop their problem-solving and thinking skills, while applying their learning to everyday situations.

## Transdisciplinary Language

Students continued to develop their procedural writing skills by creating clear and well-structured step-by-step instructions, using sequencing words such as first, next, then, and finally. They engaged in meaningful activities like writing how-to pieces (e.g., making lemonade or preparing a simple snack), which helped them organize their thoughts and present ideas logically.

Alongside this, students revised important language concepts learned earlier, including the use of adverbs ending in “-ly” to describe how actions are performed. They also revisited key grammar areas such as sentence structure, punctuation, and parts of speech to strengthen their overall language skills. Through continuous practice and revision, students gained confidence in expressing their ideas clearly, making their writing more detailed, meaningful, and effective.



# Learning and Teaching - April

## Telugu

Students revised all the letters, words, sentences, and rhymes to strengthen their understanding and build confidence.

## Spanish

In April, students continued to focus on correct spellings and vocabulary practice while revising previously learned topics. Through a variety of activities such as games, worksheets, and speaking exercises, they strengthened their understanding of the language. Students also worked on improving their pronunciation and confidence while using Spanish in simple conversations. Regular practice supported the development of accuracy, fluency, and better retention.

## Compulsory Hindi

In April, students revisited their prior knowledge of Hindi vocabulary, including fruits, vegetables, colours, months, and days, to further develop their verbal communication skills.

## Hindi

In April, students revised reading and writing all the letters from 'अ' to 'झ', along with 2-, 3-, and 4-letter words and simple sentences.

## French

In April, students revisited *les salutations* and *se présenter*. Through engaging revision activities, games, and speaking exercises, they reinforced their understanding and built confidence in using these concepts correctly in everyday French communication.

## Compulsory Telugu

Students orally revised the names of flowers, fruits, animals, and good habits in Telugu through guided speaking activities. They identified and pronounced each word clearly, which helped enhance their vocabulary and speaking confidence. Students also practiced using these words in simple oral activities and short sentences with confidence. These revision activities strengthened their pronunciation, word recognition, speaking skills, and overall confidence in using simple Telugu words effectively.



# Learning and Teaching - April

## Visual Arts

In April, students further developed their narrative skills by exploring the art of storyboard illustration. With a focus on becoming effective communicators, they learned to present events in a clear and logical sequence, understanding how the flow of ideas and actions brought a story to life.

## PE

Students developed stronger coordination and motor skills while gaining confidence and a deeper understanding of the game. They began to recognize that these movement skills go beyond sports, helping them in everyday life to move with control, purpose, and awareness, and to respond effectively to different situations.

## Dance

In April, students continued exploring beginner hip-hop as they learned to choreograph and perform their own short routines using counts. They focused on timing, coordination, and sequencing movements, while expressing creativity through their steps. This process helped build confidence, rhythm, and stage presence as they worked both independently and collaboratively to present their routines.

## Drama

Storytelling and dramatic play helped children experience life cycles and changes in a fun and meaningful way, while building their confidence and creativity. In the drama space, learning became a lived experience—where children expressed, explored, and grew every day.

## Music

Music helped children express themselves, listen attentively, and build confidence while enjoying engaging and fun activities.

## Wellbeing

In April, students focused on decision making and consequences, understanding that every choice has an outcome and that pausing helped in making responsible decisions. Through interactive activities, they explored short-term and long-term consequences and how their choices affected themselves and others. These sessions strengthened their sense of responsibility, problem-solving skills, emotional awareness, and ability to make positive life choices.



# Happenings Month Ahead

Events	Dates
School Reopening for Grade 2	15th June 2026

## Our website:

<https://www.thegaudium.com/>

## Events link:

<https://www.thegaudium.com/at-the-gaudium/gaudium-events/>

## Facebook : For daily updates please like the page.

<https://www.facebook.com/thegaudiumschool/>

