



P R I S M

Grade 1
December and January 2025



Message from the Founder and Director

Dear Graduates of 2025-26,

A big congratulations to all our students, parents, and teachers of the graduating Class of 2026.

We are incredibly proud of each and every one of you. Over the years, you have grown into thoughtful, responsible, and capable individuals, truly ready to take on the world.

As you celebrate this milestone, carry with you a deep sense of gratitude, for the teachers who believed in you, the parents who sacrificed for you, and the friends who stood beside you every step of the way.

Today, I want you to focus on the word. Contentment.

As you prepare to step into the world, pause for a moment and ask yourself:

What does happiness really mean to me? What does a fulfilled life look like for me?

Because in today's world, contentment is not optional. It is survival. We are constantly told to do more, be more, have more. And yet, it never feels like enough. Endless scrolling. Constant comparison. Everyone is chasing something and very few feel at peace. You can have success, money, validation and still feel empty inside.

Contentment is what protects you. In a world that constantly pulls you outward, contentment brings you back home to yourself. It's not something you achieve once. It's something you build, and return to again and again.



So what creates contentment?

First—Clarity of Purpose.

Know what truly matters to you. Not what the world tells you to chase, but what you value. Is it Peace? Success? Impact? Love? Freedom? When your life aligns with your values, contentment begins to grow. So dream. Set goals. But more importantly decide the kind of person you want to become.

Second, Acceptance and Peace with Yourself.

This is one of the most underrated skills in life. We live in a world that constantly tells you to improve but rarely teaches you to accept.



Message from the Founder and Director

Acceptance means: not constantly judging yourself, not comparing your life to someone else's highlight reel. Because comparison steals your peace faster than failure ever will. When you accept yourself, your strengths, your flaws, your journey, you build inner stability. And from that comes real contentment. Learn the difference between what you can control and what you can't. Don't waste energy resisting reality. Focus on what you can grow. Because remember this, people suffer more from resisting reality than from reality itself. Acceptance removes mental friction. And when there's less friction, there's more clarity, peace, and strength.

Third—Meaningful Connections.

No one feels fulfilled in isolation. You can achieve everything and still feel empty without real people in your life. At your core, you want to be seen, understood, and supported. Not just liked. Not just followed. But truly known. And meaningful relationships aren't just about receiving, they're about giving.

Showing up. Listening without judging. Being there when it matters. Because real connections give your life emotional depth. You laugh more. You heal faster. You feel stronger.

So don't just chase success, build people into your life. Because at the end of the day, you won't remember marks or trophies as much as the people who stood by you.

Fourth—A Sense of Progress.

As human beings, we need to feel like we're moving forward. Not constant achievement but consistent growth. Learning something new. Improving a habit. Becoming just a little better than yesterday. That's where fulfillment lies. Because progress is quiet. It doesn't come with applause. But it gives you something powerful, a deep sense of satisfaction. So don't chase perfection. Chase progress. And finally, Stay Connected to Yourself.

Lastly, Have some form of spirituality in your life. It doesn't have to be religion. It simply means staying connected to who you are. It could be: working out, playing a sport, creating art, reflecting, or simply sitting in silence.



Because in today's world, it's easy to lose yourself. Endless scrolling. Constant noise. Always being busy, it slowly numbs you. You stop feeling deeply. You stop thinking clearly. You disconnect from yourself and from others. So pause. Check in with yourself. Ask: How am I really feeling? What do I really want?

Because when you are connected within, your decisions become clearer and your mind becomes calmer. In a noisy world, create moments of stillness. Because that is where clarity lives. And that is where peace begins.

Class of 2026, As you step into the world, remember this: Success may impress the world, but contentment will sustain you. So build a life that is not just successful but meaningful, peaceful, and truly your own. Congratulations once again. And I wish you a life full of purpose, growth, connection, and deep fulfillment.



Message from the Center Head

As we approach the close of a rewarding academic year, we reflect with pride on our learners' journey. This year was marked by a successful IB consultant visit, affirming the strength of our teaching and learning practices. We are also delighted that the school received awards for excellence in teaching and learning—an achievement made possible through the collective efforts of our students, educators, and parents.

Our students have shown remarkable growth in confidence, curiosity, and independence. From building foundational skills to actively engaging in inquiry-based learning, their enthusiasm and progress have been truly commendable.

We sincerely thank our parent community for their continued support and partnership.

During the holidays, we encourage you to keep children meaningfully engaged while allowing time to relax:

- Foster reading habits
- Encourage creative activities
- Involve them in simple responsibilities at home
- Practice life skills such as organizing, self-care, and helping with daily routines
- Practice mindfulness through breathing, quiet reflection, or yoga
- Allow free play and exploration



The holiday period also offers a valuable opportunity for children to explore their interests at their own pace. Encouraging curiosity through hands-on experiences, meaningful conversations, and everyday learning moments can further nurture their confidence and independence. A thoughtful balance between structured activities and free time will ensure they return refreshed and ready for the year ahead.

We wish all our families a safe, joyful, and refreshing holiday break filled with meaningful moments.

Happy Holidays!



School Philosophy- 5 Developmental Pillars

Mindfulness & Well-Being

During the wellbeing session, students recognized and contemplated that plants are living beings and companions as they contribute to our healthy and joyful lives. During classroom discussions and the Story Time process, students conveyed a brief story portraying a plant as a friend that provides air, shade, and nourishment. Executing a practical task such as planting a seed in a cup . Students described the benefits of plants, such as providing fresh air, supplying food, enhancing our surroundings, and creating a calming atmosphere. They also demonstrated their care for plants by watering them, refraining from plucking leaves or flowers unnecessarily, and ensuring the plants' safety



School Philosophy- 5 Developmental Pillars

Core Values:

Students developed an understanding of integrity as being honest, responsible, and doing the right thing even when no one is watching. Through discussions, real-life scenarios, and role-play activities, learners explored how honesty and fairness help build trust in relationships. They reflected on situations such as returning lost items, following classroom rules, and taking responsibility for their actions. These experiences encouraged students to make thoughtful choices, act with sincerity, and demonstrate integrity in their daily school life.



School Philosophy- 5 Developmental Pillars

Holistic Excellence

As part of our holistic learning approach, PYP students actively engaged in life skills activities that promoted overall development. Children practiced habits of cleanliness and responsibility by, throwing trash in the dustbin, and learning to differentiate between clean and dirty spaces. They also focused on personal hygiene routines such as washing hands and folding napkins, helping them understand the importance of health and self-care.

Through hands-on activities, students enhanced their fine motor skills and coordination, such as transferring objects using tongs, which strengthened finger muscles and control. Learners also practiced organizing their desks and study areas, taking pride in maintaining neat and orderly spaces. These experiences encouraged independence, responsibility, and self-management, supporting the development of confident, capable, and responsible learners in their everyday lives.



School Philosophy- 5 Developmental Pillars

Stakeholder Engagement:

Our school continues to be a vibrant space where learning goes beyond the classroom and students actively engage in meaningful experiences. The students enthusiastically participated in Theatre Day, where they showcased their talents through music, dance, and drama, connecting their performances to the Unit of Inquiry "Sharing the Planet." The festive spirit was further enriched with Holi celebrations, where students joyfully participated in activities that highlighted the values of togetherness, happiness, and cultural understanding. These experiences provided opportunities for students to build confidence, collaborate with peers, and express their ideas creatively. These experiences helped students develop confidence, cultural awareness, teamwork, leadership, communication skills, and a strong sense of belonging, reinforcing our commitment to holistic education and active stakeholder engagement.



School Philosophy- 5 Developmental Pillars



Our students showcased their ideas creatively through music, dance, and drama, demonstrating strong communication skills. The vibrant Holi celebrations brought students together in a joyful expression of colour, unity, and shared cultural appreciation.



School Philosophy- 5 Developmental Pillars

Global Leadership

Global Leadership within the IB framework supports students in developing responsibility, confidence, and an awareness of their role in the community. Through interactive discussions, collaborative activities, and inquiry-based experiences, students explored how their choices and actions can make a positive impact on others.

Grade 1 students actively participated in leadership-focused engagements such as group discussions, “Think and Tell” activities, and simple presentations. They expressed their ideas confidently, listened respectfully to their peers, and learned to appreciate different perspectives. Through role-plays and real-life scenarios, students practiced making responsible choices and demonstrated kindness, cooperation, and teamwork.

These experiences encouraged students to use their voice, build confidence, and understand that even small actions can create a meaningful difference in their classroom and school community.



Learning and Teaching- Month Review

Unit of Inquiry

Transdisciplinary Theme:

How The World Works

Central Idea:

All living things go through the process of change.

Lines of Inquiry:

- Characteristics of living and non-living things
- Patterns of growth in various living things
- Effects of factors that influences lives

Key concepts:

- Form
- Change
- Causation

Additional Key concepts:

- Life cycles
- Growth or Transformation
- Sequencing
- Measurement

During this unit, students explored the central idea that all living things go through the process of change. They actively engaged in a variety of learning experiences that helped them understand the characteristics, growth patterns, and needs of living things.

Students began by identifying and differentiating between living and non-living things. They discussed key characteristics such as growth, movement, the need for food, and response to the environment. Through sorting activities and discussions, they strengthened their understanding of how living things are unique.

As part of their learning, students also took meaningful action by sowing seeds and observing plant growth over time. They carefully watched how plants grew and identified their basic needs such as water, sunlight, air, and soil. Through this hands-on experience, students developed a deeper understanding of how different factors influence and support the growth and survival of living things.



Learning and Teaching- Month Review

As the unit progressed, students explored patterns of growth in various living things. They observed changes in plants and animals and recognized that all living things grow and change over time, though in different ways. They made connections by comparing life cycles and identifying similarities and differences in growth patterns.

Students also investigated the effects of factors that influence life, such as air, water, sunlight, food, and shelter. They discussed what happens when these essential needs are missing and reflected on how it impacts the survival of living things. Through this, they developed empathy and awareness about caring for living organisms.

Throughout the unit, students participated in hands-on learning Engagement , group discussions, and reflections. They demonstrated curiosity, critical thinking, and responsibility by suggesting ways to support and care for living things in their environment.

Transdisciplinary Language:

Students made meaningful transdisciplinary connections as they explored procedural writing, conjunctions (FANBOYS), instructions, adverbs, and articles through a variety of engaging learning experiences. Learners developed an understanding of procedural writing by sequencing steps and giving clear instructions for everyday tasks, supported through hands-on activities such as writing simple recipes and classroom routines. They explored conjunctions using the FANBOYS strategy to connect ideas and form meaningful sentences through sentence-building games and group tasks. Students also learned to use adverbs to describe actions and articles (a, an, the) correctly to improve sentence clarity. Interactive strategies such as picture prompts, role-play, think-pair-share, and guided writing helped students apply these concepts in meaningful contexts. These experiences strengthened their communication skills, creativity, and confidence in expressing ideas clearly and effectively.



Learning and Teaching- Month Review

Transdisciplinary Math:

Students made meaningful transdisciplinary connections as they explored measurement concepts such as capacity, weight, length, time, and patterns through engaging hands-on activities. Learners measured and compared objects using non-standard and standard units, explored capacity by pouring and observing liquids, and investigated weight using balance scales to understand heavier and lighter objects. They also explored length by measuring classroom objects and time through daily routines and clock activities. Pattern-making activities using shapes, numbers, and objects helped students recognise, create, and extend patterns. Through experiential learning strategies such as group tasks, real-life problem-solving, and interactive stations, students developed a deeper understanding of measurement concepts while strengthening their observation, reasoning, and analytical skills.



Learning and Teaching- Month Review

Physical Education:

Students learned fundamental skills of football and basketball. They explored ball familiarisation, dribbling, passing and shooting and implemented these fundamental skills in matches. They built ATL skills such as self-management by refining their movements, social skills through collaboration, and thinking skills by understanding sequences and strategies. They also showed Learner Profile traits by being risk-takers when trying new challenges, reflective as they thought about improving their actions, and principled by following rules and safety guidelines during the activities.

Students will learn yoga by exploring various asanas (postures), breathing techniques (pranayama), and relaxation practices, and will apply these skills in guided sessions and sequences. Through regular practice, they will improve flexibility, balance, posture, and overall well-being while also enhancing focus and mindfulness, helping them stay calm and manage stress effectively. They will develop ATL skills such as self-management by controlling their breathing and maintaining discipline in poses, social skills through group participation and collaboration. Students will also demonstrate Learner Profile traits by being risk-takers when attempting new and challenging poses, reflective as they evaluate and improve their movements, and principled by following instructions and safety guidelines, while building emotional resilience and concentration.



Learning and Teaching- Month Review

Music:

Students revisited pitch and musical notes while practicing songs such as Hello Bonjour, the school song, and other songs learned throughout the year. They were introduced to different music genres and connected their learning to the Unit of Inquiry “How the World Works” . Through these musical experiences, students engaged with Approaches to Learning skills and demonstrated learner profile attributes, strengthening their understanding, confidence, and expression in music.

Drama:

Students learned voice modulation and practiced clear speech while expressing different emotions. They performed short role-plays and simple character performances, and were introduced to action-based storytelling using expressions and movements. Students will continue to develop their voice modulation by exploring different tones, volume, and emotions in speech, while participating in longer role-plays and group storytelling performances. These engaging drama activities will help strengthen their confidence, expression, and overall stage presence.



Learning and Teaching- Month Review

Telugu:

Students learned letters from అ (Ala) to ర (Ra) and revised the full **Telugu Varnamala**. They practiced reading and writing two- and three-letter words, along with activities on missing letters (before, after, and between).

Students also revised Telugu numbers (Ankelu) from 1 to 20, practicing them orally and writing numbers from 1 to 10. They engaged in simple sentence formation and picture description activities, which helped improve their language skills. Students enjoyed poem recitation and storytelling, focusing on proper pronunciation and expression. These activities supported active participation and strengthened their overall language learning and engagement.

Hindi:

Students were introduced to the letters "श", "ष", "स", and "ह" through sounds and picture-based activities. The story "*Fox and Grapes*" was narrated using visuals to support their understanding. Students practiced forming two-, three-, and simple four-letter words related to these letters, which helped develop their vocabulary, pronunciation, and early reading skills in Hindi. They also learned the swars from अ to ऊ (the first six vowels) along with new words starting with these letters.

Students will learn the Hindi swars from ऋ to अः and practice reading simple sentences to improve their reading skills. They will observe pictures and identify missing letters in words, and complete fill-in-the-blank exercises to strengthen their vocabulary and understanding of words.



Learning and Teaching- Month Review

French:

Learners actively engaged in meaningful and interactive French language experiences, building both confidence and curiosity. Students were introduced to creating their own ID cards in French, where they practiced basic self-introduction skills such as stating their name and sharing simple personal details, helping them connect language learning to real-life contexts. To strengthen their understanding, learners revisited classroom objects vocabulary using the question *"Qu'est-ce que c'est ?"* and demonstrated their ability to recognise and name familiar objects through oral practice and visual prompts. They also revised colours through fun and engaging activities, which supported them in recalling and confidently using colour names.

As part of their continued learning, students will be introduced to vocabulary related to different places such as parks, beaches, cities, and tourist spots in French, helping them connect language to real-life experiences. Through hands-on activities using flashcards, learners will engage in identifying and recalling new words while strengthening their memory and pronunciation. They will also practise introducing themselves and speaking about places they like to visit, encouraging them to express their preferences confidently and develop basic conversational skills. Overall, students are making steady progress in developing their listening and speaking skills while enjoying the process of learning a new language, while nurturing communication, creativity, and curiosity beyond the classroom.



Learning and Teaching- Month Review

Spanish:

Students engaged in vibrant and interactive Spanish learning experiences that sparked their creativity and strengthened their language skills. Through colourful activities, they explored Spanish themes while reinforcing concepts in an engaging way. An enchanting bilingual story further enhanced their comprehension and captured their imagination. Students practiced and strengthened their understanding of fundamental Spanish concepts, including greetings, the alphabet, colours, and self-introduction.

They also participated in a thorough review of all topics covered, revisiting the alphabet and its sounds, practising numbers for better recognition and counting, and using common greetings to improve conversational skills. Learners explored colours by identifying and describing different shades, and reviewed the days of the week and months of the year to understand their sequence. They were introduced to vocabulary related to fruits and vegetables, encouraging them to describe their preferences. Additionally, students focused on words with the letters J, LL, Z, and Ñ to improve pronunciation and understanding of letter combinations. These experiences helped build a strong foundation for their ongoing learning in Spanish.



Learning and Teaching- Language



Students made transdisciplinary connections while exploring procedural and instruction writing. They learned to organise ideas in a clear sequence through real-life tasks, developing communication and thinking skills. Learners demonstrated Communicator and Thinker attributes as they expressed their ideas clearly and logically.

Learning and Teaching - Math



Students explored measurement through length and time by measuring plants and objects and understanding daily routines. These activities developed thinking skills, with learners demonstrating Inquirer and Thinker attributes.



UOI



Through hands-on activities and exploration, students deepened their understanding of the life cycles of plants, animals and humans.



UOI



Students sorted objects into living and non-living categories, exploring the concept of growth while enhancing their social skills through collaborative group work.



UOI



Students explored the concept of living things by caring for plants, sowing seeds, and observing their growth. They sorted living and non-living things and learned about life cycles, making real-life connections. These experiences developed inquiry and thinking skills, with learners demonstrating Inquirer and Caring attributes.



Learning and Teaching-Additional language



Students explored multilingual learning through French, Telugu, Spanish and Hindi through hands-on activities, making meaningful connections across learning experiences. These engagements supported the development of communication and thinking skills, as learners actively constructed meaning through experiential learning.

Learning and Teaching- Single Subjects



Students engaged in creative mask-making in art class and explored musical learning experiences, expressing their ideas through different art forms.

Learning and Teaching- Single Subjects



Students engaged in transdisciplinary learning through Art, Dance, Music, and Library, exploring concepts creatively and developing skills across multiple disciplines.



Coaching



Students engaged in coaching sessions that supported continuous learning, reflection, and personal growth.

Coaching



Through coaching, students developed self-awareness and learning skills by reflecting on feedback and setting goals.



P.E



Through yoga sessions and engaging indoor games like chess, carrom, and Jenga, students enhanced their physical balance, concentration, and thinking skills.



Pottery



Through the pottery session, students explored creative expression by shaping and designing a snail, which helped develop their fine motor skills, imagination, and confidence while engaging in hands-on artistic learning.

Holi Celebrations



Students joyfully celebrated Holi by playing with flowers, embracing a safe and eco-friendly way of enjoying the festival. The celebration promoted happiness, togetherness, and cultural awareness as children engaged in playful activities with their peers. Through this experience, students developed a sense of sharing, respect, and appreciation for traditions while creating joyful memories with their classmates.



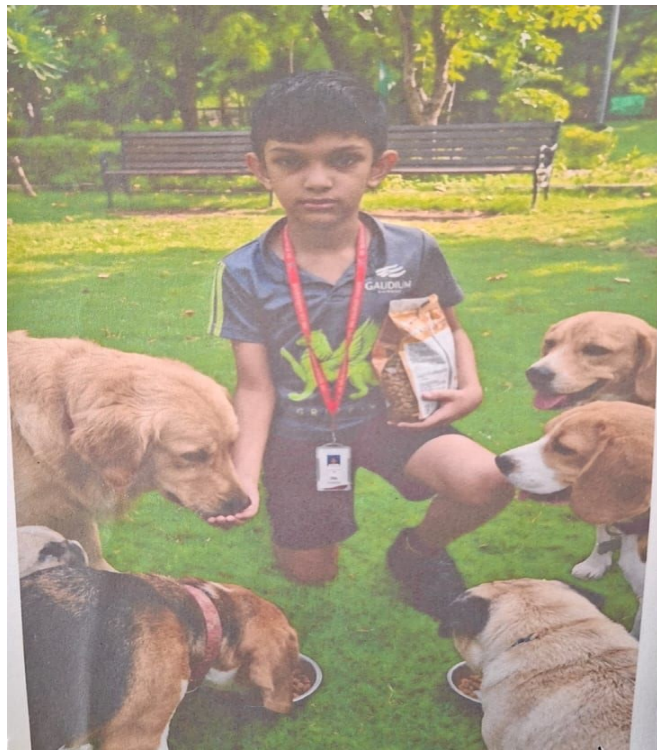
Theatres Day



Students participated in Theatre Day through a street play, music, and dance, connected to the Unit of Inquiry "Sharing the Planet." These experiences built confidence, creativity, and teamwork skills.



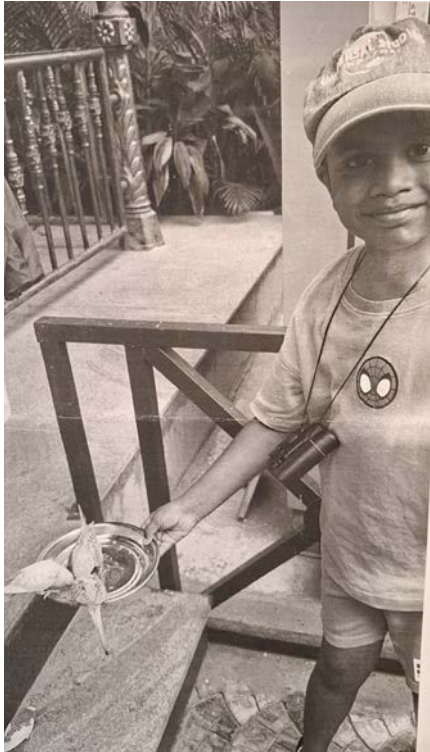
Action taken by students



Students took meaningful action by caring for plants and animals, demonstrating responsibility and respect for living things.



Action taken by students



Students took meaningful action by sowing seeds and observing plant growth. They extended this learning at home by watering plants, feeding animals, and caring for their surroundings, demonstrating responsibility and a sense of environmental awareness.



More Information

Our website:

<https://www.thegaudium.com/>

Events link:

<https://www.thegaudium.com/at-the-gaudium/gaudium-events/>

Facebook : For daily updates please like the page.

<https://www.facebook.com/thegaudiumschool/>

