



P R I S M

CBSE HS



Dec 2025 – Jan 2026

A Message from the Director

Good Morning,

Dear Parents, students, teachers, members of the Gaudium senior leadership and pedagogical leadership team.

I welcome you all to our 11th Annual Sports day. Our theme for this year is "The Power of Possibility." Every child is born with an incredible sense of possibility or a natural belief that anything they dream of is achievable. This belief is powerful. It shapes how they see themselves, how they understand the world, how they face challenges, and how they grow emotionally, mentally, and socially. But today, there are many factors limiting this innate power and we as parents and teachers have to be extremely vigilant.

Children today are becoming increasingly emotionally sensitive, more anxious, more afraid of failure and in some cases as we are seeing in the news, they are even taking drastic steps when they are unable to cope. This makes it even more important than ever to build resilience, grit, and emotional strength in them from a very early age.

-How do we do this?

-What are some of the essential approaches that we can take?

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Number 1 We must refrain from shielding our children from every discomfort they face and refrain from solving their social problems. Children must be guided, corrected, and intentionally groomed by the adults around them. They need to experience the full range of human emotions from a young age like embarrassment, resentment, disappointment, failure, frustration, rejection, hurt, fear, anxiety, and even boredom.

They must learn to accept these emotions as a natural part of life, something every human being goes through. When we shield them from experiencing these emotions, we unintentionally weaken their ability to face real-life challenges.



A Message from the Director

Today, many parents rush to protect their children from the smallest discomforts like forgotten homework, missed deadlines, conflicts with friends, or small failures. But every time we rescue them, we take away an important opportunity: the chance for them to feel the consequences of their choices, to cope with those emotions, and to learn how to take the next step forward. We must allow children to experience discomfort instead of constantly shielding them from it. Discomfort is not harmful, it builds character. In fact, experiences, especially the difficult and uncomfortable ones, are what truly shape emotional resilience.

Number 2 children need to be motivated to do hard things, even when they don't feel like doing them. They must learn that positive effort leads to positive outcomes through natural consequences. This is where real confidence is built and this will also lead to Discipline. Simple daily tasks like grooming themselves, completing homework on time, finishing what they started—may seem small, but they build mental strength, responsibility, and follow-through. A child who can function only when they are motivated will grow into an adult who crumbles under pressure. But a child who learns to do what is needed, even when it's difficult, grows into an adult who can persevere, take responsibility, and succeed.

We, as parents and teachers, need to gently nudge children to take on difficult tasks according to their potential even when they don't feel like doing them.

Number 3 We must teach children to handle boredom. Today's children live in a world of constant stimulation—screens, entertainment, notifications, and instant gratification. The moment life becomes quiet, they panic. Give them space without screens. Let them sit. Let them think. Let them reflect. Let them build something with their hands or simply observe the world around them. This quiet space, this boredom is where emotional resilience truly grows. Children raised on constant stimulation cannot tolerate stillness. They mistake quiet for discomfort and rush to fill it. But children who learn to sit with boredom develop patience, creativity, problem solving, independent thought and inner strength. We, as parents and teachers, should encourage children to practice meditation, chanting, or any spiritual discipline that helps them to sit with themselves, think, reflect, and build the capacity to tolerate stillness.

Number 4 we must teach children to take responsibility for their actions. Owning their mistakes and learning to apologize sincerely teaches humility, reflection, and emotional maturity.



A Message from the Director

When they admit mistakes without fear of shame and apologize with understanding, they learn humility, confidence, and emotional balance. This courage to own their actions will guide them throughout life. A child who can admit mistakes grows into an adult who does not run away from growth. Teaching responsibility builds emotional strength, self-awareness, and the courage to stand by one's actions.

Number 5 perhaps most importantly they need to hear the word "No." Children must learn that not everything will be handed to them. Life will not always go their way and they must accept it. They need to face rejection, failure, and disappointment and learn to understand w

-Why was I rejected?

-Why did I fail?

-What can I do differently next time?

-Why it happened?

When children learn to process these emotions, they develop resilience, clarity, and inner strength. Saying "No" is not being harsh—it is preparing them for the real world. A child who learns to accept "No" becomes an adult who can handle setbacks without breaking. All these approaches help children to believe in the power of their possibility that they can do hard things. They can handle discomfort. They can grow.

They can try again. And that they can become more than what they are today. And most importantly, they stop getting shaken by small failures, insults, conflicts, disappointments, resentments, or setbacks. Instead, they learn to rise, reset, and move forward with strength.

As Educators and teachers, we are committed to reinforcing these values in school. But for children to truly benefit, it is vital that parents echo the same principles at home. We need to speak the same language, uphold the same boundaries, and model the same expectations. This is a partnership. Together, as co-parents in their growth especially since children spend nearly 60–70% of their waking hours with us. Let us raise children who are not afraid of emotions, not afraid of effort, not afraid of failure.

Let us raise children who can stand strong, think clearly, choose wisely, and act courageously.

Thankyou!

Ms. Kirti Reddy

Director



A message from Coordinator

Dear Students,

As you prepare for your senior school examinations, I encourage you to approach this important phase with confidence, focus, and determination. Allow me to share a brief story. A former student once stood where you are now—anxious, uncertain, yet committed. Despite setbacks, this student stayed disciplined, trusted the process, and gave their best each day. The result was not just academic success, but the confidence to face greater challenges ahead. That same potential exists within each of you..

Dr. A. P. J. Abdul Kalam rightly said, **“Excellence is a continuous process, not an accident.”** These examinations are not merely tests of memory, but reflections of your perseverance, resilience, and growth over the years. Study in a focused, distraction-free environment, take short breaks to stay refreshed, and seek help whenever doubts arise

Trust your preparation, manage your time wisely, and remain calm under pressure. Let challenges sharpen your focus rather than weaken your spirit.



Remember to care for your health through proper rest and nutrition. Conduct yourselves with integrity, resilience and purpose and remember that sincere effort never goes unrewarded. Step into the examination hall believing in your abilities and determined to excel.

I wish you confidence, strength, and excellence in the days ahead.

Warm Regards,

Vijayetha



A message from ILD

Finding Your Path While Still in School

Finding your path while still in school can feel like standing at a crossroads with no clear signposts. Surrounded by expectations, grades, and constant comparisons, many students believe they must already have their future mapped out. Yet school is not merely a destination; it is a formative journey where curiosity is meant to be explored, not suppressed. The classroom offers more than academic instruction, it provides opportunities to discover personal strengths, uncover hidden passions, and question long-held assumptions. Every subject tried, every challenge faced, and every mistake made contributes quietly but meaningfully to the shaping of one's identity.

True direction often emerges not from certainty, but from experience. By engaging in clubs, conversations, creative pursuits, and moments of self-reflection, students begin to recognize what resonates deeply with them. Finding your path does not require immediate answers; it requires courage—the courage to remain open, adaptable, and patient with yourself. School is the space where ambition is allowed to evolve and dreams are permitted to change.



In embracing uncertainty, students learn one of life's most valuable lessons: your path is not something you find all at once, but something you build, step by thoughtful step.

I would like to conclude with a quote.

"School is not where you are expected to have all the answers, but where you begin learning the right questions."

Leonie Marshall

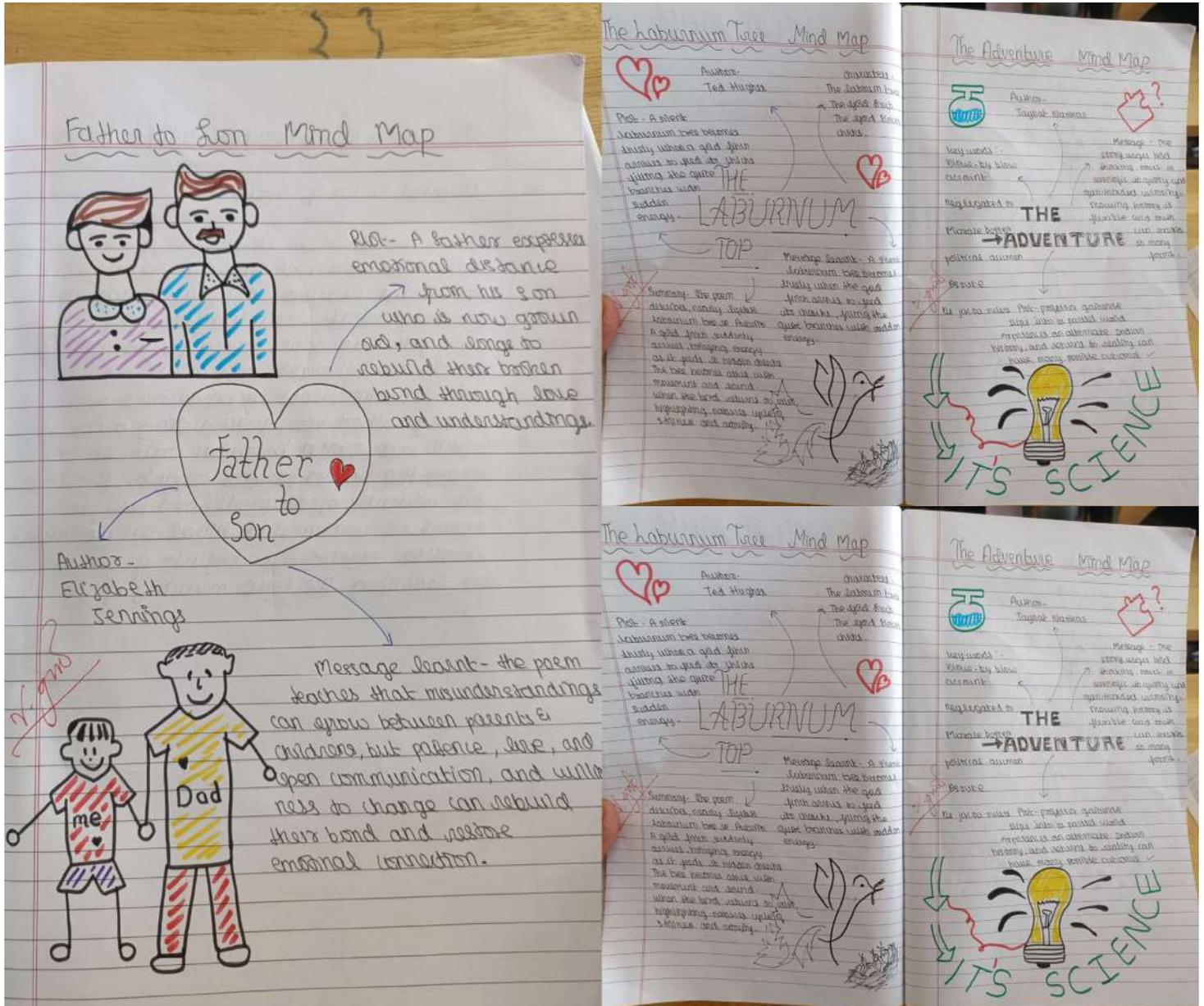
ILD- HOD

Psychology Faculty

School Counsellor



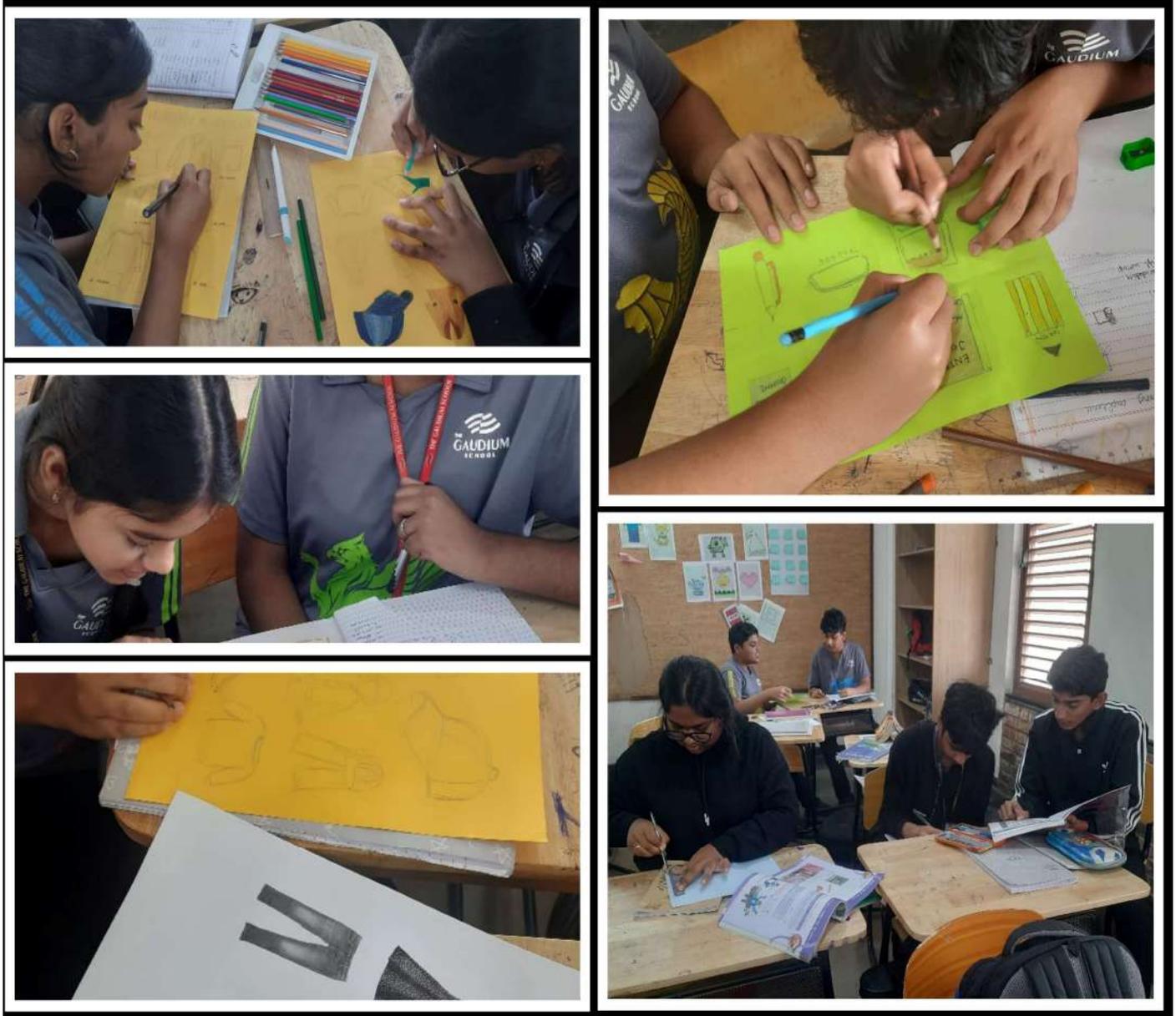
Holistic Excellence



English Mind maps for lesson Father to Son was created by children ,to organize complex thoughts into a clear structure for better understanding.



Holistic Excellence



An integrative activity in French ,on the theme “Faire des achats” was conducted in Grade IX where students created colorful and informative posters illustrating different shopping situations, types of shops, useful vocabulary, and expressions commonly used while making purchases.



Holistic Excellence



Learning outside the classroom feels refreshing and enjoyable, reducing exam stress and increasing interest in English .The Gaudium believes in the same and the students of Grade X enjoyed their revision classes in a relaxed environment.



Holistic Excellence

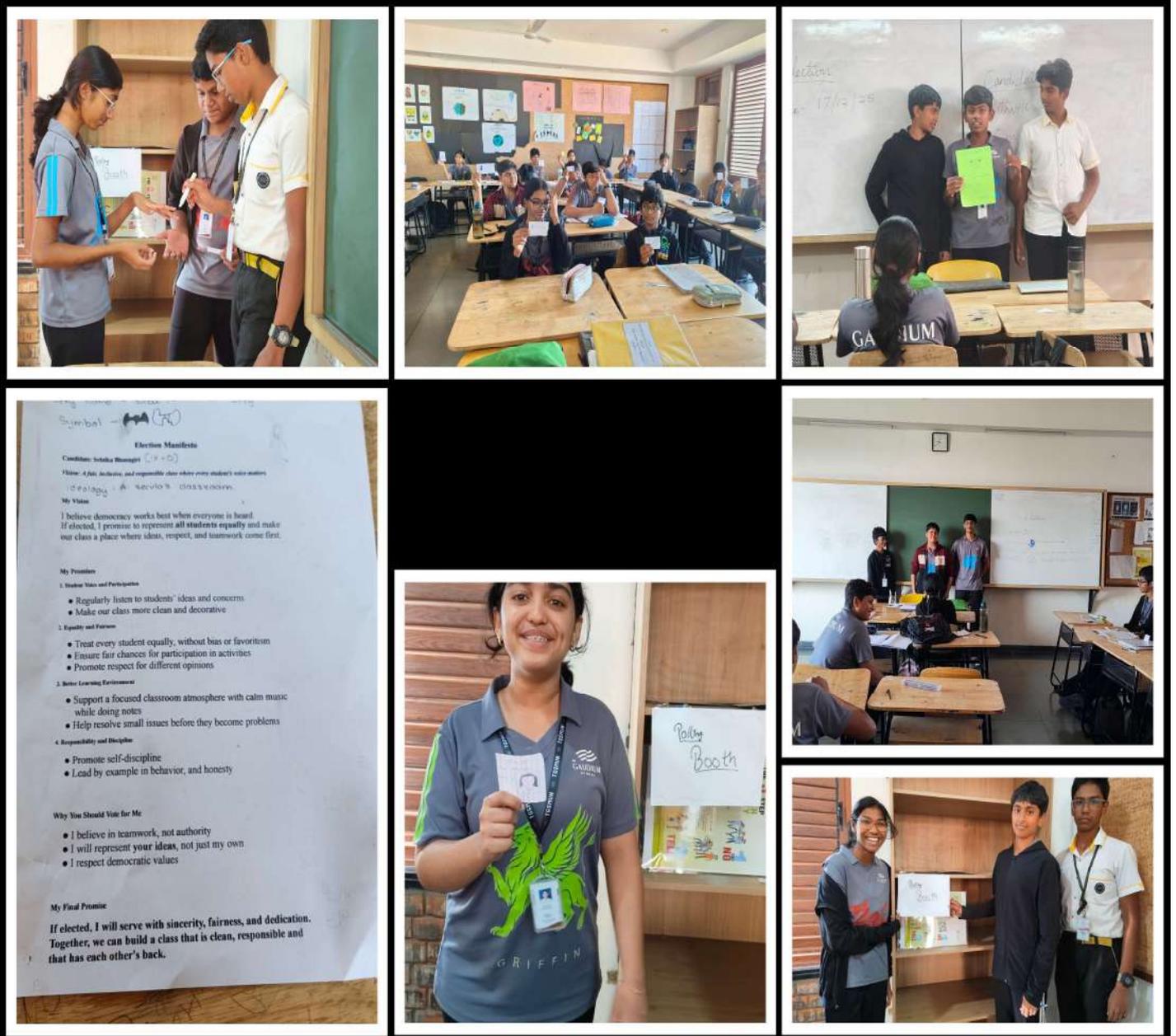
Democratic Rights :Students of IX created a concept maps on Fundamental Rights as part of their Civics chapter "Democratic Rights."



Students of Grade IX had a discussion and Debate on "Why Are India's Big Cities Becoming not worthy of living?" where they discussed major urban issues such as toxic air, broken roads, traffic congestion, and uncollected garbage.



Holistic Excellence



An election activity was conducted based on the chapter Electoral Politics. This hands-on simulation bridged the gap between theory and practice, teaching students the vital importance of free and fair elections and their responsibility as informed citizens in a democracy.



Holistic Excellence



IDP Presentation: where Students presented a group PPT on how colonial forest policies affected forests and tribal communities. It explained British forest laws, tribal displacement, forest rebellions, forest changes in Java, and threats to tropical evergreen forests thus enhancing the importance of protecting forests.



Holistic Excellence



Online Classes: While The Gadium was proudly hosting the Southern India Science Exhibition, the school ensured that the students continued seamless academic schedule through online classes.



Holistic Excellence



Design Lab Grade 11 Biology CBSE had an opportunity to visit design Lab to understand the working of Laser cutting machine so that that can apply this knowledge in the QR code project. We thank Ms Preeti D for the opportunity.



Holistic Excellence



IAYP Students of grades 9 and 11 have attended the 3 days and 2 nights Adventurous journey camp from 22nd to 24th January.



Core Values



The Students and staff at boarding had celebrated the "Christmas" where all were dressed to the theme of the party being "Disney". The event was graced by our CEO Mr. Rama Krishna K Reddy Sir, GM, members of admin, and HOD of sports.



Core Values



The Secret Santa celebration at school brought joy, laughter, and warm surprises for teachers and as the gifts were opened, smiles lit up the room, strengthening bonds and spreading festive cheer. The thoughtful surprises reflected appreciation, gratitude, and the spirit of togetherness, making the celebration truly memorable for everyone involved.



Core Values



The much-awaited Annual Sports Day was held on 23rd December 2025, the former Chief Minister Mr. Kiran Kumar Reddy graced the occasion as the Chief Guest. Students from all grades participated in thrilling races, and athletic events, showcasing talent, teamwork, and sportsmanship.



Core Values



The Teachers' Sports Day, held on 17th January after the Sankranti vacation, reflected learning beyond textbooks. Badminton saw the highest participation among female teachers, with over 80 members. High-intensity cricket, volleyball, and other activities fostered teamwork, strategy, leadership, and well-being—proving that sports too can be a powerful lesson plan.



Core Values



Sports Day : Honouring Excellence on Sports Day Medals were awarded to the winners of the Inter house competitions on Sports Day by the CEO of The Gaudium, Mr. Ramakrishna Reddy, and the HOS, Ms. Sudeshna Chatterjee. The ceremony celebrated talent, discipline, teamwork, and the true spirit of sportsmanship.



Mindfulness and Wellbeing



The session addressed unhealthy study practices, highlighting the importance of proper sleep, debunking myths around all-night studying and vaping, and explaining how stress and panic can affect memory and performance. Students were introduced to techniques to manage fear of failure and exam anxiety. Emphasis was placed on taking ownership of learning through personal study plans, self-monitoring, and seeking help when needed. The session concluded with strategies for handling peer pressure and building confidence and resilience.



Mindfulness and Wellbeing

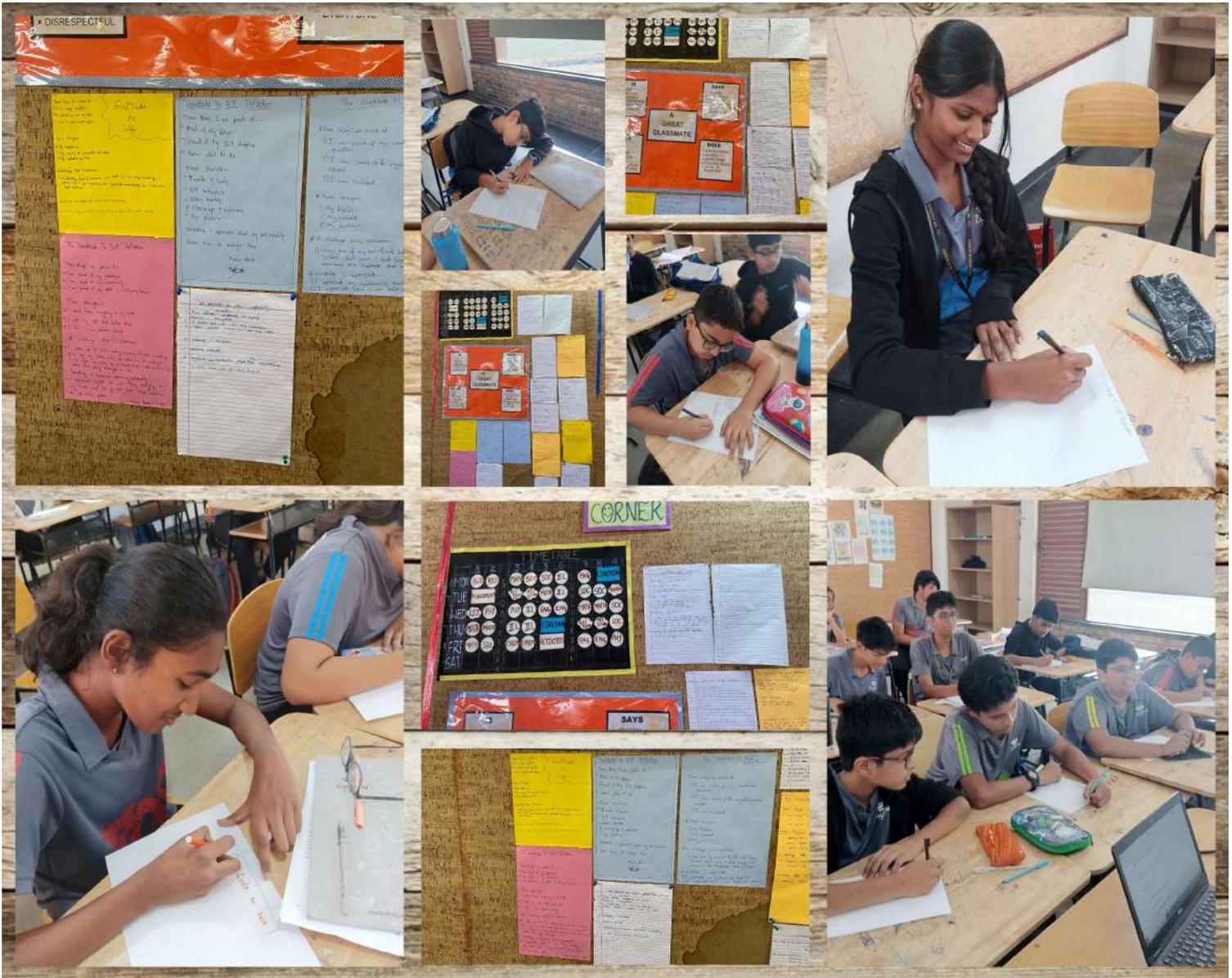


Grade 12 - Road to success in Board Examinations

A guidance session was conducted for Grade 12 students focusing on exam-related myths, mindset, and effective learning strategies. Common beliefs such as “Boards decide my entire future,” “Only toppers succeed,” and “One bad exam means failure” were discussed and reframed to promote a balanced perspective on success.. Students were introduced to techniques to manage fear of failure and exam anxiety.



Mindfulness and Wellbeing



Gratitude to oneself - ILD Grades 9 and 11

Many teens forget to appreciate themselves. They were prompted to write: on Three things they are proud of: Three strengths, A challenge they overcame and something they appreciate about their personality. This enhanced their self introspection.



Mindfulness and Wellbeing

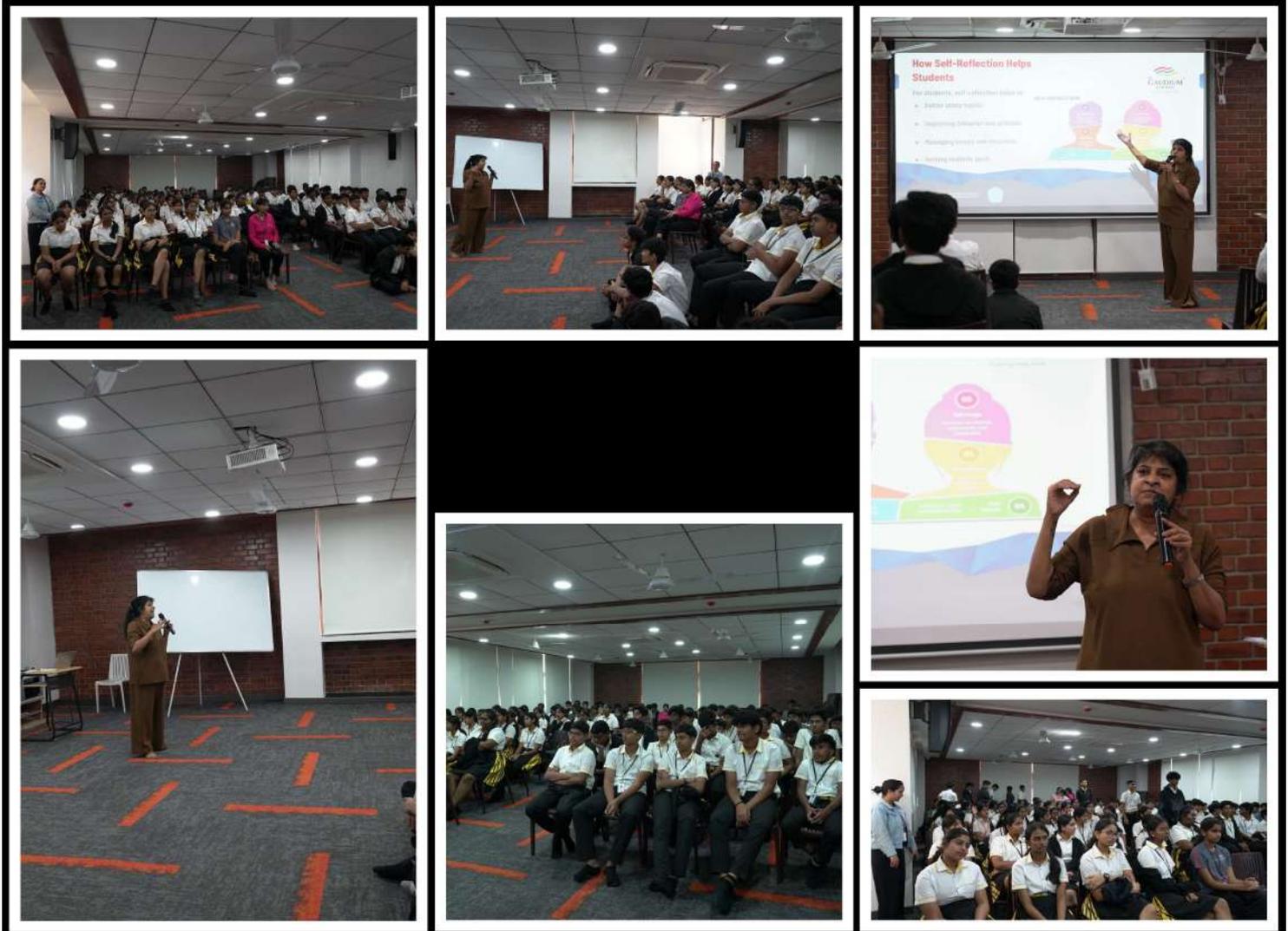


Psychology - Stand up for what's Right

The session encouraged students to stand up for what is right by engaging them in meaningful, creative activities. They took a pledge together, promising to speak out against injustice and support others in need. Students also created powerful slogans and poems and posters that expressed their commitment to fairness and courage.



Mindfulness and Wellbeing



Conducted a self-reflection session with Grade 9 students that focused on helping them pause, look inward, and better understand their thoughts, strengths, and areas for growth. Through guided questions and interactive discussion, students were encouraged to reflect on their actions, emotions, and goals, making the session both thoughtful and engaging. The activity helped build self-awareness and prompted meaningful insights about personal responsibility and growth.



Mindfulness and Wellbeing



Blessings Ceremony for Grade X @ CMPH 1As the CBSE Board Examinations are approaching in February, the students of Grade X were specially blessed by their Principal and teachers during the Blessings Ceremony held on 31st January. The programme began with Saraswathi Pooja, offering encouragement, positivity, and strength to face this academic milestone with confidence and calm.



Global Leadership



Gaudium Leads the Youth Dialogue at EDTEX

The Gaudium School made a remarkable impact at the two-day EDTEX event held at Novotel, graced by esteemed dignitaries as Chief Guests. Representing the spirit and voice of today's youth, Ms. Nivedhitha Pawar of Grade 11F (CBSE) actively participated in the Students' Panel Discussion, sharing her insights with confidence, clarity, and passion. Her powerful perspectives resonated with the audience, earning her felicitation and bringing pride to the Gaudium community. This participation highlighted our students' leadership, critical thinking, and commitment to shaping the future.



Global Leadership



Workshop attended on 2nd November at Sage school . Conducted by ICTRC - Mr Aditya Varendarum was the main speaker • ICTRC session on Aggression: Building Safer School Communities focuses on helping educators understand the roots of aggressive behavior in students. • It emphasizes early identification of warning signs and the importance of a supportive school climate. • The session highlights practical strategies for conflict resolution, emotional regulation, and positive discipline. • Overall, it aims to empower schools to create safer, more empathetic environments where students feel secure and valued.



Global Leadership

As per CBSE guidelines, Grade XI Artificial Intelligence students are encouraged to pursue industry-aligned certification courses related to the prescribed syllabus. Accordingly, students completed the IBM Artificial Intelligence Foundation course through The Learning Links Foundation, which has an official collaboration with IBM. The course was aligned with the CBSE Grade XI AI curriculum and covered essential AI concepts, ethics, and real-world applications. Upon successful completion of the course, students received IBM-recognized physical certificates, affirming their achievement and hands-on exposure to Artificial Intelligence in line with CBSE recommendations.



CBSE Grade VII-IX cluster painting competition held at Canary International School Madinaguda. Nov-12th 2025



Global Leadership



A guest talk on Interdisciplinary Collaboration Session from Grade 5: Navigating Adolescence by Ms. Sneha Chakraborty Patuwari on 09 Dec 2025- Tuesday. The session highlighted physical and emotional changes during puberty, factors influencing wellbeing, and the role of relationships in shaping self-identity. Students gained age-appropriate understanding of growing up and developing a positive sense of self.



Global Leadership



An insightful session by The University of Hong Kong (HKU), led by Prof. John A. Spinks, Psychology Professor and Senior Consultant at the HKU Admissions Office. Prof. Spinks brought with him a wealth of international academic experience, offering students deep clarity on global education pathways, admission expectations, and diverse academic opportunities, particularly in Psychology and related disciplines.



Global Leadership



The Gaudium School hosted the week-long Southern India Science Exhibition (SISF) from 19th to 23rd December, jointly organized by the Government of Telangana and VITM, Bengaluru. The event ignited young minds with a passion for science and innovation. A key highlight was ISRO's Space on Wheels, a mobile exhibition bus that brought space science closer to students through satellite models, rocket displays, and interactive exhibits, aiming to make space exploration accessible and engaging for all.



Global Leadership



The culmination of SISF 2026 as a huge community outreach program by The Gaudium School touched the lives of 35000 to 40000 individuals mainly students as an immensely enriching experience. We were presented with some incredible projects and ideas by young children.



Stakeholder Engagement



PD session for CBSE HS team was conducted by Ms. Veena Reddy , Academic head CBSE on Smart Pedagogies. Various pedagogical tools to design the lesson plan effectively and engage students actively were discussed in length and breadth.



Stakeholder Engagement



A session on CRM tools and strategies was conducted by Ms .Veena Reddy, Academic head CBSE to the staff of MS and HS CBSE. Various simple to complex tools were shared along with a group activity .



Events of the Month

DATE	DAY	EVENT	CLASSES
16 th Feb	Monday	Term 2 Examination	Grades IX and XI
17 th Feb	Tuesday	Final Examination	Grades X and XII
27 th and 28 th Feb	Friday & Saturday	Working day for students –paper checking	Grades IX and XI
7 th March	Saturday	3WC	Grades IX and XI



Links

Our website:

<https://www.thegaudium.com/>

Social Media:

<https://www.facebook.com/thegaudiumschool> <https://www.youtube.com/c/Thegaudiumschool>

<https://www.instagram.com/thegaudiumhyd/> <https://www.linkedin.com/company/thegaudium/>

Our Events:

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