



P R I S M

CBSE MS EDITION



FEBRUARY 2024

# Message from the Head of the School

Dear Parents,

In the month of February, we celebrated a number of UN Observances, including International Mother Language Day.

Along with our students and colleagues, we brought out the rich diversity of the culture of our country (and some foreign countries as well) with wonderful renditions from them in Hindi, Urdu, Telugu, Tamil, Oriya, Gujarati, Marathi, Malayalam and Bengali to name a few. I am delighted to share a song of our national movement, immortalised in the words of Rabindranath Thakur-



## সার্থক জনম আমার

সার্থক জনম আমার জন্মেছি এই দেশে।  
সার্থক জনম, মা গো, তোমায় ভালোবেসে ॥  
জানি নে তোর ধনরতন আছে কি না রানীর মতন,  
শুধু জানি আমার অঙ্গ জুড়ায় তোমার ছায়ায় এসে ॥  
কোন্ বনেতে জানি নে ফুল গন্ধে এমন করে আকুল,  
কোন্ গগনে ওঠে রে চাঁদ এমন হাসি হেসে।  
আঁখি মেলে তোমার আলো প্রথম আমার চোখ জুড়ালো,  
ওই আলোতেই নয়ন রেখে মুদব নয়ন শেষে ॥



My humble translation goes thus----

*I am blessed to have been born here*

*I am blessed Mother that I loved you*

*I don't know if you have the riches of a queen*

*I only know, that I feel so cool in the shade of your protection.*

*Is there ever a forest where flowers bloom so fragrantly...*

*Is there ever a sky where the moon rises with a smile....*

*From the first gaze, it was your light that soothed me*

*May I breathe my last, in that very light of yours.*

Kahlil Gibran says the following about Mother-

'The mother is everything - she is our consolation in sorrow, our hope in misery, and our strength in weakness. She is the source of love, mercy, sympathy, and forgiveness.'

Here at school, we are the surrogate mothers of your children, our students.

We deeply cherish the diversity of our country, its languages, literature, music and dance and are so appreciative that the regional and national traditions are being passed on as a rich legacy by you, their families, and by us at school, to become foundational to their self- identity and cultural quintessence.

Let our mother languages be the fountainhead of our cultural and spiritual wisdom, so that we respect diversity here at home, and the world over.

Ms. Sudeshna Chatterjee

Head- MS/HS



# Message from the Associate Coordinator CBSE MS

As we approach the end of another incredible session, I want to take a moment to reflect on the journey we've shared together. This year has been filled with challenges, triumphs, and countless moments of growth, and I am incredibly proud of each and every one of you.

In the face of adversity, you have shown resilience, determination, and unwavering commitment to your education. Whether it was adapting to new learning environments, overcoming obstacles, or supporting one another through difficult times, you have demonstrated the true spirit of perseverance. You have shown us your commitment and dedication which have made events such as SLC a huge success. You have enthusiastically participated in many events such as Sports Day, Farmers' Market along with the regular assessments and assignments. You have made us proud every time you have strived to excel, every time when you didn't give up and every time when you went out of the way to support others.

As we bid farewell to another chapter and prepare to embark on new adventures, I encourage you to carry with you the lessons you have learned and the memories you have made. Remember the core values (respect, perseverance, integrity, empathy, gratitude) that are integral to all that we do in school. Imbibe these values and lead your life with them. Respect is the foundation upon which our relationships are built. In today's world, it is important to be able to listen, understand and appreciate diverse perspectives. Gratitude is about being thankful for the blessings we have and appreciating the kindness of others. Being able to put yourself in another's shoes and to be able to understand their thoughts and feelings is empathy. Integrity reminds us that what we achieve is not as important as how we achieve it.



Perseverance shows us that we are capable of achieving anything if we are not willing to give up.

Remember that the journey of learning never truly ends. As you continue to pursue your dreams and aspirations, always strive for excellence, embrace new challenges, and never lose sight of the values and the incredible potential that lies within each and every one of you.

I look forward to welcoming you back as the new session begins, refreshed and ready to embrace new opportunities and adventures. Until then, stay safe, stay curious, and never stop believing in yourselves.

Ms. Anita Sreejit  
Associate Coordinator-CBSE(VI-VIII)



# Value Systems: A Path to Meaningful Living

In the hustle and bustle of our daily lives, it's easy to get swept away by external pressures, deadlines, and responsibilities. Amidst this chaos, our value system serves as a compass, guiding us toward a purposeful and fulfilling existence. Let's explore how enhancing our value systems can positively impact our lives.

## Understanding Personal Values

Our personal value system consists of principles that shape our behavior, decisions, and interactions. These values are deeply ingrained and influence every aspect of our lives. When we align our actions with our core values, we experience greater clarity, satisfaction, and authenticity.

## Why Do Values Matter?

**1. Guidance and Boundaries:** Values provide a set of guidelines for daily living. They help us make choices that resonate with our true selves. For instance, our values related to family influence decisions about where we live, our relationships, and our work-life balance.

**2. Purpose and Meaning:** Living by our values gives life purpose. When we prioritize what truly matters to us, we find fulfilment and a sense of direction. Our values shape our goals, aspirations, and the legacy we wish to leave behind.

**3. Relationships:** Our values determine the kind of people we attract and keep around us. When we surround ourselves with like-minded individuals who share our values, our relationships thrive.



## Creating Your Personal Value System

### 1. Evaluate the Main Areas of Life:

- Reflect on key aspects such as environment, career, fun, romance, personal growth, money, health, friends, and family.
- Rate each area based on its importance to your life.
- Assess how fulfilled you currently feel in each area.

### 2. Prioritize and Reflect:

- Compare your ratings to identify gaps.
- What matters most to you? What values resonate deeply?
- Consider your long-term vision and aspirations.



# Value Systems: A Path to Meaningful Living

## 3. Define Your Core Values:

- Honesty, compassion, integrity, resilience—what principles matter to you?
- Create a concise list of your core values.

## 4. Live by Your Values:

- Integrate your values into daily decisions.
- Seek alignment in your actions, relationships, and pursuits.
- Be authentic and true to yourself.

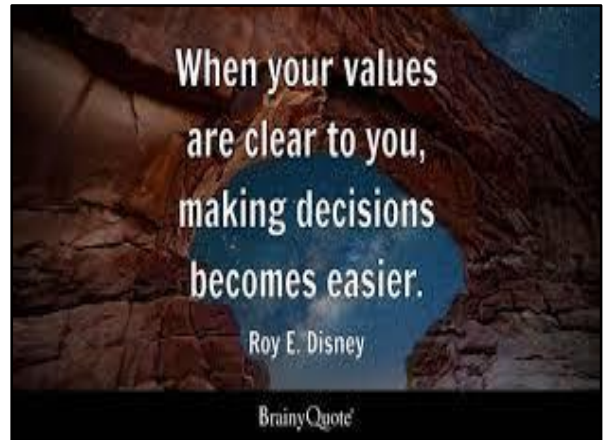
## Value Systems in Practice

**1.Balance:** Strive for balance across all areas of life. Prioritize self-care, relationships, and personal growth alongside professional success.

**2.Integrity:** Uphold honesty and ethical behavior. Trust is built on integrity.

**3.Empathy:** Treat others with kindness and understanding. Empathy fosters meaningful connections.

**4.Gratitude:** Appreciate life's blessings. Gratitude enhances well-being.



## Conclusion

Enhancing our value systems isn't a one-time task; it's an ongoing journey. Regularly revisit your values, adapt as needed, and stay true to the principles that light your path. As you do, you'll find that a life lived in alignment with your values is a life well-lived.

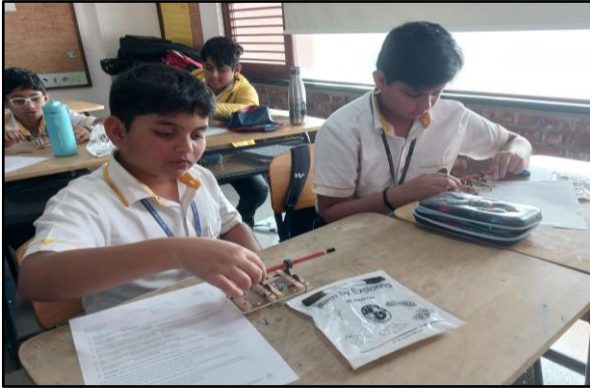
Remember: **Your values shape your destiny.**

Leonie Marshall  
HOD of ILD Team  
School Counsellor  
Psychology Faculty





# Holistic Excellence

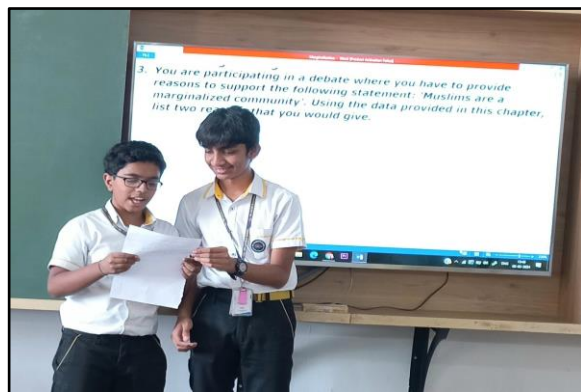


Students learning the concepts of properties of magnets through a STEM activity “Magnetic Levitation”  
**Grade VI** students engaged themselves in STEM activity thereby understanding the concepts of magnetism and its properties through magnetic levitation. The students made a lighthouse to learn the concepts of electricity. They also built an electricity-based power car.

**Grade VII** students learned the concepts of magnetic effect of electric current through the process of making of an electric bell. In this way, the students gasped the idea by ‘learning by doing’ and application of knowledge into action.



# Holistic Excellence



Fun with revision!

What a great way to revise the lessons with Quiz competition and Group discussion!

**Students of Grade VII and VIII**, CBSE had a fun way to revise the lessons. A Quiz competition and a Group discussion was conducted between groups of boys and girls. Questions in the form of MCQs, Short answer type questions and Rapid Fire Fill up the blanks, were asked. A common HOTS question on Marginalization for Grade 8 and Gender Inequality for Grade 7 was posed to the students. They discussed the answer and noted down points to give a presentation of their understanding. It was satisfying to hear smart answers from the students' using facts, data and current affairs.

It was a very exciting, interesting and quite an engrossing session. Students developed teamwork, time management skills and most importantly class participation was 100%. A moderator in each group organized and distributed responsibilities to ensure that everyone takes part in the discussion.

Learning was achieved and everyone had fun!!





# Holistic Excellence



Term 2 exams - As the academic year approached its end, it was time for the students to check their understanding. Term 2 exam was conducted along with Study Lounge and revisions in order to lend extra support to the students and brace them well for the exam.

# Mindfulness and Wellbeing



## Mindfulness sessions in the classroom

Mindful education involves integrating meditation principles, theories, and practices into education with the goal of helping students learn techniques to calm and focus the mind that can help them develop empathy, self-awareness, and communication skills.





# Core Values

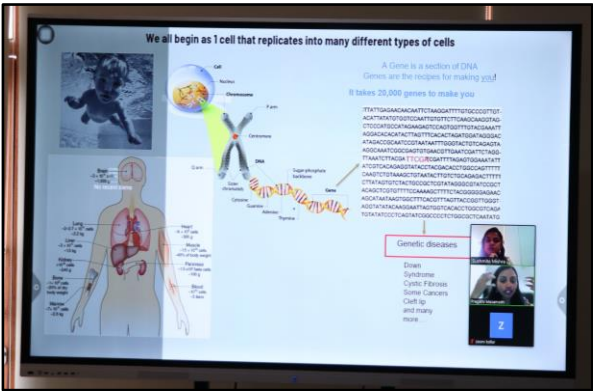


## DEAR program

Our school has a special routine called DEAR (Drop Everything and Read) time. During this time, everyone in the school, including students and teachers, takes a break from their regular activities and focus on reading. This dedicated period helps create a culture of reading, which improves comprehension skills and expands vocabulary. By prioritizing DEAR time, we hope to instil a lifelong appreciation for books and learning within our school community.



# Core Values



## International Day of Women and Girls in Science, celebrations at Gaudium

In a recent session dedicated to honouring the contributions of women in science, we had the privilege of hosting an esteemed scientist from Australia Dr. Pragathi, who shared her groundbreaking research on marine biodiversity and emphasized the importance of gender diversity in STEM fields. Her inspiring journey resonated with the audience, encouraging young minds to pursue their scientific passions fearlessly. The session served as a powerful reminder that women continue to shape the scientific landscape, and their voices are essential for driving innovation and progress.





# Core Values



## Class assemblies

The morning assembly in school has a focused environment where students can focus their attention and listen to important messages, announcements, or educational content. This enhances students' alertness, focus, and willingness to learn. Hence, they start their academic day with a fresh and attentive mindset.

Class assemblies in our school are lively exhibitions of our students' talent, creativity, and community spirit. These assemblies provide a platform for students to express themselves through various mediums, building their confidence and sense of belonging. These gatherings not only celebrate individual and collective achievements but also reinforce the importance of teamwork and unity within our school culture.



# Core Values



## Mother language day Celebrations

International Mother Language Day is observed every year to promote linguistic and cultural diversity and multilingualism. This year, our teachers showed their love for their mother language through dance, songs and anecdotes. It was a mesmerising experience.





# Core Values



Poster making on National Science day

# Global Leadership



**Life skills**- Our school offers life skills classes that teach students practical life skills, independence, creativity, and a healthy relationship with food. These lessons promote teamwork and cultural appreciation, preparing students for a well-rounded and self-sufficient future.





# Global Leadership

HDTA & Gaudium presents  
Kantilal Pokarna 2024  
2<sup>nd</sup> leg Tennis Tournament – Winners



Vihaan Bairy from Grade VI, Won two gold medals in Skating which was held at Bowrampet Sriram institute of skating

Nirvaan from Grade VI, representing our state Telangana, won in the Tennis tournament



## Rewards and Recognition



# Global Leadership



## Rewards and Recognition

At our school, we celebrate students' achievements through various platforms, which include the International English Olympiad (IEO), National Science Olympiad (NSO), TGS Creative conquest and tennis competitions.

Exceptional performers are recognized for their dedication and excellence, which motivates their peers to strive for success. We believe that such recognition fosters a culture of achievement and inspires students to reach their full potential in academics and sports.





# Global Leadership



**Cyber security session-** Under the capacity building programme, dedicated session on cybersecurity was conducted to enhance the digital literacy of our teachers and safeguard the school's online environment. The session covered topics such as data protection, safe internet practices, and recognizing online threats. By equipping our teachers with the necessary knowledge and skills, we ensure a secure learning environment for both educators and students in today's digital age.



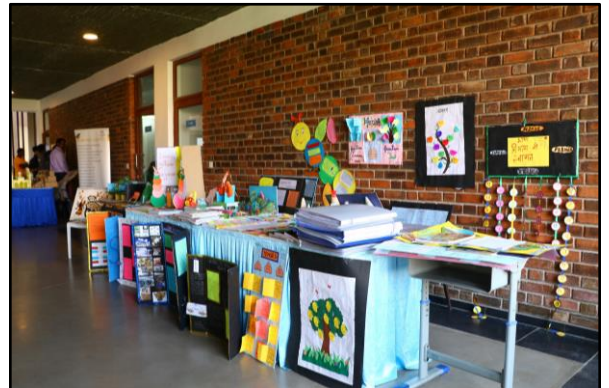
# Stakeholder Engagement



Collab meetings on regular basis to bring teachers together to discuss, strategize, brainstorm, to solve the issues, generate new ideas, or drive a project forward.

## Parent orientation – V to VI

Parents and students of grade 5 to Vi had an orientation on curriculum choice





# Upcoming events

DATE	DAY	EVENT	CLASSES
9 <sup>th</sup> Mar	Saturday	Three Way Conference	VI to VIII
14 <sup>th</sup> Mar	Thursday	New Academic session starts	VII to X



# LINKS

## Our website:

<https://www.thegaudium.com/>

## Social Media:

<https://www.facebook.com/thegaudiumschool>

<https://www.youtube.com/c/Thegaudiumschool>

<https://www.instagram.com/thegaudiumhyd/>

<https://www.linkedin.com/company/thegaudium/>

## Our Events:

<https://www.thegaudium.com/at-the-gaudium/gaudium-events/>



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