



# P R I S M

CBSE EDITION - MS



OCT & NOV 2023

# Message from Head of the School

At The Gaudium School we believe and abide by cross cultural respect and accommodation of diversity. Students are encouraged to be open-minded and empathetic and caring.

At the recent Farmer's market, we introduced the ancient legacy of our culture 'Vasudhaiva Kutumbakam' or All the world is one family. It looked at issues at the grassroot level, of outreach towards the local farming community, less privileged children in the neighbourhood schools and 'Shramdaan' as a way of increasing assets that can then be bestowed on deserving individuals and institutions of education.

We encouraged habits of sustainable consumption by introducing millets as a wholesome and nutritious alternative to long grained hybrid varieties of grains that are wiping out indigenous crops. We coordinated our efforts with the National Institute of Rural Development (NIRD) and the ICMR- Hyderabad National Institute of Nutrition, to encourage the sale of a variety of millets, organic honey and various other products made by cottage industries.

The significant part of this effort was that the ownership and responsibility of the change towards sustainability was on the students. From packing 1000 kgs of grains into retail packages to framing artwork by students of the ZP School to sewing and crochet and craftworks of great beauty- our students poured their souls into the effort to do some small thing for others in society. They were robustly backed up by every teacher.



We are grateful to you dear parents for always encouraging your children to align with the spirit and philosophy of the school. We thank your active participation in our events.

We look forward to building a cohesive and culturally enriched and equitable society for our students to grow and thrive in.

Towards a better and greater tomorrow....

Sudeshna Chatterjee

Head - MS & HS



# Message from the Associate Coordinator- MS

It's Story time!

Imagine a small child of 3-4 years entering a mall. The excitement in the child's eyes, the urge to run around, the innumerable questions the child asks are all natural instincts for the child. But what happens when the child enters school. Where does the curiosity and the excitement go?

What do we do in school that makes children passive? How do we ensure that the natural joy that children have in them remains?

Everyone loves a good story. For small kids, we often use stories to teach moral values. But can stories be used to teach mathematics and that too with middle school students. Yes, they can.

One of the concepts in class seven which students find challenging is comparing quantities. In this topic, students learn about percentages and their application in finding ratios, profit or loss and simple interest. Though this is a topic with a lot of real-life applications, students often struggle to understand. This is mostly because the concept is taught as a procedure- for profit use the formula  $SP-CP$ , for loss use  $CP-SP$ , for loss% there is a different formula, there is yet another formula for interest. In the process, math gets reduced to a boring task of memorizing formulas. Instead, if students are narrated a story where they imagine themselves as a shopkeeper. "Imagine you are a shopkeeper; you buy a product to sell later in your shop. What product would you like to buy? At what price would you sell it? Will you gain any money or lose?

How much money would you gain? What percentage of the money that you had spent did you gain? What if the product is not in demand?

Similarly, more situations can be added. Here, the student is the protagonist in the story. The child will be more involved as he or she will be finding solutions to problems. Moreover, the child will not forget what is learnt as he is practically doing it.



Stories can be told as a narration where a person narrates the story. This kind of story stimulates a child's imagination and brings out their curiosity. While teaching students about cubes, the teacher can narrate a story about Ramanujan-Hardy number. This will not just fascinate them but develop feelings of gratitude or respect for the past within them.

It's not just mathematical concepts that can be taught through stories. Stories can make students aware of the past and motivate them. We can also use stories to develop positive attitudes among students. A key skill that students need in Mathematics is perseverance. They must be self-motivated to initiate problem solving and to sustain their efforts when there are setbacks or when the solution seems distant. Motivational stories can help students learn how to endure and be positive in the face of disappointments. As teachers who want the best for our students, storytelling is a pedagogical strategy that can bring back curiosity, excitement, and liveliness in our classes.

Ms Anita Sreejit

Associate Coordinator-CBSE(VI-VIII)

The Gaudium School



# Attitude of Gratitude: The Key to a Fulfilling Life

In a world characterized by fast-paced lifestyles, constant striving for more, and an overwhelming desire for success, it's easy to overlook one of the simplest yet most profound virtues – gratitude. The concept of an "attitude of gratitude" reminds us to appreciate the positive aspects of our lives, no matter how small they may seem. In a society where we often focus on what we lack, fostering an attitude of gratitude can bring about a remarkable shift in our well-being and perspective.

Gratitude, fundamentally, is the act of recognizing and appreciating the goodness in our lives. It doesn't require a grand gesture or a significant life event; rather, it's about acknowledging the everyday blessings that often go unnoticed. When we embrace this attitude, we unlock a treasure trove of benefits.

First and foremost, an attitude for gratitude enhances our mental and emotional well-being. Scientific studies have repeatedly shown that practicing gratitude can reduce stress and anxiety, lower the risk of depression, and improve overall psychological health. When we focus on the positive aspects of our lives, we naturally shift our attention away from negative thoughts and emotions. This can create a sense of contentment and peace that contributes to a happier and more fulfilled life.

Moreover, gratitude can strengthen our relationships with others. Expressing thanks and appreciation towards loved ones can foster a deeper emotional connection. It shows them that we value and respect their contributions to our lives, which, in turn, can lead to stronger bonds and better communication. This is particularly important in a world where the hustle and bustle of daily life can strain personal connections.



An attitude of gratitude can also impact our physical health. Studies have shown that grateful individuals tend to engage in healthier behaviors, such as regular exercise and better dietary choices. Gratitude may even boost the immune system and reduce the perception of pain. It's as if the act of being thankful has a positive ripple effect that extends beyond our minds and hearts.

Cultivating gratitude in our lives need not be complicated. Simple daily practices, like keeping a gratitude journal, can be incredibly effective. In this journal, you can jot down three things you're thankful for each day. They can be as trivial as a warm cup of tea in the morning, a kind word from a colleague, or the beauty of a sunset. Over time, this habit can help you develop a more positive outlook on life.

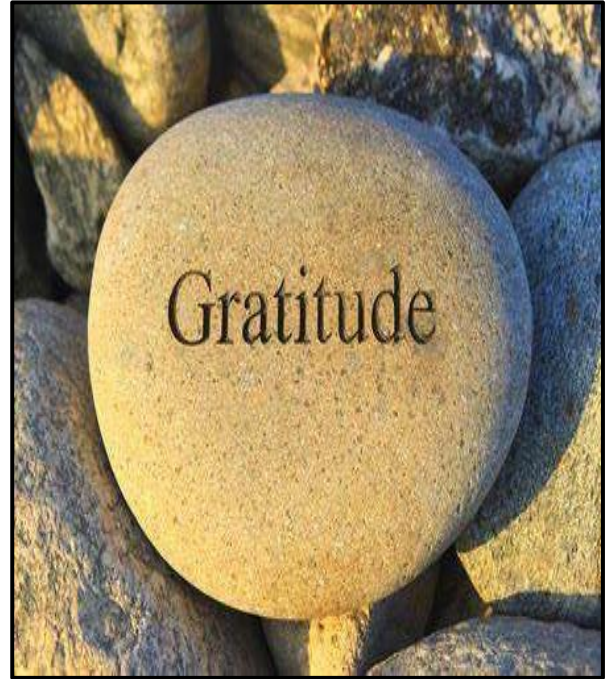


# Attitude of Gratitude: The Key to a Fulfilling Life

In addition to personal journals, acts of kindness and generosity can also foster an attitude for gratitude. When you give to others or lend a helping hand, you not only improve someone else's life but also experience the joy that comes from knowing you've made a positive impact. This cyclical nature of gratitude, where it's both given and received, creates a positive feedback loop that can elevate our overall well-being.

Gratitude isn't just about appreciating the good times in life; it's also about finding value in the face of adversity. When we can find something to be thankful for even in challenging circumstances, we become more resilient. This doesn't mean denying our pain or hardships, but rather recognizing that there is always a silver lining or a lesson to be learned.

In a world that often pushes us to desire more and chase the next big thing, an attitude for gratitude is a refreshing reminder to pause and savor what we already have. It encourages us to celebrate life's small victories, cherish our relationships, and find beauty in the ordinary. This simple yet powerful mindset shift can transform our lives, leading to improved mental, emotional, and physical well-being.



In conclusion, adopting an attitude for gratitude is a choice that can make a profound impact on our lives. It's a reminder to cherish the blessings, no matter how small, and to express our appreciation to those around us. As we cultivate gratitude, we pave the way for a more fulfilling and joyful existence. So, why not start today by counting your blessings and sharing your gratitude with the world?

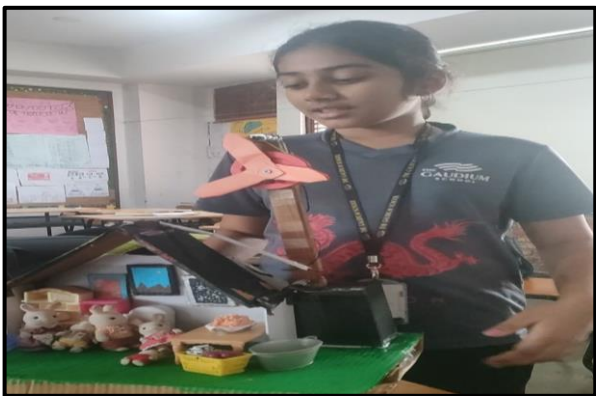
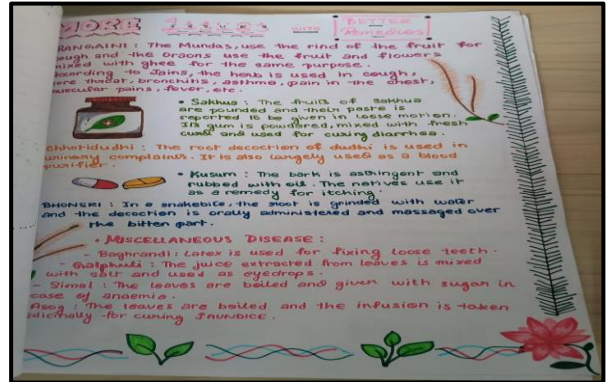
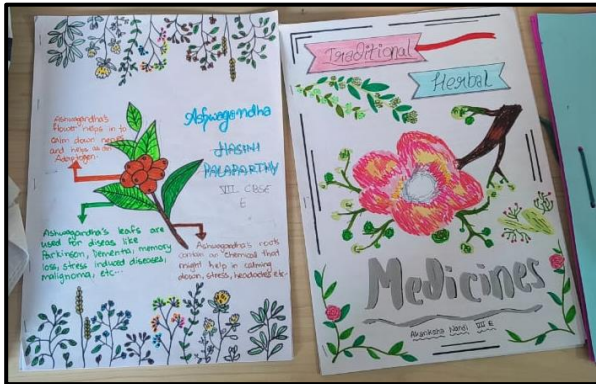
Dr. Bornali Yadav

IBDP Psychology Facilitator Student  
Counsellor (MYP & IBDP) The Gaudium  
School



# Holistic Excellence

Art integration is an important tool for educators to use in their classrooms. When art is integrated into all the subjects, it helps students to understand the concepts and retain information for a longer duration.



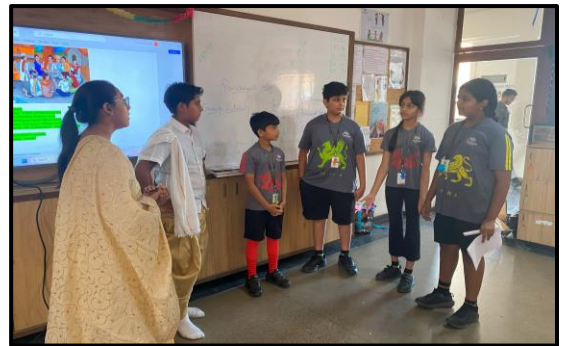
# Holistic Excellence

**Fibonacci Day** – Forming patterns using different sizes of circles



**Social** – Grade VI -Role play activity on panchayat raj

Three tier system – Functions of Zilla parishad, Gram panchayat, Panchayat Samithi



**Science Grade VI** – Lab activity – Observation and Identification of animal species. Students wrote characteristics of each animal after observation



# Holistic Excellence



## हिन्दी कक्षा में संवाद वाचन गतिविधि का प्रतिबिंब

कक्षा 7 तृतीय भाषा हिन्दी में बच्चों ने कक्षा में गतिविधि में समूह रूप से संवाद वाचन कौशल किया जिसका विषय था संवाद वाचन इस गतिविधि में बच्चों ने बहुत अच्छा वाचन किया सभी ने नियमों का पालन किया और रुब्रिक के अनुसार बहुत ही अच्छे ढंग से अपना लेखन कौशल किया। इसके माध्यम से बच्चों में आत्मविश्वास की भावना, जिज्ञासा, खोजबीन, स्मरण और चिंतन कौशल के गुण सीखे।



## हिन्दी कक्षा में बाल विवाह पर वाचन कौशल गतिविधि का प्रतिबिंब

कक्षा 6 द्वितीय भाषा हिन्दी में बच्चों ने कक्षा में गतिविधि में एकल रूप से वाचन कौशल किया जिसका विषय था बाल विवाह इस गतिविधि में बच्चों ने बहुत अच्छा वाचन किया। सभी ने नियमों का पालन किया और रुब्रिक के अनुसार बहुत ही अच्छे ढंग से अपना कौशल प्रस्तुत किया। इसके माध्यम से बच्चों में आत्मविश्वास की भावना, जिज्ञासा, खोजबीन, स्मरण और चिंतन कौशल के गुण सीखे।



## हिन्दी कक्षा में संवाद कौशल गतिविधि का प्रतिबिंब

कक्षा 8 द्वितीय भाषा हिन्दी में बच्चों ने कक्षा में गतिविधि में समूह रूप से संवाद कौशल किया जिसका विषय था आपस में किसी भी विषय वस्तु पर वार्तालाप करना इस गतिविधि में बच्चों ने बहुत अच्छा संवाद किया सभी ने नियमों का पालन किया और रुब्रिक के अनुसार बहुत ही अच्छे ढंग से अपना कौशल दिखाया।

इसके माध्यम से बच्चों में आत्मविश्वास की भावना, जिज्ञासा, खोजबीन, स्मरण और चिंतन कौशल के गुण सीखे।



# Holistic Excellence



**English**—In our engaging English extended reading activities, Grade 7 students delved into the gripping world of “The Maze Runner,” unravelling the mysteries alongside characters. The intricate plot and thought-provoking themes sparked lively discussions, fostering critical thinking. Meanwhile, Grade 6 students explored the heartwarming tale of “Wonder,” embracing empathy and compassion. These novel-based activities not only honed literary skills but also nurtured a love for reading, creating an enriching learning experience for our students.



**Math – Grade VII**—Activity on Identifying Corresponding Parts of congruent Triangles. Students have taken cutouts of congruent triangles to and superimpose them on one another to identify Corresponding Parts of congruent Triangles



# Holistic Excellence

**Telugu-Grade VI - పోతన బాల్యం**  
పాఠ్యభాగానికి సంబంధించి విద్యార్థులు  
చదరంగం, తొక్కుడు బిళ్ళ, బొంగరం,  
గోళీలాటలు ఆడారు.



**ఏడవ తరగతి-L3 - విద్యార్థులకు భాషా సామర్థ్యాలలో**  
భాగంగా ఈ కార్యచరణను నిర్వహించడం జరిగింది.  
దీనివలన విద్యార్థులు విషయాన్ని ఎంత శ్రద్ధగా  
వినగలుగుతున్నారో తెలుసుకోవడానికి విషయానికి  
ఒక విడియోను చూపించి దానికి సంబంధించిన  
ప్రశ్నలను రూపొందించి జవాబులను మౌఖికంగా  
రాబట్టడం జరిగింది. దీనివలన విద్యార్థులలో ఎంత  
మేరకు శ్రవణ మరియు భాషణ సామర్థ్యాలపై  
అవగాహన కలిగివున్నారో తెలుసుకోవడం జరిగింది.

**Math-Grade VII -Activity on calculating**  
percentages

Students explored themselves on  
percentages through activity on grid  
paper. Students have created their own  
design by using reflection concept and  
coloured it to calculate each colour  
percentage



# Holistic Excellence



**Grade VIII-** Students are observing the different cell organelles present in a cell

**Grade VII** - దీపావళి పండుగ సందర్భంగా విద్యార్థులు తెలుగు అక్షరాలతో మామిడి తోరణాలు సృజనాత్మకంగా తయారు చేశారు.

**Grade VII** -Students creatively made mango arches with Telugu characters on the occasion of Diwali festival.



**Grade VII**

Making of refractive telescope using stem kit

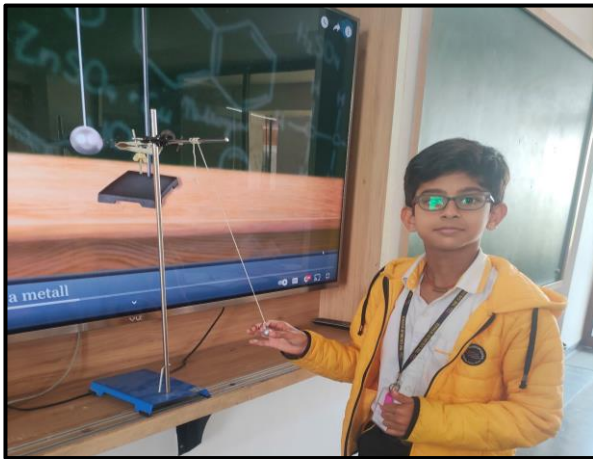


# Holistic Excellence



## Math: Grade VI - Activity on Revolutions of clock

Students are extraordinary to exhibit what they understand by using clock in Revolutions made by hands of a clock



**Science : Grade VII-** Under the teaching and learning process of Time and motion chapter, Learners were given an opportunity to find the time period of a simple pendulum through a Lab activity.



# Mindfulness And Wellbeing



**Puberty session –Grade VII** students recently participated in informative puberty sessions aimed at fostering a better understanding of physical and emotional changes during adolescence. These sessions, conducted with sensitivity and expertise, provided a safe space for open discussions, addressing questions and concerns. By imparting essential knowledge about this transformative phase, we aim to empower our students with the information they need to navigate puberty with confidence and resilience.



# Core Values



**Grade VII** -As a part of Life skills activity students made paper bags, this is a fun project that not only fosters creativity but also teaches them the value of recycling and making sustainable decisions that helps students to tap into their capabilities, develop real-life skills, and prepare themselves to be successful in the careers of their choice.



**Sports day preparations** - The much-awaited Sports Day event. The Gaudium is thrilled to announce the upcoming sports day on Saturday 23rd December 2023 , giving an opportunity for each student to display their skills in sports. The sports team is working tirelessly to appreciate and encourage the spirit of sportsmanship and excellence displayed by our talented athletes.



# Core Values



**Children's Day** at our school was a joyous celebration filled with laughter and merriment. Teachers took center stage, delighting students with entertaining performances that showcased their creativity and dedication. Classrooms buzzed with excitement as fun activities unfolded, creating a vibrant atmosphere of camaraderie and joy. It was a day where education met enjoyment, leaving lasting smiles on the faces of our young learners.



# Core Values

## Diwali celebrations

Diwali is the festival of lights which is celebrated in various regions across India. Children decorated Diya's and their classrooms with colours and glitter.

Both Teachers and students enjoyed the Diwali celebrations wholeheartedly.





# Core Values



**Bathukamma celebrations** - The school had a vibrant celebration of Bathukamma & Dandiya evening. It was an evening filled with rhythm, colours, and enthusiasm. The entire Gaudium team immersed themselves in the festivities, this event truly was memorable for everyone involved.



**On Kindness Day**, our students radiated warmth by crafting heartfelt handmade cards, expressing gratitude to the dedicated individuals who work tirelessly behind the scenes at our school. As a double celebration, Diwali Decoration Day saw our classrooms adorned with painted diya's and colorful décor, spreading the festive spirit. This wonderful convergence of kindness and Diwali festivities not only brought joy to our school but also emphasized the importance of gratitude and inclusivity in our community.



# Global Leadership



**Field trip :** Students of grade 6, 7 and 8 students had a fantabulous educational field trip to Thrill City and Wonderla, a place designed to provide an incredible and enriching experience for our young learners. This experience created an opportunity in gaining valuable knowledge and life skills. This was a day filled with laughter, fun and learning. They made wonderful memories together.



# Global Leadership

## Drama

"WE ARE RESPONSIBLE" Street play  
( Nukkad natak)

This Street Play is conducted to raise awareness about multiple problems occurring in India and around the world. Some of them are Gender inequality, Water and Air pollution, food wastage, deforestation etc.

This Nukkad natak shows the consequences of such acts like more men in workplaces. People are suffering and dying due to lack of quality food, due to water contamination, landslides, polluted air ...etc. In this Nukkad natak, we have raised awareness on a few United Nations sustainable Development goals, Which are Gender equality, Zero hunger, No Poverty, Life on land, Life below water, Good Health & Well Being, Clean water & Sanitation.



# Global Leadership



**Gender sensitivity** – Gender Sensitization School-Based Professional Development–A session on professional development for teachers was organised on Saturday, 18th November 2023. Teachers were sensitized on gender-based teaching in their classrooms by resource persons from the Central Board of Secondary Education. Teachers play a very important role in the early upbringing of a child. The training will enable them to disseminate the desirable attitude based on mutual respect and trust between girls and boys.



**Young authors**– This activity under the CBSE Reading Mission is the CBSE Budding Authors Program which aims to ignite the creative spark within students by encouraging them to explore the art of storytelling. By writing and submitting short stories under this program, students have the exciting opportunity to express their imagination and ideas, with a chance to see their work published.



# Stakeholder Engagement



**The Farmer's Market**, a tradition at The Gaudium School, which is a reflection of our philosophy and our deep commitment to a noble social cause. This year, the Farmer's Market takes on a unique and inspiring theme - "Nurturing Togetherness with the World as One Family."



# Stakeholder Engagement

**Cyber Crime awareness session** - A session was organised by the school to create awareness among students about cyber security. This aims to defend both individuals and organizations from cyber incidents, typically nurtured through training and ongoing education. This preparation is crucial in education since schools are a treasure trove of personal data about staff, students, and their parents, making them a prime target for data breaches. Students gained a lot of information on the same during the session.



**SDG's**- The school plays a crucial role in equipping future leaders with the skills and knowledge required to bring about positive change. The school also assists students in comprehending and addressing sustainable development programmes through education and offers academic activities focused on sustainable development growth solutions. Students are assigned a variety of duties, projects assignments outside the classroom and the lab.



# Upcoming events

DATE	DAY	EVENT	CLASSES
1 <sup>st</sup> Dec	Friday	Periodic Test 2 Periodic Test 3	Grades VI (Grade VII and VIII )
16 <sup>th</sup> Dec	Saturday	SLC (Student Led Conference)	Grades VI to VIII
23 <sup>rd</sup> Dec	Saturday	Sports Day	Grades VI to XII



# LINKS

## Our website:

<https://www.thegaudium.com/>

## Social Media:

<https://www.facebook.com/thegaudiumschool>

<https://www.youtube.com/c/Thegaudiumschool>

<https://www.instagram.com/thegaudiumhyd/>

<https://www.linkedin.com/company/thegaudium/>

## Our Events:

<https://www.thegaudium.com/at-the-gaudium/gaudium-events/>





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