



### IBDP Program







### Director's message (on the occasion of Investiture Ceremony)

Today, we gather here for the investiture ceremony, a momentous occasion that marks the appointment of our student council. Firstly, I would like to appreciate each and every student who has been nominated and has gone through this rigorous election process. I take this privilege to congratulate every elected member of the Gaudium Student Council.

As you embark on this journey of leadership, let us remember the timeless wisdom that says, "what goes around comes around & quot;. This phrase reminds us to be mindful of our actions and the impact it has on others. Being elected as a leader is a great responsibility and also an opportunity to demonstrate your commitment to Gaudium's vision, mission, Core values and especially your commitment towards ensuring that all students adhere to the school policies and Code of Conduct.

As leaders, you must lead by example, setting a high standard of behavior for others to follow. Let us be conscious of our actions both inside and outside the school premises. When you come across any violation of School Policies or code of conduct, it is crucial that you address them with fairness, stand up for what is right and bring it to the notice of your mentors or teachers to find the right solution. You should be the one to educate and help your peers understand the need for such policies or procedures and that every violating action of theirs will attract consequences. By doing so, you promote a culture of learning from mistakes and growing together.

At the Gaudium we want every student, teacher, staff and parent to imbibe the 5 core values so as to create a safe, healthy and a positive atmosphere for each one of you.

As an empathetic leaders, you must listen actively and wholeheartedly, to the concerns of your fellow students and understand their needs and find solutions along with your mentors to create an environment where everyone feels heard and supported.

A respectable leader acknowledges the opinions and perspectives of others, even when they differ from their own. They treat everyone with dignity and kindness, fostering an atmosphere of trust and cooperation.

Perseverance is another virtue that we must uphold as leaders. Challenges and obstacles may come your way while performing your role, but you must consider these as opportunities for growth and learning.

Gratitude is a quality that we should cultivate and express openly. As leaders, you should appreciate the efforts of our teachers, staff, and fellow students. Let us acknowledge the contributions of others and be thankful for the support and guidance we receive along our journey.



Integrity is the foundation of trust and credibility in leadership. It is essential to be honest, ethical, and true to our values in all our actions. Let us lead with integrity, making decisions that are fair and just and inspire others to follow the path of honesty and righteousness.

Tolerance is another essential aspect of leadership. As leaders, you should embrace diversity and appreciate the uniqueness of each individual. It is through tolerance that we cultivate an environment of acceptance and understanding, where everyone feels valued for who they are.

In conclusion, dear students, please embrace the honor of being a leader with humility and determination. Strive to be responsible, empathetic, respectable, and a tolerant leader embodying the core values of our school. Together, you all can make a positive impact not only within our school community but also in the world beyond. I wish that you embark on your leadership journey with unity and purpose and wish you all the very best!

Kirthi Reddy





### Setting Standards: A Message from the IB DP Coordinator

#### Dear Gaudium School Community,

I hope this message finds you all in good health and high spirits as we embark on an exciting new academic year at The Gaudium School, Hyderabad. As we gather our energies for the journey ahead, I would like to take this opportunity to introduce myself and share some insights into our focus for the year as we strive to set and maintain high academic standards, especially in the areas of deadlines and the quality of work.

Firstly, I am thrilled to join the Gaudium family as the International Baccalaureate Diploma Programme (IB DP) Coordinator. It's an honor to take on this role and work with our dedicated students, educators, and parents. I want to express my gratitude for the warm welcome I have received since joining the team.

One of the key responsibilities of the IB DP Coordinator is to ensure that our students are prepared to meet the rigorous academic standards set by the International Baccalaureate Organization. As I assume this role, I am committed to building upon the foundation laid by my predecessor and pushing our program to new heights.

#### Setting the Standard: Deadlines and Ouality of Work

Deadlines are not mere dates on a calendar; they are milestones in our students' educational journey. Meeting deadlines consistently is not just about time management; it's about discipline, responsibility, and preparing our students for the challenges they will face in higher education and beyond. We will emphasize the importance of meeting deadlines for assignments, projects, and internal assessments.

Quality of work is equally essential. It is not enough to complete tasks; our students must strive for excellence in every project, essay, and presentation. This means engaging in critical thinking, researching thoroughly, and demonstrating creativity and originality in their work. As DP Coordinator, I will work closely with our educators to provide guidance and support to our students in achieving these high standards.

#### Supporting Students Every Step of the Way

I understand that setting and meeting high academic standards can be challenging. Therefore, it is my commitment to ensure that our students receive the support and resources they need to excel. This includes:

- Regular workshops and study sessions to improve time management, research skills, and academic writing.
- One-on-one meetings with students to track their progress and provide personalized guidance.
- Creating a culture of collaboration where students can learn from each other and share their knowledge.
- Encouraging open communication between students, parents, and teachers to address concerns and celebrate achievements.

#### Parent Partnership

Parents, your partnership is invaluable in helping us maintain these high standards. We encourage you to engage with your children in conversations about their academic goals, provide them with a conducive study environment at home, and support their extracurricular activities that complement their education. Your involvement in your child's academic journey makes a significant difference.

In conclusion, I am excited about the academic year ahead, and I am confident that by setting and maintaining high standards, especially in deadlines and the quality of work, we will prepare our students not only for success in the IB DP but also for the challenges they will face in their future endeavors. I look forward to working closely with all of you to make this year a remarkable one for our students.

If you have any questions or concerns or would like to discuss any aspect of the IB DP program, please do not hesitate to reach out to us, using the Write to Us feature on our EMS. Together, we can help our students achieve their full potential.

Warm regards,

Sajeena Joseph

IB DP Coordinator





### Healthy Habits for exam success

With exams just around the corner, we want to provide our students with valuable insights into maintaining their well-being while striving for academic excellence. In this Newsletter, we focus on "Healthy Habits for Exam Success," offering tips and strategies to help our students perform their best while prioritizing their health.

#### 1. Prioritize Sleep for Peak Performance:

Getting enough sleep is crucial for cognitive function and memory consolidation. Aim for 7-9 hours of quality sleep each night. Create a consistent sleep schedule and avoid screens before bedtime to ensure better rest.

#### 2. Nourish Your Body and Brain:

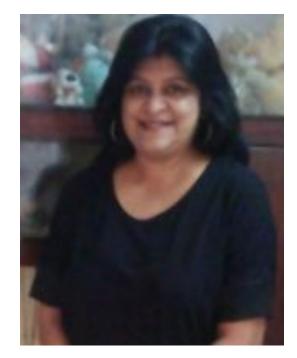
Fuel your body with nutritious foods that support brain function. Opt for balanced meals rich in whole grains, lean proteins, fruits, vegetables, and healthy fats. Stay hydrated with water throughout the day to maintain focus and energy levels.

#### 3. Incorporate Physical Activity:

Regular exercise helps reduce stress, improve mood, and boost brain function. Even a short walk or quick workout can enhance concentration and overall well-being.

#### 4. Plan Effective Study Sessions:

Break your study sessions into manageable chunks, usually 25-30 minutes, followed by a 5-minute break. During breaks, stretch, hydrate, or do a quick mindfulness exercise to recharge.



#### 5. Stay Organized:

Keep your study materials organized to minimize stress and save time. Create a study schedule, use tools like planners or apps, and keep your workspace clutter-free.

#### 6. Practice Mindfulness and Stress Reduction:

Incorporate mindfulness techniques into your routine, such as deep breathing, meditation, or yoga. These practices can help manage anxiety and enhance focus.

#### 7. Engage in Regular Breaks:

Taking short, purposeful breaks during your study sessions can prevent burnout and increase productivity. Use breaks to step away from your desk, stretch, or engage in a relaxing activity.

#### 8. Connect with Supportive Peers:

Join or create study groups to discuss and share ideas. Collaborative learning can help you understand concepts better and provide emotional support.

#### 9. Embrace a Growth Mindset:

Believe in your ability to learn and improve. View challenges as opportunities to gain experience rather than obstacles to overcome.

#### 10. Practice Positive Self-Talk:

Replace negative thoughts with positive affirmations. Remind yourself of your past successes and your capacity to succeed in your exams.

Remember, success is not only about the destination but also the journey. By prioritizing your health and well-being during your exam preparation, you are setting yourself up for success both inside and outside the classroom.

Leonie Marchall HOD of ILD Team School Counsellor





## Global Leadership



The Thursday assembly led by our DP CAS students held a collaborative platform with MYP. The focus was on integrating service outcomes to foster essential collaborative skills.

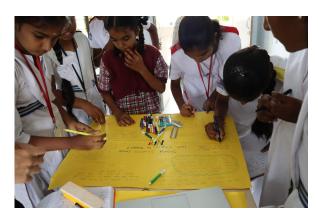
During this engaging session, students were enlightened about the significance of impeccable dining hall etiquette. Understanding the importance of respectful behaviour in communal spaces like the dining hall not only reflects their individual growth but also contributes to creating a harmonious environment for everyone.

These Thursday assemblies continue to be a powerful platform for moulding well-rounded individuals who not only excel academically but also understand the value of character development and social skills.

Ms. Archana Shukla CAS Coordinator



# CAS Shiksha Intervention













Empowering cross-education! Our DP 1 students collaborated with Model School, sharing captivating debating skills with their peers. The experience not only bridged gaps but also fostered confidence and nurtured leaders.





# Akshaypatra Visit













Making a difference, one step at a time! Our students had a fulfilling day at Akshaypatra NGO, where they learned the art of service by providing food and supporting government schools. Their commitment to community impact is truly inspiring.





### iC3 Conference







The Gaudium school students performed in the opening ceremony of IC3 Conference. A group of 25 dancers and 3 narrators performed Indian classical fusion dance on "Asato ma sad gamaya" while student volunteers helped to anchor the panel discussions and Presidential Forums.

The IC3 Institute focuses on bringing together high schools, colleges and universities along with industry people to ensure early access to career and college counselling, paving the path for students' college readiness,

Gayatri Meena

HS- Activity Coordinator





# Student Leadership Training









### "Nurturing Tomorrow's Leaders: Empowering Students Today for a Brighter Future."





### Core Values Unite, Celebrate, Liberate: Honouring India's Independence Day Together.







Independence Day celebrations in schools are a cherished tradition that instills a deep sense of patriotism and national pride in students. These annual events are marked by fervor and enthusiasm as students come together to honor the country's hard-fought freedom.

Cultural programs form the heart of these celebrations, showcasing the rich diversity and heritage of the nation. Students participate in various activities such as patriotic songs, dances, skits, and speeches that pay tribute to the freedom fighters who sacrificed for the nation's liberty. These performances not only entertain but also educate, reminding everyone of the struggles and sacrifices that led to independence.

Independence Day celebrations in schools serve as a vital educational tool, helping students understand the importance of liberty, democracy, and the responsibility that comes with being a citizen. These events foster a sense of unity and belonging, reinforcing the idea that a strong and united nation is built upon the values of freedom, justice, and equality.

Dr. Jyoti Singh





### Michigan Colleges Alliance Session (MCA)



The Michigan Colleges Alliance (MCA) works to strengthen the shared capacity of 14 leading independent, four-year colleges and universities grounded in a liberal arts and sciences tradition, broaden college choice and access in Michigan, and foster career outcomes for MCA graduates.

As you are aware, The Gaudium School is now affiliated with the Michigan College Alliance, our career counselor has organized a session with the officials to understand more about the access MCA and their modules.





### University Fair













Attending a university fair is an opportunity to get a better idea of what university admissions officers are looking for. It is a great opportunity to meet representatives from lots of universities all in one place and get answers to all your questions about university admissions, course content, study options, undergraduate careers, and more. At Gaudium, our career counselor Ms. Mahitha Sammeta held a university fair and 50 universities across the globe participated. It was an interactive session for the students and parents where all their queries were answered.



# Unleashing creativity through Art journaling







Art journaling equips students with the means to cultivate creativity, fostering a deeper connection between their artistic endeavours and personal growth. It is a potent tool and personal record of thoughts, ideas, and artistic exploration which encourages students to experiment with diverse mediums, document their progress, and reflect on their creative process. By consistently observing, analyzing, and questioning their work, students refine their artistic instincts.

Debendra Kumar Sahoo HOD Visual Arts





# Upcoming Event

Date	Day	Event	Grade
7th September	Thursday	Holiday for Janmashtami	Whole School
16 <sup>th</sup> September	Saturday	IBDP Three Way Conference	IBDP 1
19 <sup>th</sup> September	Tuesday	Holiday for Ganesh Chaturthi	Whole School
23rd September	Saturday	CAS Trip	IBDP 1 & 2
28 <sup>th</sup> September	Thursday	Holiday for Ganesha Idol Immersion /Milad U Nabi	Whole School





# **Editorial Board**

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