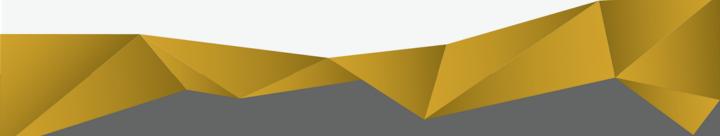




### **Cambridge International Edition**





August 2023

### Message from the Director

### Good morning my dear students, teachers, and parents.

**T**oday, we gather here for the investiture ceremony, a momentous occasion that marks the appointment of our student council. Firstly, I would like to appreciate each and every student who has been nominated and has gone through this rigorous election process. I take this privilege to congratulate every elected member of the Gaudium Student Council.

As you embark on this journey of leadership, let us remember the timeless wisdom that says, "what goes around comes around". This phrase reminds us to be mindful of our actions and the impact it has on others. Being elected as a leader is a great responsibility and also an opportunity to demonstrate your commitment to Gaudium's vision, mission, Core values and especially your commitment towards ensuring that all students adhere to the school policies and Code of Conduct.

As leaders, you must lead by example, setting a high standard of behavior for others to follow. Let us be conscious of our actions both inside and outside the school premises. When you come across any violation of School Policies or code of conduct, it is crucial that you address them with fairness, stand up for what is right and bring it to the notice of your mentors or teachers to find the right solution. You should be the one to educate and help your peers understand the need for such policies or procedures and that every violating action of theirs will attract consequences. By doing so, you promote a culture of learning from mistakes and growing together.



At the Gaudium we want every student, teacher, staff and parent to imbibe the 5 core values so as to create a safe, healthy and a positive atmosphere for each one of you.

As an empathetic leaders, you must listen actively and wholeheartedly, to the concerns of your fellow students and understand their needs and find solutions along with your mentors to create an environment where everyone feels heard and supported.

A respectable leader acknowledges the opinions and perspectives of others, even when they differ from their own. They treat everyone with dignity and kindness, fostering an atmosphere of trust and cooperation.





### Message from the Director

Perseverance is another virtue that we must uphold as leaders. Challenges and obstacles may come your way while performing your role, but you must consider these as opportunities for growth and learning.

Gratitude is a quality that we should cultivate and express openly. As leaders, you should appreciate the efforts of our teachers, staff, and fellow students. Let us acknowledge the contributions of others and be thankful for the support and guidance we receive along our journey.

Integrity is the foundation of trust and credibility in leadership. It is essential to be honest, ethical, and true to our values in all our actions. Let us lead with integrity, making decisions that are fair and just and inspire others to follow the path of honesty and righteousness. Tolerance is another essential aspect of leadership. As leaders, you should embrace diversity and appreciate the uniqueness of each individual. It is through tolerance that we cultivate an environment of acceptance and understanding, where everyone feels valued for who they are.

In conclusion, dear students, please embrace the honor of being a leader with humility and determination. Strive to be responsible, empathetic, respectable, and a tolerant leader embodying the core values of our school. Together, you all can make a positive impact not only within our school community but also in the world beyond. I wish that you embark on your leadership journey with unity and purpose and wish you all the very best!

Thankyou! *Kirthi Reddy* 



**Exploration-based learning** is an active learning approach which helps children learn through curiosity and inquiry. Learning through exploration as a process changes the way one approaches a particular situation.







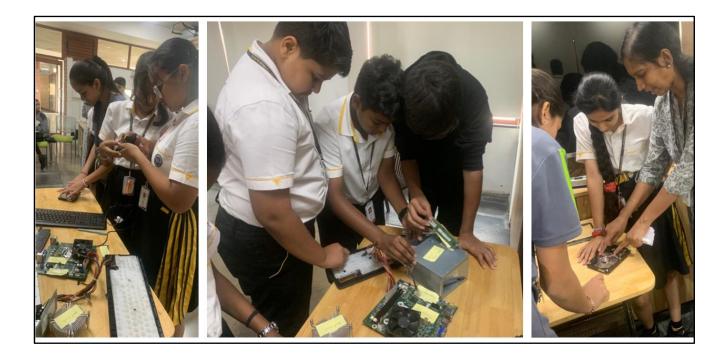


#### **Unlocking Computer Secrets**

by Grade 8 students:

Dive into the computer's core: the motherboard, its brain (CPU), memory (RAM), and storage. Discover the hidden world inside the casing where these components collaborate. Input devices (keyboards, mice) communicate, while outputs (screens) bring the computer's magic to life









#### **Global Perspectives** is a

unique, transformational programme that helps students at every stage of school education develop outstanding transferable skills, including critical thinking, research and collaboration. Students of grade 6 presenting their projects









**Debates** promote problem solving and innovative thinking and help students to build links between words and ideas that make concepts more meaningful.

Grade 8 students debating in English class on the Topic: Can Artificial Intelligence replace teachers?









**Assessments** integrate grading, learning, and motivation for students. Students engrossed in writing their Unit Tests.





















Through **life skills** education, children not only learn how to respond appropriately to their health and well-being, but also how to develop a thorough understanding of the biological, psychological, and social factors that influence their development. First aid, Fireless cooking and Rakhi making sessions for students.









**Experimenting** in a science lab helps students develop better memory power. There is always an active involvement of both hands and mind while experimenting as opposed to rote memorization of facts. Grade 9 Students verifying Hooke's law and Parallelogram law in Physics lab.





#### In the STEAM and Robotics

class Grade 8 learners were asked to explain the real time applications of Forces and motion in the Automobile industry and challenged to design a working model which demonstrates the application of forces and motion, and learners came with the variety of examples and designs using LEGO building blocks and presented how concepts have been applied for the functioning of cars.









#### Independence Day Celebrations

**A**s we gathered in the school football ground for celebrating the Independence day...

... I am reminded of a profound truth beautifully encapsulated by the words of Sarojini Naidu: "À country's greatness lies in its undying ideal of love and sacrifice that inspire the mothers of the race." These words resonate deeply within us, as we stand on the soil that has witnessed the cradle of the human race, the birthplace of human speech, and the custodian of history, legend, and tradition. Mark Twain once marveled at India, acknowledging that our nation holds the most valuable and instructive materials in the history of mankind. Indeed, we are inheritors of a legacy that stretches across time and space.

India- a mosaic of diverse individuals, each uniquely different, yet united by an unbreakable thread of identity. Just as a canvas is adorned with countless colors, we, too, come from various walks of life, cultures, and backgrounds. But, my friends, what binds us together is more than just the land we share. It's the spirit of unity and pride that courses through our veins, connecting us as proud Indians.

In the grand tapestry of our nation, we are like threads woven together, each with our distinct patterns and textures. Yet, when we step back, we witness a magnificent and harmonious masterpiece – the symphony of India. Our nation's diversity is a treasure, a reflection of the rich tapestry that is India. From the snow-capped Himalayas to the sun-kissed shores of Kanyakumari, from the bustling streets of Mumbai to the serene valleys of Kashmir, our land is a palette of cultures, languages, and traditions. But remember, my friends, it is not our country that makes us Indians; it is we who make our country. Each act of kindness, every display of resilience, and all moments of unity contribute to the tapestry of patriotism that adorns our nation's heart. Today, as we stand here under the same sky, breathing the same air, and sharing this moment, we must recognize the power we hold as proud Indians. Our unity is our strength, our diversity is our heritage, and our love for this land is our driving force.

As we embrace ourselves as students and as proud Indians, let us pledge to nurture the flame of patriotism within us. Let it burn brighter with every small act of service, every moment of understanding, and every instance of unity. Together, we are the stewards of a legacy that dates back millennia. Let us carry this torch forward, guiding our nation towards greater heights with unwavering love and undying sacrifice.

In conclusion, my friends, let us remember the words of Sarojini Naidu and Mark Twain, let us celebrate our diversity, and let us embrace our shared identity as Indians. The journey of patriotism begins with us, and as we stand side by side, each of us a unique note in the symphony of India, let our voices rise in unison, echoing our commitment to a stronger, united, and glorious nation.

Aditi panikar Aditi Gudanti Grade 9B





#### A story about respect

A farmer once insulted his neighbour. Some time later the farmer realized his mistake and went to apologize to his neighbour. His neighbour gave him a bag of feathers and said: "Go and put the feathers from this bag in the centre of town." The farmer immediately agreed and went to the centre of the town, placed a few feathers and went back to his neighbour. "Go to the centre of town and put the feathers back in the bag and bring them to me, " said the farmer's neighbour. The farmer once again went to where he put the feathers. Not able to find the feathers, he went back to his neighbour. His neighbour said, "The same thing is true about your words. You dropped them and now won't be able to get them back." The farmer, feeling guilty, went back to his house and he and his neighbour never spoke again.

#### By Akira. G

#### CI 6D





Ex-students of IGCSE-Rahul and Abdul sharing their views on the importance of making study schedules and their **experiences** of preparing for IGCSE Board Examinations.









Grade 7 students' field trip to **Chowmahalla Palace** which is unique for its style and elegance.







Students of Grade 8 visited to **Birla planetarium** which regularly holds sky-shows to dispel the heavenly myths, propagate the basic concepts of astronomy and also train the amateurs to appreciate the grandeur of the night sky.

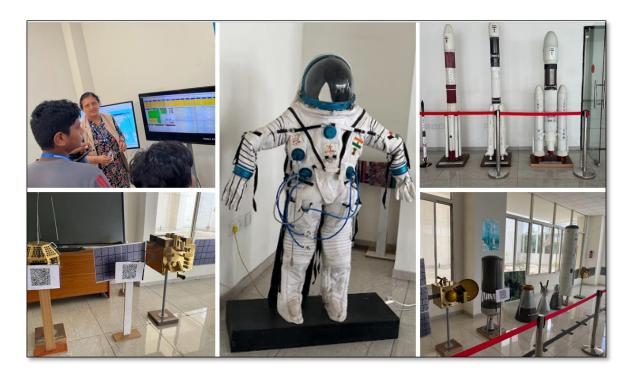






Visit to National Remote Sensing Centre(**NRSC**) by Grade 9 students, helped them to know more about satellite escape velocity, launching of satellites and importance of pre-planned series of action.









### स्वतंत्रता दिवस

15 अगस्त भारतवर्ष का राष्ट्रीय पर्व है। हमारा देश सन 1857 से सन 1947 का स्वतंत्रता संग्राम लड़ने के पश्चात 15 अगस्त 1947 को ब्रिटिश शासन से आजाद हुआ एवं एक स्वतंत्र राष्ट्र बना। इसीलिए भारतवासी इस दिन को "स्वतंत्रता दिवस " के रूप में बहुत ही धूमधाम और हर्षोल्लास से मनाते हैं।

> आओ झुक कर सलाम करें उन्हें, जिनकी जिंदगी में मुकाम आया है, किस कदर खुशनशीब है वो लोग, जिनका लहू भारत के काम आया है !!

हमें और हमारे देश को ब्रिटिश शासक से यह आजादी इतनी आसानी से नहीं मिली है। देश की आजादी पाने के लिए बहुत से क्रांतिकारी सेनानियों ने अपने जीवन का बलिदान दिया। महात्मा गांधी,सुभाष चंद्र बोस, मंगल पांडे बाल गंगाधर तिलक, पंडित जवाहरलाल नेहरू,लोकमान्य तिलक,लाला लाजपत राय और खुदीराम बोस आदि अनगिनत महापुरुषों ने इस आजादी को पाने में अहम भूमिका निभाई। आजादी की लड़ाई लड़ने के लिए महात्मा गांधी ने सत्याग्रह आंदोलन चलाया और कई बार तो उन्हें जेल भी जाना पड़ा लेकिन उन्होंने हार नहीं मानी। उनका एकमात्र लक्ष्य भारत देश को ब्रिटिश शासन से आजादी दिलाना था। अंग्रेजों के अनेक अत्याचार सहने और संघर्ष करने के पश्चात वह सफल हुए। 15 अगस्त 1947 भारत के इतिहास में स्वर्ण अक्षरों में लिखा गया। इसी दिन देश के आजाद होने पर भारत के प्रधानमंत्री पंडित जवाहरलाल नेहरू ने लाल किले पर तिरंगा झंडा फहराया था। आजादी के बाद भारत देश बहुत उन्नति कर चुका है। 15 अगस्त भारत के गर्व और सौभाग्य का दिवस है। यह पर्व हमारे हृदय में नवीन स्फूर्ति ,नवीन आशा, उत्साह तथा देश भक्ति का संचार करता है। स्वतंत्रता दिवस हमें सदा इस बात की याद दिलाता है कि हमने कितनी कुर्बानियाँ देकर यह आजादी प्राप्त की है। अतः इसकी रक्षा हमें हर कीमत पर करनी चाहिए। चाहे इसके लिए हमें अपने प्राणों का त्याग भी क्यों ना करना पड़े। इस प्रकार हम स्वतंत्रता दिवस के पर्व को पूर्ण उत्साह, उमंग और जोश के साथ मनाते हैं और राष्ट्र की स्वतंत्रता और सब भक्तों की रक्षा का प्रण लेते हैं।

### भूल ना जाना भारत माँ के वीर सपूतों का बलिदान । इस दिन के लिए जो हुए थे हँसते -हँसते कुर्बान। आजादी की खुशियाँ मनाओ और शपथ यह लो आज। बनाएंगे अपने भारतवर्ष को पूरे विश्व में सबसे महान ॥

*हिंदी अध्यापिका* निशा शर्मा



### National Sports Day celebrations on August 29th @ Gaudium

















### Independence day Celebrations on August 15th @ Gaudium

















## Mindfulness and Wellbeing

Session **on developing personal and interdisciplinary behavior** for Grade 10 students









# Mindfulness and Wellbeing

Group sessions for Grade 8 students on **Self respect** 









### Mindfulness and Wellbeing

#### **Healthy Habits for Exam Success**

With exams just around the corner, we want to provide our students with valuable insights into maintaining their well-being while striving for academic excellence. In this Newsletter, we focus on "Healthy Habits for Exam Success," offering tips and strategies to help our students perform their best while prioritizing their health.

1. Prioritize Sleep for Peak Performance:

Getting enough sleep is crucial for cognitive function and memory consolidation. Aim for 7-9 hours of quality sleep each night. Create a consistent sleep schedule and avoid screens before bedtime to ensure better rest.

2. Nourish Your Body and Brain:

Fuel your body with nutritious foods that support brain function. Opt for balanced meals rich in whole grains, lean proteins, fruits, vegetables, and healthy fats. Stay hydrated with water throughout the day to maintain focus and energy levels.

3. Incorporate Physical Activity:

Regular exercise helps reduce stress, improve mood, and boost brain function. Even a short walk or quick workout can enhance concentration and overall well-being.

4. Plan Effective Study Sessions:

Break your study sessions into manageable chunks, usually 25-30 minutes, followed by a 5minute break. During breaks, stretch, hydrate, or do a quick mindfulness exercise to recharge.

5. Stay Organized:

Keep your study materials organized to minimize stress and save time. Create a study schedule, use tools like planners or apps, and keep your workspace clutter-free.

6. Practice Mindfulness and Stress Reduction:

Incorporate mindfulness techniques into your routine, such as deep breathing, meditation, or



Cambridge Assessment International Education

yoga. These practices can help manage anxiety and enhance focus.

7. Engage in Regular Breaks:

Taking short, purposeful breaks during your study sessions can prevent burnout and increase productivity. Use breaks to step away from your desk, stretch, or engage in a relaxing activity.

8. Connect with Supportive Peers:

Join or create study groups to discuss and share ideas. Collaborative learning can help you understand concepts better and provide emotional support.

9. Embrace a Growth Mindset:

Believe in your ability to learn and improve. View challenges as opportunities to gain experience rather than obstacles to overcome.

10. Practice Positive Self-Talk:

Replace negative thoughts with positive affirmations. Remind yourself of your past successes and your capacity to succeed in your exams.

11. Get Fresh Air:

Spending time outdoors can boost mood and creativity. Take short breaks outside, and if possible, study in a well-lit, ventilated area.

Remember, success is not only about the destination but also the journey. By prioritizing your health and well-being during your exam preparation, you're setting yourself up for success both inside and outside the classroom.

Wishing you all the best as you prepare for your exams. Stay healthy, stay positive, and remember that your teachers are here to support you every step of the way.

**Leonie Marchall** 

**HOD of ILD Team** 

School Counsellor



International Award for Young People(IAYP )is a

globally recognized selfdevelopment program for students aged between 14 to 25. This program aims to offer young people new skills, make them experience new challenges, find new friends, and access new cultures around the world. Students of Grade 9 having a virtual session with **Mr. Juzer Shaikhally**, Assistant Regional Officer in The Duke of Edinburgh's Award Scheme.









Curriculum specific **meetings** allows the team to be informed about the upcoming events, while building trust and empowering them to help guide the students





Session by Ms. Katyayani on how to enter marks in the **report card** on EMS





**Stress management** sessions for Grade 10 students and teachers enlightened them about making a plan to be able to cope effectively with daily pressures. The ultimate goal is to strike a balance between life, work, relationships, relaxation and fun.





















Strengthening bonds with parents to channelize students' potential, in the **Three Way Conference** for Grades 6-10 on August 12th





Career counselling is a process that helps individuals identify and explore career options, make informed decisions about their future, and develop strategies to achieve their goals. Our **Career Counselor** organized a session for the students with the help of Gradvine, where the students got to know the different career options that are available in different fields



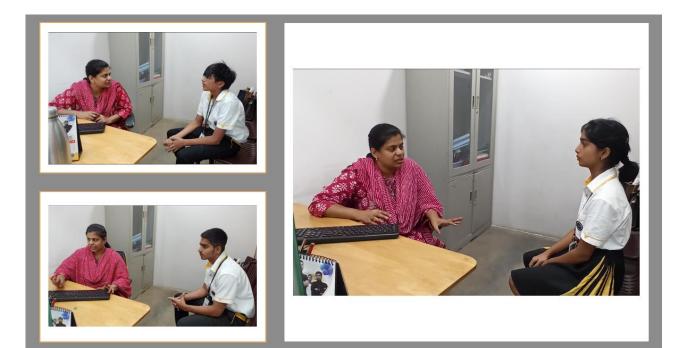






One-One career session

**Career Counselling** helps them understand their own strengths and weaknesses about their present course or profession and lets them know what career they would be suited for. Our school's Career Counsellor held one on one sessions with **Grade 10** CIE students to further disseminating information on country wise applications and entrance exams that students need to take and a chalking out timelines to achieve their goals. Students gain knowledge about university requirements for both Indian and abroad Universities. By attending these sessions, the students are aware of the importance of academic performance, how to build their profile by attending the extra and co-curricular activities.







#### **Michigan Colleges Alliance:**

The Michigan Colleges Alliance (MCA) works to strengthen the shared capacity of 14 leading independent, four-year colleges and universities grounded in a liberal arts and sciences tradition, broaden college choice and access in Michigan, and foster career outcomes for MCA graduates.

As you are aware, The Gaudium School is now affiliated with the Michigan College Alliance, our career counselor has organized a session with the officials to understand more about the access MCA and their modules.





Connecting with Michigan College Alliance



### Diplomathon - Students training session

For the first time, students participated in the **Diplomathon** World symposium held at The Glendale academy, which encourages students to voice opinions and cultivate crucial life skills that enable them to be better global citizens. This program facilitated the development of analytical thinking skills, enhancing communication skills, and fostering the development of interpersonal skills so that participants can formulate solutions that will have a global impact.









### Diplomathon Attendees from Grades 7 & 8







Inter House dance competition @ The Gaudium on August 10<sup>th</sup> .

















Attending a university fair is an opportunity to get a better idea of what university admissions officers are looking for. It is a great opportunity to meet representatives from lots of universities all in one place and get answers to all your questions about university admissions, course content, study options, undergraduate careers, and more. At Gaudium, our career counselor Ms. Mahitha Sammeta held a university fair and 50 universities across the globe participated. It was an interactive session for the students and parents where all their queries were answered.







### Investiture ceremony

















Date	Day	Event	Grade
1 <sup>st</sup> Sep & 2 <sup>nd</sup> Sep	Friday & Saturday	TGSMUN	Grades 8 to 10
5 <sup>th</sup> Sep	Tuesday	Teachers' Day Celebration	Grades 6 to 10
7 <sup>th</sup> Sep	Thursday	Sri Krishnashtami Holiday	Grades 6 to 10
8 <sup>th</sup> Sep	Friday	International Literacy Day	Grades 6 to 8
12 <sup>th</sup> Sep	Tuesday	International Mindfulness Day	Grades 6 to 10
14 <sup>th</sup> Sep	Thursday	Term 1 Examination begin	Grades 9 & 10
15 <sup>th</sup> Sep	Friday	Term 1 Examination begin	Grades 6 to 8
18 <sup>th</sup> Sep	Monday	Ganesh Chaturthi Holiday	Grades 6 to 10
19 <sup>th</sup> Sep	Tuesday	Preparatory holiday for exam	Grades 6 to 10
29 <sup>th</sup> Sep	Friday	Term 1 Exam end	Grades 6 to 10





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