



# PRISM

Cambridge International Edition

# Message from Principal

**Dear Parents,**

I wish you and your family an excellent vacation season. Our students are now at home, relaxing with you, and this gives you a unique 'bonding' opportunity to get to know your young adolescent or teenage children better.

We were delighted to have an Academic Excellence Awards ceremony towards the end of the academic season and congratulate every family for the achievements of their children. Your support at home is as important as any academic input that the school will give, to make your child a winner. Winning, they say, is a team effort!

We had some eminent doctors for the "Talking Titans" at school, as part of professional development for the staff.

Dr. Divya Devulapally, MPsych, and a member of the Royal College of Psychiatry gave some significant points on Time Management which I share with you and your family-

- KNOW YOUR LIFE GOALS
- RANK YOUR PRIORITIES
- PLAN AND WRITE IT DOWN
- DELEGATE TASKS
- DON'T PROCRASTINATE
- LEAVE SLACK IN YOUR TIMETABLE
- LEARN TO SAY NO
- ONE THING AT A TIME
- IDENTIFY YOUR PRIME TIME
- OVERCOME PERFECTIONISM
- PLAN YOUR BREAKS.

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As far as Handling Criticism, at home or in the workplace, here are a few valuable suggestions from her-

- Control your reaction
- Don't take it personally
- Process the criticism avoiding defensiveness and excuses
- Articulate what you plan to do differently
- Give yourself grace- there is always something to learn from the experience
- Show appreciation for the feedback
- Apologise conservatively
- Don't dwell on the criticism.

How about giving criticism constructively-

- Choose the right time and place
- Stay calm and speak slowly
- Focus on specific behaviour; avoid sweeping generalisations

# Message from Principal

- Avoid bringing up items from the past
- Acknowledge the positive first-Sandwich the corrective statement
- Do not use labels, stereotypes and insults.
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- Do not use labels, stereotypes and insults.

Holidays are opportunities for the family to travel together to absorb the wonders of the world, read and watch movies that will always be archived as 'The best family books and

movies ever' and just conversing with your children to get to know their thoughts, aspirations, fears, doubts and dreams.

Share your thoughts, opinions, wins and losses in life, your dreams and dares....reveal that Trust is the glue to your relationship with your child.

We will be gearing up for a fresh new experience for our students from June 2023. Till then, au revoir!

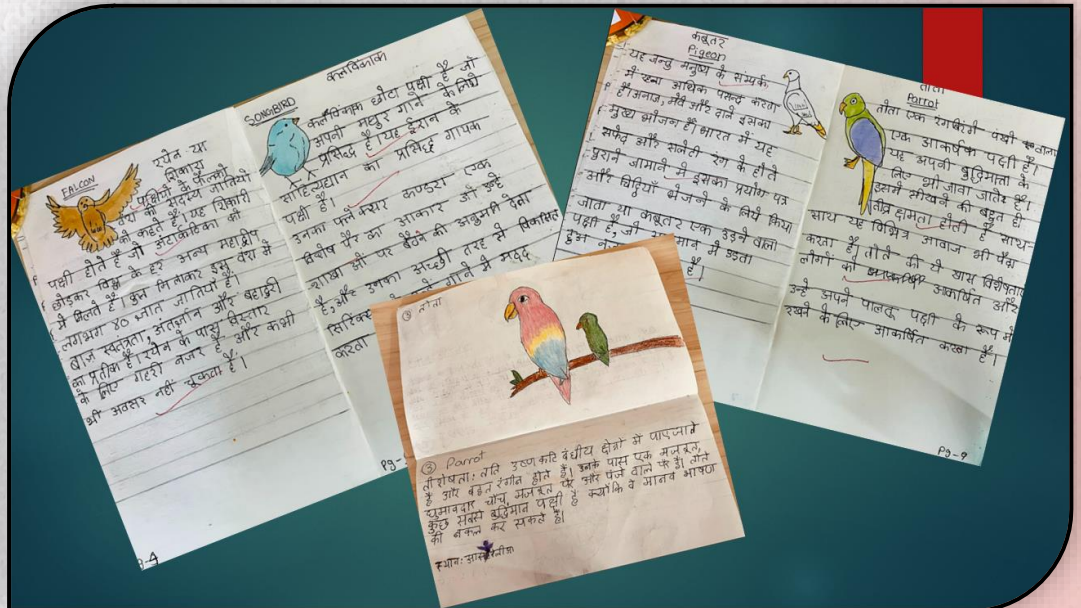
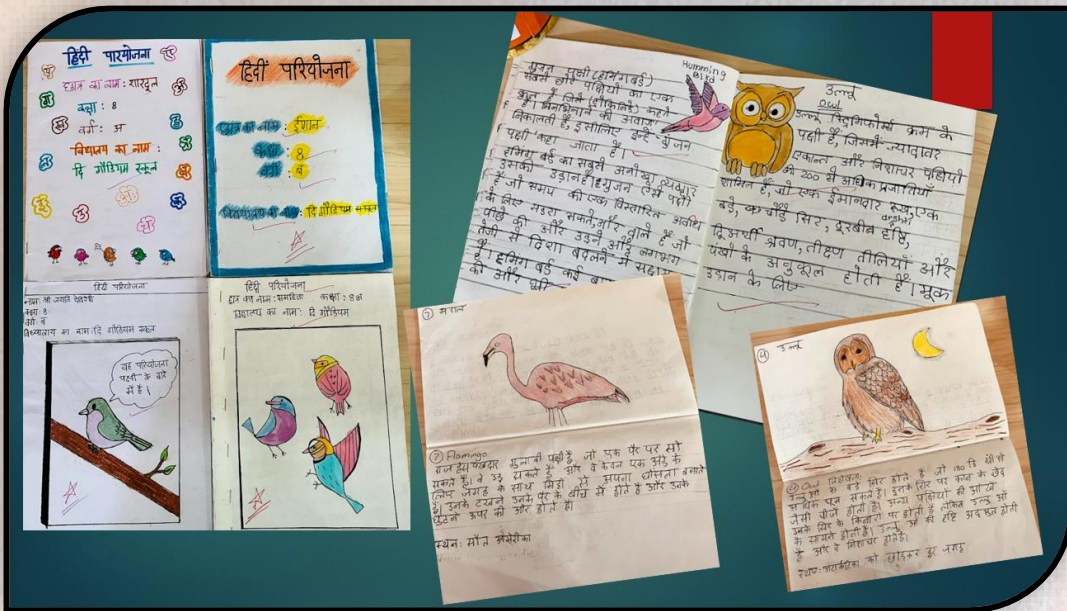
**Sudeshna Chatterjee**

**Head- MS&HS**

# Holistic Excellence

## हिंदी परियोजना कार्य

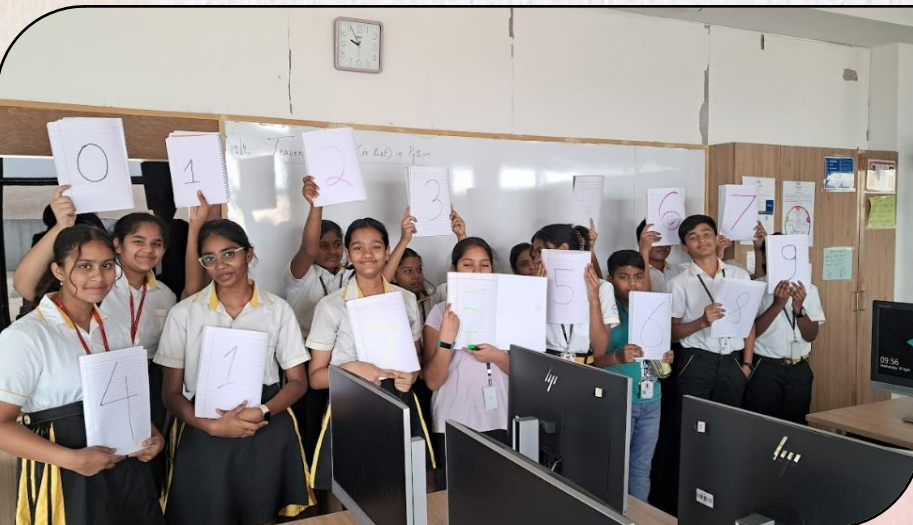
**आलेख :** छिप-छिप कर दूसरों की भाषा सीखती है चिड़ियाँ के अंतर्गत छात्रों को परियोजना कार्य कराया गया। जिसके माध्यम से छात्रों ने पक्षियों से संबन्धित नए-नए तथ्यों के संग्रह करने का अभ्यास किया। छात्रों में विषय से संबन्धित तथ्यों को एकत्रित करने के लिए अन्य पुस्तकें तथा पत्र-पत्रिकाओं को पढ़ने की रुचि विकसित होती है। परियोजना के अंतर्गत छात्रों ने लेखन संबंधी नई-नई शैलियों का अभ्यास तथा प्रयोग करना सीखा। सभी छात्रों ने बड़े ही उत्साह के साथ गतिविधि में अपनी भागीदारी दिखाई।



# Holistic Excellence

## Singapore & Asian Schools Math Olympiad

Singapore & Asian Schools Math Olympiad, SASMO, is one of largest Math Olympiad competitions in Asia. More than 250,000 participants from over 10,000 schools participated in SASMO to date. SASMO caters to the top 40% of the student population and it aims to arouse students' interest in mathematical problem solving to develop mathematical intuition, reasoning, logical, creative, and critical thinking. This year, The Gaudium School took the thoughtful initiative to motivate students to participate in SASMO. Over 80 students across all curricula participated in the Olympiad on April 13, 2023. All participants will receive an online performance report which analyses their capabilities across different topics and benchmarks their performance with other participants in the same grade and country/territory.



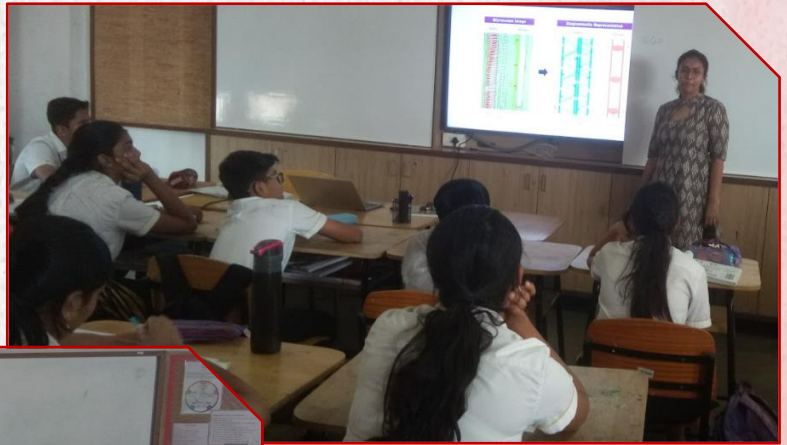
## Understanding Arrays...

Students of grade 8 learning characteristics of Arrays in their computing classes

# Holistic Excellence

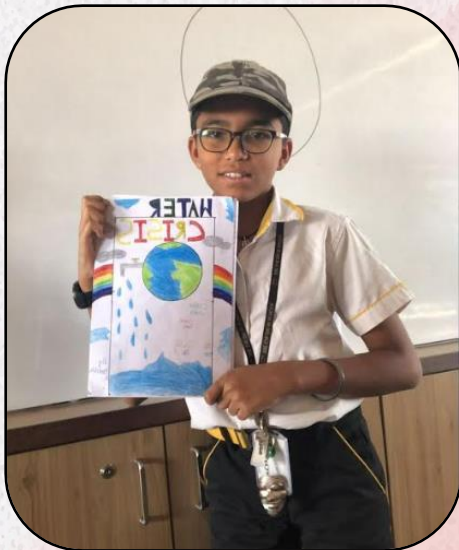
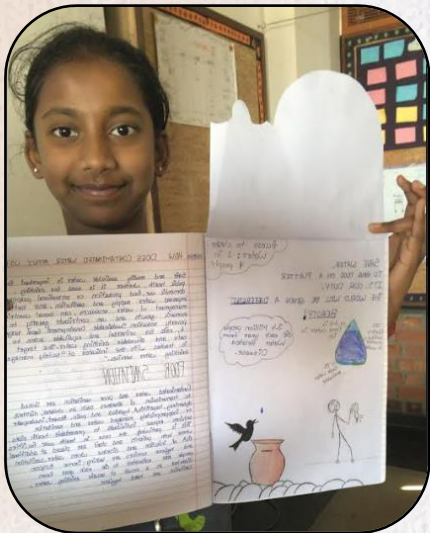


"Learning is not attained by chance, it must be sought for with ardor and attended to with diligence."



# Holistic Excellence

Global Perspectives –  
Presentations by  
students



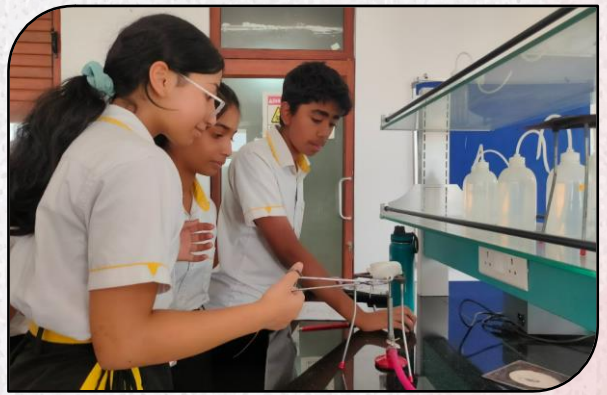
Volcanic eruption  
activity by Grade 8



# Holistic Excellence

## Experiential Science Lessons

Our students exhibit the brilliance of an inquirer who explores, investigates and infers to complete the understanding of every Science lesson. It nurtures intellectual curiosity, helping children acquire new ways of asking questions and understanding the world.



# Holistic Excellence

## Checkpoint Examinations 2023

The Cambridge Assessment International Education is based on the British curriculum, but adapted for a more internationally-focused student-body with a wide range of available subject choices and a specific assessment pattern. It helps the students to analyse their strengths and challenges in the core subjects, English, Mathematics and Science. It also lends a clear understanding of the curriculum for students' success in the board examination and beyond. The students of Grade 8 CAIE undertook the Checkpoint Examinations this month.



# Holistic Excellence

## Academic Excellence Awards 2023

**I**t was so rightly said by Aristotle that 'Excellence is never an accident. It is always the result of high intention, sincere effort, and intelligent execution; it represents the wise choice of many alternatives - choice, not chance, determines your destiny.'

Keeping this view in mind, it is imperative that we reward every effort that leads to excellence. On April 19, 2023 achievers of the Academic Session 2022-23 were lauded. In recognition of their academic performance, the class toppers and subject toppers of Grades 6-12 across all curricula were presented with Certificates of Excellence by the Principal, Ms. Sudeshna Chatterjee, the Academic Coordinators and the Heads of Department.

The joy resplendent on the faces of the students being awarded and the pride evident in the demeanor of the teachers were incredible moments of enjoying the fruits of one's relentless efforts. In her address, the Principal rightly enumerated that excellence was a prevailing attitude and every student had had the innate capability to attain their aspirations, only if they believed in themselves. She also emphasised how dedication, discipline and complete adherence to the Student Code of Conduct inevitably shapes the destiny of every student at The Gaudium School.



# Holistic Excellence

## Academic Excellence Awards 2023



# Holistic Excellence

## Academic Excellence Awards 2023



# Core Values

## Healthy Use of social media and Mental Health

With Summer Break coming in and our kids getting more intelligent and technology-pro, it becomes essential to make them aware and cautious about social media's benefits and ill effects. Sessions were conducted for students in grade 7 Cambridge where they were asked to brainstorm the various social media platforms that are used, especially those which are used by students.

The class was made into groups, and discussions were done on how social media helps us connect, grow, learn, be associated with a global cause and be in the loop with things that are happening globally and locally in every field of life. Students were able to be aware of how it fun is to be on social media but also how important it is to maintain Privacy, be cautious of what is being posted and be aware of cyberbullying, scams and other harmful social media. The impact of prolonged usage of social media was emphasised and how it affects our brain, attention and memory capacity along with our mood, behaviour and social relationships was highlighted.

Students were asked to write/ reflect on what they took away after the session.

Meenakshi Moorjani ( School Counsellor )



# Core Values

**It's Summertime!!**

The last day of school before the summer break began with sparkling imaginations, fertile minds, and a willingness to take risks with what they think. It was a memorable first day at school; The teachers put their creative energies to the forefront and made the occasion memorable with their engaging game ideas for circle time. Within moments our classrooms converted into sumptuous snacking zones. Doubly enthused by the prospect of a fun-filled day of several ice-breakers that encouraged candid conversations, was indeed an opportunity for the faculty members to build a sociable environment conducive to learning all the year round.



# Core Values

## Class Assembly



# Core Values

Celebrating Dr. B.R. Ambedkar Jayanti



# Mindfulness and Wellbeing

## Mindfulness Sessions

Mindfulness practices—including focused breathing, open awareness, loving-kindness, and others help teachers use strategies in the classroom, whether they want to invoke a sense of mindfulness in the classroom or to become a more mindful person, in general. These practices can help a teacher to slip into a mindful presence when it's most needed, allowing us to pay better attention to the learning environment and our students' needs within the classroom. Non-judgmental awareness is an important aspect of mindfulness, too—one that involves accepting things as they are in the present moment. When we first practice mindful awareness, we often notice how hard it is not to judge. But, as we observe ourselves engaging in judgment, we become more aware of it in the moment, our mind begins to settle, and eventually our tendency to judge subsides. These practices have proved beneficial for all stakeholders of The Gaudium School.



# Mindfulness and Wellbeing

## Mindfulness Sessions



# Mindfulness and Wellbeing

## Mindfulness and Well-being Sessions for Staff

Inclusive education at The Gaudium is about ensuring access to quality education for all students by effectively meeting their diverse needs in a way that is responsive, accepting, respectful and supportive. Students participate in the education program in a common learning environment with support to diminish and remove barriers and obstacles that may lead to exclusion. To enrich our knowledge of inclusion in education **Dr. Divya Devulapally** from Chetna Hospital conducted a session on understanding the teenage brain and dealing with students with ADHD.

Dr. Divya also conducted an enriching session on 'Work-Life balance'. It included the following solutions to better help manage stress, time and personal and professional balance.

- Achievement and Enjoyment as the basis for life-time goals
- Accepting responsibility for your own work and life results
- Staying in focus despite interruptions
- A method for staying in balance every day
- Improved productivity through quick and effective planning and organization
- Connecting daily activities to work-life goals • Strategies that improve team communication
- Effectively adjusting your work-life balance over time

Life places many demands on our time and energy and work-life balance can feel like an unrealistic dream. But, Dr. Divya, emphasised that harmonising with work is an activity that you continually engage in as you make corrections throughout your life. Balance becomes the harmonious integration of all aspects of your life. Additionally, **Dr. Mallikarjun**, highly experienced urologist and one of Hyderabad's best robotic surgeons, currently associated with Citizens Hospital acquainted and cautioned us about urological health. He carefully outlined the precautions, preventions, causes and cure of kidney stones and other related kidney disorders. In an interesting video presentation, he also demonstrated a robotic surgical intervention

# Mindfulness and Wellbeing



# Stakeholder Engagement

## Professional Development Sessions

The Gaudium Staff have been experiencing thoroughly enriching professional development sessions for the past few days. These sessions have created a platform for teachers to gain insight into the entire school system - the school vision, mission, philosophy, core values, 5 pillars - Gaudium Happy Mind model, school policies and an overview of the different curricula offered here, viz. CAIE, CBSE, IBMYP and IBDP.

Amongst all, the school policy review was the most noteworthy, it gave the teachers an opportunity to voice out their opinion. The team critically evaluated the existing policies and suggested amendments for the upcoming academic session. Teachers playing an integral role in designing the school policy is one of its kind experience and we were proud to be a part of it.



# Global Leadership

**Career counselling** is an essential factor for identifying real potential and guiding students onto the right career path. Profile building is one of the most important factors in college applications. To help the students in this process, a career counselling session was organised with the alumni of MIT and Columbia University on the topic of "How to Create a Profile to Stand Out in Top Global Universities". Mr. David explained to the students what matters to make their profiles stand out, and he also shared case studies of students with excellent profiles, enrolled in prestigious international universities and enumerated the key areas on which they should concentrate in order to build their profiles. The students had a productive session, and were happy to have their queries answered the experts themselves.



# Global Leadership

## Arizona University-Career Counselling Session

It is crucial for high school students to get timely support and counsel for their future career path is imperative. At the Gaudium, we believe that it is important to start career planning from a young age as it guides the students in the right direction. To help the students in the university selection process a career session was organized with Arizona State University. ASU has five campuses, and they offer more than 800-degree programs, both at the undergraduate and graduate levels. According to US News and World Report, ASU stands at #1 for innovation.

Mr. Miles Compos, Director of Arizona State University recruitment and Applicant Success who has many years of experience working in international initiatives at ASU as well as in managing international education programs for the US government. He visited our campus and conversed with the students about the majors that the university offers along with the entry requirements. He also gave the students valuable advice on essay writing skills, which is one of the most important criteria and will give them an edge over the others.



# Global Leadership

**The Crowning Moment of Glory- Graduation Day 2023**

It was a grand celebration to solemnise the Graduation Day for the outgoing batches of Grades X and XII, 2023. It featured dreams that are bigger than our fears, actions louder than our words, and faith stronger than our feelings. In a splendid ceremony the students received their graduation laurels. Proud Valedictorians , and Salutatorians, in their eloquent address dedicated their success to the untiring efforts of the teachers and expressed gratitude for the world-class prospects provided by the school. Join us in congratulating the students on their well-deserved success!



# Global Leadership

## The Crowning Moment of Glory- Graduation Day 2023



# Global Leadership

**G**ood morning, everyone, Respected Founder and Director Ms. Kirthi Reddy, CEO Mr. Ramakrishna Reddy, Middle and High School Principal Ms. Sudeshna Chatterjee, IB PYP Principal Ms. Anjalika Sharma, Segment Co-ordinators, Associate coordinators, my beloved Teachers, members of the administrative team and my dear friends.

I Praharshita Nunna, am honored to stand here today as the Valedictorian of the class of 2023. But let me emphasize on the fact that it was not solely my efforts, but also the untiring efforts of my teachers, who have been my guiding hands. I take this opportunity to thank my teachers who truly cared about us and taught us with passion. From clarifying the smallest doubt to explaining the same topic for the umpteenth time, they've done it without complaint. They would always go an extra mile by showing us videos, taking us to labs so we'd have a more interactive way of learning and conducting extra classes to make sure we are confident with what we have learnt.

The school has also played a vital role in our holistic development by giving us opportunities to participate in events like Annual days, sports days, farmers markets, student body elections, MUNs, academic fairs, guest talks, mindfulness and career counseling sessions, to name a few. My parents and my sister were also the strongest pillars of support, they would always be there when I needed them despite their busy schedules.

Every student faces obstacles throughout their academic year, however we as a class had to face the most trying of times. The COVID-19 pandemic had affected the education sector gravely, we were faced with a new change in dynamics, a transition to online learning. Online schooling was never a norm any of us would've expected to face in our school life, yet we did and we had to learn to adapt, to change and to ACCEPT, and let me tell you it was no mean feat.

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In a world filled with endless distractions, where social media influences and sets unrealistic standards' each one of us asks ourselves if we have to live up to it. In a world where everything, from what you say to what you do is judged, it takes tremendous amounts of sheer will to believe in oneself. We made mistakes along the way, we failed along the way, but we also learned to learn from them, and not let them keep us down. And today I take this opportunity to thank each one of you who stood by me in all those trials and tribulations.

As this chapter of my life comes to an end, I can't help but think of how graduation is just a sneak peek into what real life has to offer, and I admit the mystery of what our future holds for us is scary. But I'm certain all of us are ready to take the challenge head-on. Congratulations class of 2023, I wish you all the very best and may luck be on your side for all your future endeavors. And once again thank you, for being the reason I'm not leaving here today with just a piece of paper rather along with a suitcase full of memories. Thank you.

**Praharshita Nunna**

# Global Leadership



**G**reetings friends, families, teachers and members of staff. We are gathered here today to celebrate the graduation of the IGCSE class of 2023. We all have struggled a lot to get here today. Coming out of the era of COVID and online schooling, let's just say my academic performance was subpar at best but turning that around involved a lot of people praying and sacrificing for my success in order for me to stand in front of you as the salutatorian of the class. Today I want to thank everyone involved in getting me here today, firstly my teachers who believed in me, saying that I had what it takes and that I just had to put my best foot forward, they were the ones who laid the map out to achieve excellence. I would like to thank my friends who made listening to classes more enjoyable, along with going through the stress of writing the exams as well as reflecting on the results so much easier, all while encouraging me to put in more work as I watched them putting their all their efforts towards these exams. Lastly but never the least I would like to thank my family especially my parents for helping me when I needed it the most. In the end all I want to say is the sacrifices that we made, the leap that was taken , it was worth it and I have no doubt in my mind when I say that our class is one of the smartest, funniest and charismatic classes there is and ever will be and I look forward to seeing my fellow classmates succeed in whatever their future endeavors may be in life.

**KARTHIK NUTAKKI**

# Global Leadership

## All Hands Meet

This month's All Hands Meet was all about recognizing the exemplary performances of the teaching and administrative staff in a grand ceremony amidst loud cheering of the thoroughly excited audience. The past year has highlighted the extraordinary efforts of teachers and staff and how they go the extra mile to support the students' learning. In recognition of this, the Senior Leadership Team lauded their efforts. Members of the academic and administrative teams were felicitated by the Founder & Director Ms. Kirthi Reddy and CEO Mr. Ramakrishna Reddy under the following award categories:

1. Best Class Mentor
2. Subject Virtuoso
3. Five Developmental Pillar Champions

In a unique ceremony, the Management also recognized the contributions of employees under the category of 'Long Service Awards'. These were emotionally charged moments for and we whole-heartedly thank the Management for this overwhelming gesture. Join us in congratulating all our star performers!



# Global Leadership



# Coming up next

Date	Day	Event	Grade
May 2 <sup>nd</sup>	Tuesday	June series IGCSE Board Examinations begin	Grade 10
May 25 <sup>th</sup>	Thursday	March series IGCSE Board Examination Results	Grade 10
May 29 <sup>th</sup>	Monday	Reopening Day for Teachers	
June 10 <sup>th</sup>	Saturday	Parent session	Grade 6
June 12 <sup>th</sup>	Monday	Reopening Day for Students	Grades 6-10
June 17 <sup>th</sup>	Saturday	Virtual Parent session	Grades 7-10

# Links

Our website:

<https://www.thegaudium.com/>

Learning blogs:

<https://www.thegaudium.com/the-learning-blogs/>

Facebook : For daily updates please like the page.

<https://www.facebook.com/thegaudiumschool/>

Sportopia registration link

<http://sportopia.thegaudium.com/pages/enquiries>

# Editorial Board

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