



PRISM

CBSE EDITION

Message From the Principal

Dear Parents,

I wish you and your family an excellent vacation season. Our students are now at home, relaxing with you, and this gives you a unique 'bonding' opportunity to get to know your young adolescent or teenage children better.

We were delighted to have an Academic Excellence Awards ceremony towards the end of the academic season and congratulate every family for the achievements of their children. Your support at home is as important as any academic input that the school will give, to make your child a winner. Winning, they say, is a team effort!

We had some eminent doctors for the "Talking Titans" at school, as part of professional development for the staff.

Dr. Divya Devulapally, MPsy, and a member of the Royal College of Psychiatry gave some significant points on Time Management which I share with you and your family-

KNOW YOUR LIFE GOALS

- RANK YOUR PRIORITIES
- PLAN AND WRITE IT DOWN
- DELEGATE TASKS
- DON'T PROCRASTINATE
- LEAVE SLACK IN YOUR TIMETABLE
- LEARN TO SAY NO
- ONE THING AT A TIME
- IDENTIFY YOUR PRIME TIME
- OVERCOME PERFECTIONISM
- PLAN YOUR BREAKS.

As far as Handling Criticism, at home or in the workplace, here are a few valuable suggestions from her-

- Control your reaction
- Don't take it personally
- Process the criticism avoiding defensiveness and excuses



Message From the Principal

- Articulate what you plan to do differently
- Give yourself grace- there is always something to learn from the experience
- Show appreciation for the feedback
- Apologise conservatively
- Don't dwell on the criticism.

How about giving criticism constructively-

- Choose the right time and place
- Stay calm and speak slowly
- Focus on specific behaviour; avoid sweeping generalisations
- Avoid bringing up items from the past
- Acknowledge the positive first- Sandwich the corrective statement
- Do not use labels, stereotypes and insults.

Holidays are opportunities for the family to travel together to absorb the wonders of the world, read and watch movies that will always be archived as 'The best family books and movies ever' and just conversing with your children to get to know their thoughts, aspirations, fears, doubts and dreams.

Share your thoughts, opinions, wins and losses in life, your dreams and dares....reveal that trust is the glue to your relationship with your child.

We will be gearing up for a fresh new experience for our students from June 2023. Till then,

Au revoir!

Sudeshna Chatterjee

Head - MS & HS



HOLISTIC EXCELLENCE

Math-o-Magic

Mathematics is fun when it is coupled with hands-on activities. Not only does it effectively engage the students, but it also makes learning permanent. Students, this month, demonstrated their understanding of symmetry through colourful presentations.

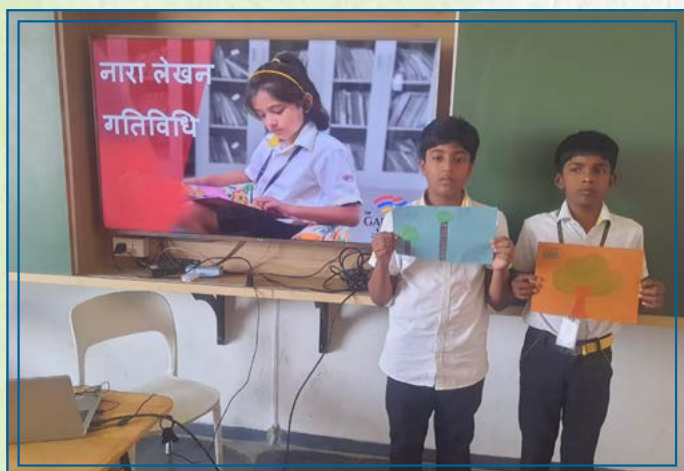
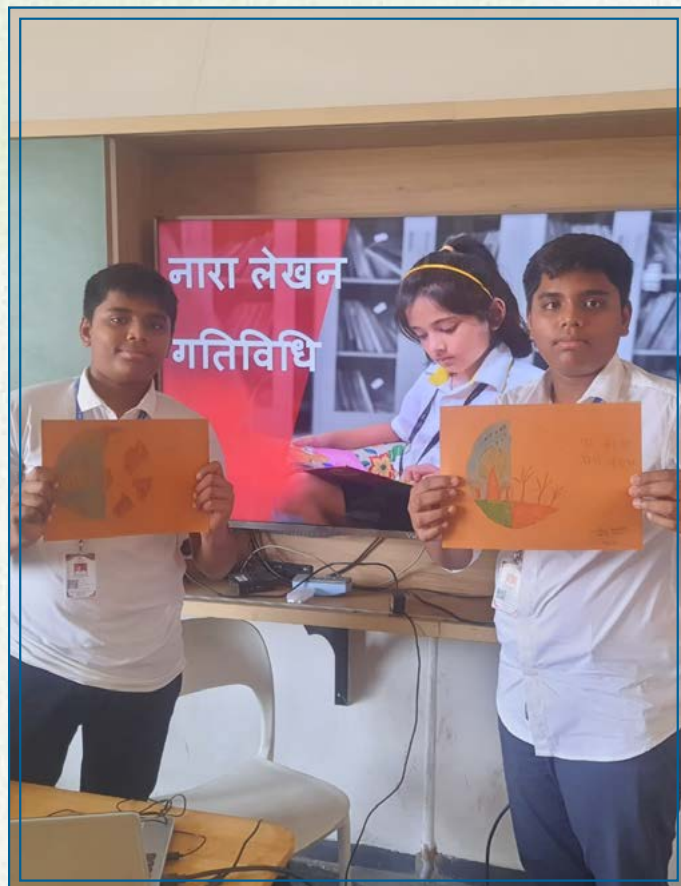
Activity 2	
Topic: Squares	
Aim - To explore patterns in square numbers!	
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HOLISTIC EXCELLENCE

Slogan Writing in the Hindi Class

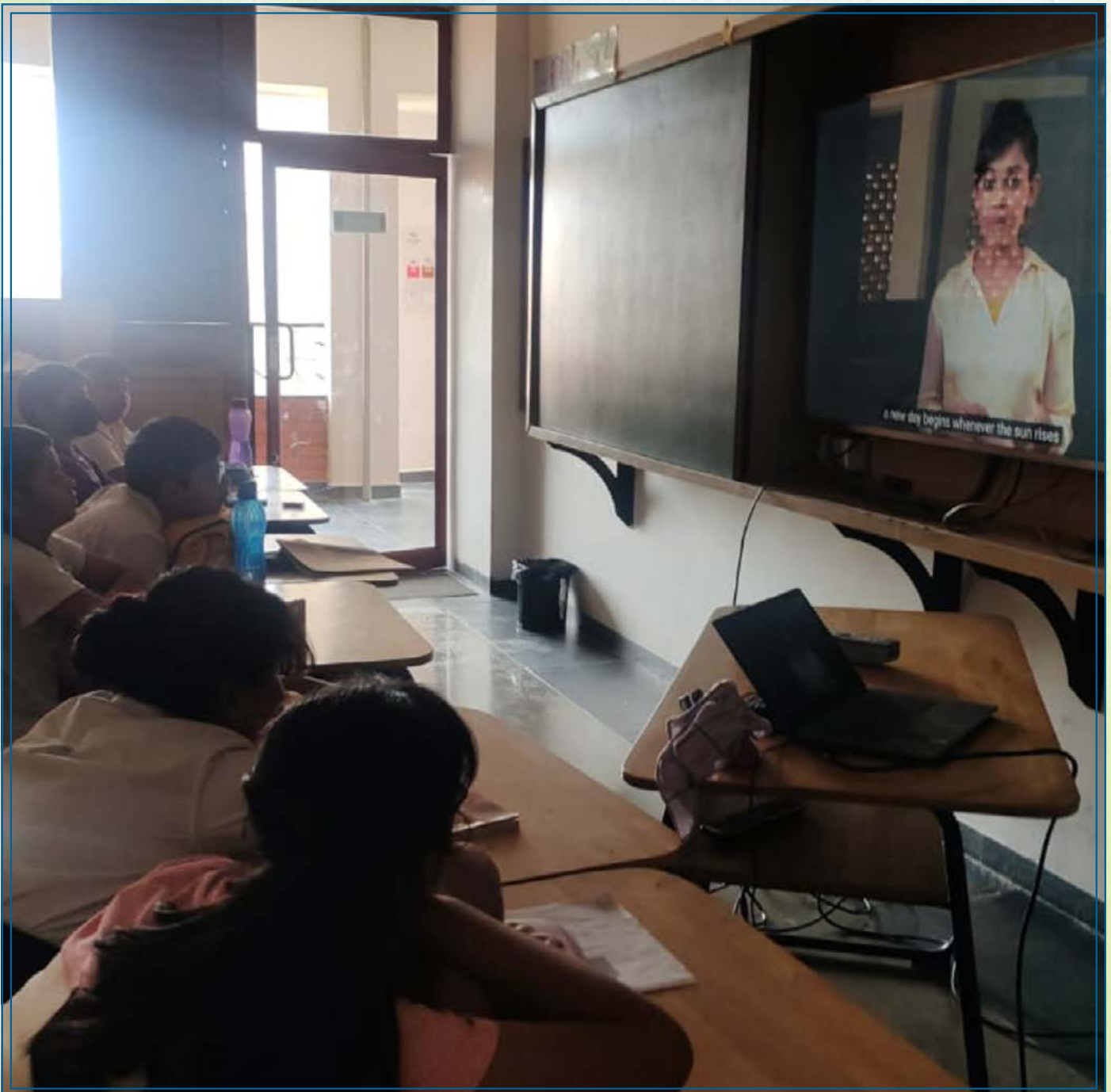
Slogan Writing activities increase the observational skills, response to thoughts, awareness, and concern of the students towards global issues. This month, the students of Class VIII created eye-catching slogans about preserving the gifts we receive from Mother Nature.



HOLISTIC EXCELLENCE

Use of Different Calenders

This was shown to make students understand why today Punjabis, Tamilians, Assamese Malyalis celebrated the new year but Maharashtrians, Kannadigas and Kannadigas celebrated a few days back. Why don't Ramazan and Diwali fall on the same day every year. What is Greogorian Calendar, Shaka era and many more interesting information.



CORE VALUES

Ambedkar Jayanti

Ambedkar Jayanti is celebrated to commemorate the birthday of one of the most prominent Indian civil rights activists, a renowned lawyer and a politician par excellence. In this year's Ambedkar Jayanti, we bowed in reverence to the creator of

modern India and remembered his contributions in the framing the constitution of the world's largest democracy. On this day, students and teachers, alike, participated in quiz contests that enlightened us with exciting information about the great man's life and works. It clearly enumerated that what matters most is to have a vision and the sheer dint of determination to realize it.



CORE VALUES

Morning Assemblies

Our morning assemblies are a time for reflection and a platform to express and exchange ideas directed towards achieving our vision. Our Class Assemblies usher endless possibilities of starting the day with mindful breathing exercises to put the body and mind at ease. Students reflect and jot down the joys of celebrating little things. We firmly believe the time spent on introspection during the assembly hour goes a long way in shaping the character of the young learners, and they are indeed taking a plunge in the right direction.



CORE VALUES

Life Skills Lessons

It is so rightly said, a stitch in time saves nine! Our Life Skill classes, this month came alive with the excitement of learning to sew buttons.



MINDFULNESS AND WELL-BEING

Mindfulness Sessions

Mindfulness practices—including focused breathing, open awareness, loving-kindness, and others help teachers use strategies in the classroom, whether they want to invoke a sense of mindfulness in the classroom or to become a more mindful person, in general. These practices can help a teacher to slip into a mindful presence when it's most needed, allowing us to pay better attention to the learning environment and our

students' needs within the classroom. Non-judgmental awareness is an important aspect of mindfulness, too—one that involves accepting things as they are in the present moment. When we first practice mindful awareness, we often notice how hard it is not to judge. But, as we observe ourselves engaging in judgment, we become more aware of it in the moment, our mind begins to settle, and eventually our tendency to judge subsides. These practices have proved beneficial for all stakeholders of The Gaudium School.

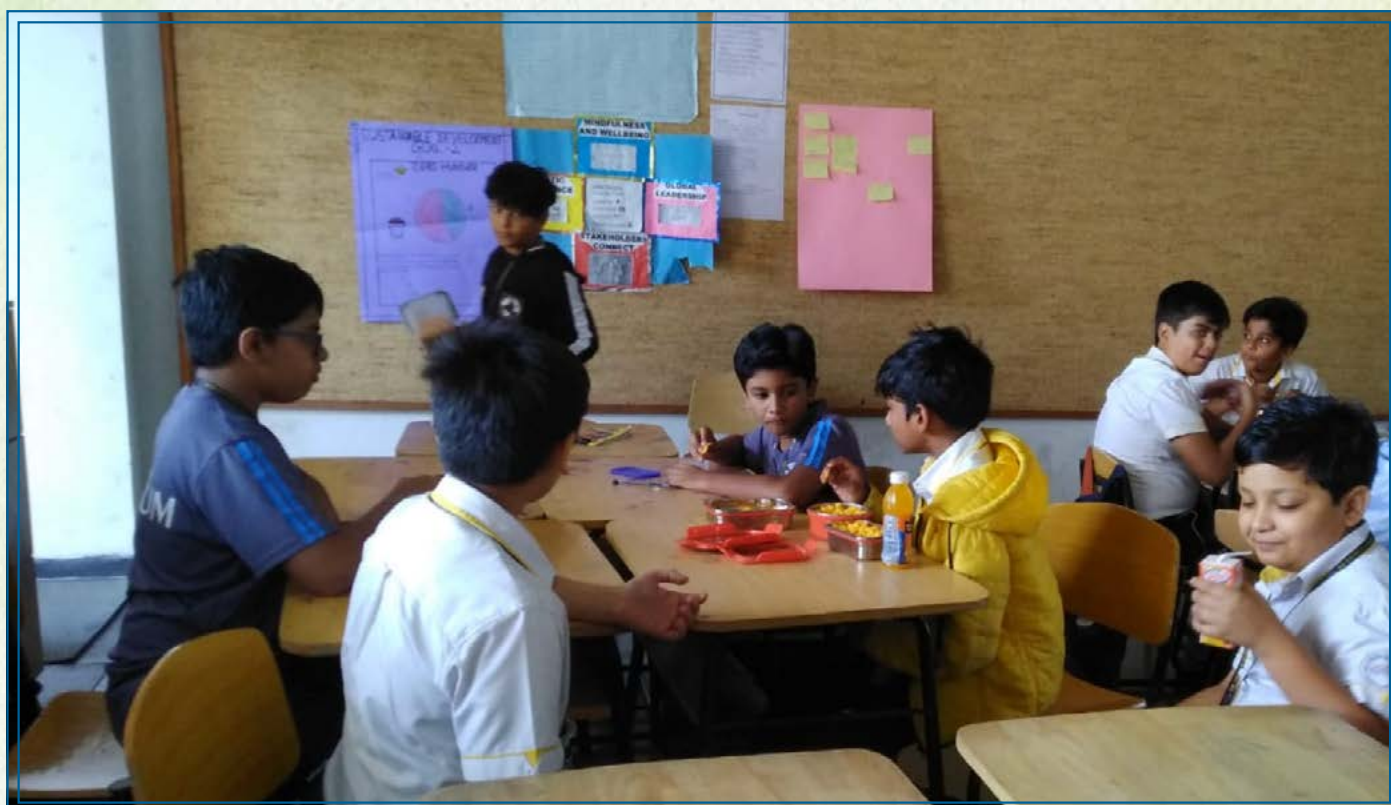


STAKEHOLDER ENGAGEMENT

It's Summertime!

The last day of school before the summer break began with sparkling imaginations, fertile minds, and a willingness to take risks with what they think. It was a memorable first day at school; The teachers put their creative energies to the forefront and made the occasion memorable with

their engaging game ideas for circle time. Within moments our classrooms converted into sumptuous snacking zones. Doubly enthused by the prospect of a fun-filled day of several ice-breakers that encouraged candid conversations, was indeed an opportunity for the faculty members to build a sociable environment conducive to learning all the year round.



STAKEHOLDER ENGAGEMENT

Mindfulness and Well-being Sessions for Staff

Inclusive education at The Gaudium is about ensuring access to quality education for all students by effectively meeting their diverse needs in a way that is responsive, accepting, respectful and supportive. Students participate in the education program in a common learning environment with support to diminish and remove barriers and obstacles that may lead to exclusion. To enrich our knowledge of inclusion in education Dr. Divya Devulapally from Chetna Hospital conducted a session on understanding the teenage brain and dealing with students with ADHD.

Dr. Divya also conducted an enriching session on 'Work-Life balance'. It included the following solutions to better help manage stress, time and personal and professional balance.

Life places many demands on our time and energy and work-life balance can feel like an unrealistic dream. But, Dr. Divya, emphasised that harmonising with work is an activity that you continually engage in as you make corrections throughout your life. Balance becomes the harmonious integration of all aspects of your life. Additionally, Dr. Mallikarjun, highly experienced urologist and one of Hyderabad's best robotic surgeons, currently associated with Citizens Hospital acquainted and cautioned us about urological health. He carefully outlined the precautions, preventions, causes and cure of kidney stones and other related kidney disorders. In an interesting video presentation, he also demonstrated a robotic surgical intervention



STAKEHOLDER ENGAGEMENT

Professional Development Sessions

The Gaudium Staff have been experiencing thoroughly enriching professional development sessions for the past few days. These sessions have created a platform for teachers to gain insight into the entire school system - the school vision, mission, philosophy, core values, 5 pillars - Gaudium Happy Mind model, school policies and an overview of the different curricula offered here, viz. CAIE,

CBSE, IBMYP and IBDP

Amongst all, the school policy review was the most noteworthy, it gave the teachers an opportunity to voice out their opinion. The team critically evaluated the existing policies and suggested amendments for the upcoming academic session. Teachers playing an integral role in designing the school policy is one of its kind experience and we were proud to be a part of it.



STAKEHOLDER ENGAGEMENT



GLOBAL LEADERSHIP

Academic Excellence Awards

It was so rightly said by Aristotle that 'Excellence is never an accident. It is always the result of high intention, sincere effort, and intelligent execution; it represents the wise choice of many alternatives - choice, not chance, determines your destiny.' Keeping this view in mind, it is imperative that we reward every effort that leads to excellence. On April 19, 2023 achievers of the Academic Session 2022-23 were lauded. In recognition of their academic performance, the class toppers and subject toppers of Grades 6-12 across all curricula were presented with Certificates of Excellence by the Principal, Ms. Sudeshna Chatterjee, the Academic

Coordinators and the Heads of Department. The joy resplendent on the faces of the students being awarded and the pride evident in the demeanour of the teachers were incredible moments of enjoying the fruits of one's relentless efforts. In her address, the Principal rightly enumerated that excellence was a prevailing attitude and every student had had the innate capability to attain their aspirations, only if they believed in themselves. She also emphasised how dedication, discipline and complete adherence to the Student Code of Conduct inevitably shapes the destiny of every student at The Gaudium School.



GLOBAL LEADERSHIP

The Crowning Moment of Glory- Graduation Day 2023

It was a grand celebration to solemnise the Graduation Day for the outgoing batches of Grades X and XII, 2023. It featured dreams that are bigger than our fears, actions louder than our words, and faith stronger than our feelings. In a splendid ceremony the students received their graduation lau-

rels. Proud Valedictorians, and Salutatorians, in their eloquent address dedicated their success to the untiring efforts of the teachers and expressed gratitude for the world-class prospects provided by the school. Join us in congratulating the students on their well-deserved success!



GLOBAL LEADERSHIP



GLOBAL LEADERSHIP



GLOBAL LEADERSHIP

Arjun Reddy Awards

Our Chess Champion Arjun Adireddy of Class VIII, with his masterstroke of brilliance on the checkered board, has bagged several awards and titles.

His recent achievements include:

1. Silver Medal at National Sub-Juniors (Under-15) Chess championship at New Delhi.
2. Candidate Master (Title awarded by FIDE - The International Chess Federation)

Join us in congratulating this young chess master. Proud of you, Champ!



GLOBAL LEADERSHIP

Singapore & Asian Schools Math Olympiad

Singapore & Asian Schools Math Olympiad, SASMO, is one of largest Math Olympiad competitions in Asia. More than 250,000 participants from over 10,000 schools participated in SASMO to date. SASMO caters to the top 40% of the student population and it aims to arouse students' interest in mathematical problem solving to develop mathematical intuition, reasoning, logical, creative, and critical thinking. This year, The Gaudium School

took the thoughtful initiative to motivate students to participate in SASMO. Over 80 students across all curricula participated in the Olympiad on April 13, 2023. All participants will receive an online performance report which analyses their capabilities across different topics and benchmarks their performance with other participants in the same grade and country/territory.



GLOBAL LEADERSHIP

Science Challenge Round 1

Si Science is inextricably linked with our lives. It helps us to understand ourselves and our surroundings better. By engaging in this subject area, students learn to think critically, solve problems, and make informed decisions. As an initiative to generate curiosity, enquiry, and higher order thinking skills, CBSE organized a Science Challenge Assessment based on the theme of 'Science, Environment and Sustainability' for students of Classes VIII to X. Over 80 students participated in the competition.

The following students have made us proud with their exemplary performance in this national-level contest

Class X:

1. Chinmayee Ukkalam- X B
2. Yeshwant Maganti - X B

Class IX:

1. Lakshanya Ranga - IX D
2. Pradyun Nallathiga - IX A

Class VIII:

1. Yashas Reddy Anugula -VIII A
2. Ashwin Sreejit - VIII A



GLOBAL LEADERSHIP

Arizona University-Career Counselling Session

It is crucial for high school students to get timely support and counsel for their future career path is imperative. At the Gaudium, we believe that it is important to start career planning from a young age as it guides the students in the right direction. To help the students in the university selection process a career session was organized with Arizona State University.

ASU has five campuses, and they offer more than 800-degree programs, both at the undergraduate and graduate levels. According to US News and World Report, ASU stands at #1 for innovation.

Mr. Miles Compos, Director of Arizona State University recruitment and Applicant Success who has many years of experience working in international initiatives at ASU as well as in managing international education programs for the US government. He visited our campus and conversed with the students about the majors that the university offers along with the entry requirements. He also gave the students valuable advice on essay writing skills, which is one of the most important criteria and will give them an edge over the others.



GLOBAL LEADERSHIP

How to Create a Profile For Global Universities

Career counselling is an essential factor for identifying real potential and guiding students onto the right career path. Profile building is one of the most important factors in college applications. To help the students in this process, a career counselling session was organised with the alumni of MIT and Columbia University on the topic of "How to Create a Profile to Stand Out in Top Global Universities". Mr. David explained to the students what mat-

ters to make their profiles stand out, and he also shared case studies of students with excellent profiles, enrolled in prestigious international universities and enumerated the key areas on which they should concentrate in order to build their profiles. The students had a productive session, and were happy to have their queries answered the experts themselves.



COMING UP NEXT

Date	Event	Classes
29th May	Reopening Day	Teachers
12th June	Re-Opening of School	VI - XII
22nd June	Cyclic Test - 1	IX, X, XI & XII
10th June	Parent Orientation	VI

LINKS

Our website:

<https://www.thegaudium.com/>

Learning blogs:

<https://www.thegaudium.com/the-learning-blogs/>

Facebook : For daily updates please like the page.

<https://www.facebook.com/thegaudiumschool/>

Sportopia registration link

<http://sportopia.thegaudium.com/pages/enquiries>

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