



# PRISM

IB Diploma Programme

# From the Principal's desk...

Dear Parents,

It was a pleasure to welcome the students of CBSE and Cambridge back to a new academic year on 15 th March.

Students of the IBDP are just completing their Final assessments while MYP students start on Monday 3 rd April. March is the time of year, when as soon as board examinations end, board paper corrections start and we have a number of our secondary teachers busy with the corrections of the CBSE papers. We are sure that students are happy to receive their new books and stationery and are in the process of covering and labelling them neatly. Books are such a treasure trove of discovery for students!

In the next few weeks of school, prior to the May vacations, here are a few expectations from school which I request you to support the school with- Regular and punctual attendance is expected from all students. Students are expected to come well groomed to school, in full and proper uniform. If the uniforms have become small, now is the time for you to procure the new set of uniforms and shoes. Let's show respect to the school by being well groomed at all times. Girls with long hair need to braid it neatly on a daily basis. Boys must have a comfortable summer crop, with hair free from the face and nape of the neck. Kindly see that our students do not accessorize by way of jewellery, make-up, perfume/deo or smart watches. These are not allowed in school.

Students are not permitted to bring cell phones to school, and if found, the device will be confiscated. A few words of advice on the responsible use of social media/devices by our students, your children, are given below (expert sources). We need to partner together to make our students responsible users of digital space and the Internet. We seek your kind cooperation and support in this matter.





# From the Principal's desk...

Set reasonable limits. Talk to your teen about how to avoid letting social media interfere with his or her activities, sleep, meals or homework. Encourage a bedtime routine that avoids electronic media use, and keep cellphones and tablets out of teen's; bedrooms. Set an example by following these rules yourself.

Monitor your teen's accounts. Let your teen know that you'll be regularly checking his or her social media accounts. You might aim to do so once a week or more. Make sure you follow through.

Explain what's not OK: Discourage your teen from gossiping, spreading rumors, bullying or damaging someone's reputation — online or otherwise. Talk to your teen about what is appropriate and safe to share on social media.

Encourage face-to-face contact with friends. This is particularly important for teens vulnerable to social anxiety disorder.

Talk about social media. Talk about your own social media habits. Ask your teen how he or she is using social media and how it makes him or her feel. Remind your teen that social media is full of unrealistic images. If you think your teen is experiencing signs or symptoms of anxiety or depression related to social media use, talk to your child's health care provider.

Happy Parenting.

Sudeshna Chatterjee  
Head MS&HS.



# From the Coordinator's desk...

We have successfully completed the portion for this term and students have given their exams.

Now is the time for them to reflect on their learning styles and plan accordingly to manoeuvre their academic journey for the next year. We believe that **"Self-reflection entails, asking yourself questions about your values, assessing your strengths and failures, thinking about your perceptions and interactions with others, and imagining where you want to take your life in the future."** Hence, post exam time will help them to reflect and understand where there are gaps in their preparation and how they can work over it. We want to be part of their reflecting process to show them the right direction. Teachers are gearing up to orient them and plan on their E submissions like EE, TOK essay and IA's. It becomes mandatory for the students not to miss a single day as a lot of E submissions will be taken up. They will be presenting the TOK exhibition of 20th April which is part of their final assessment. Parents' involvement with their children education is very much essential to their eventual success. Seek your cooperation in every step to ensure we give the best learning experience to our students.

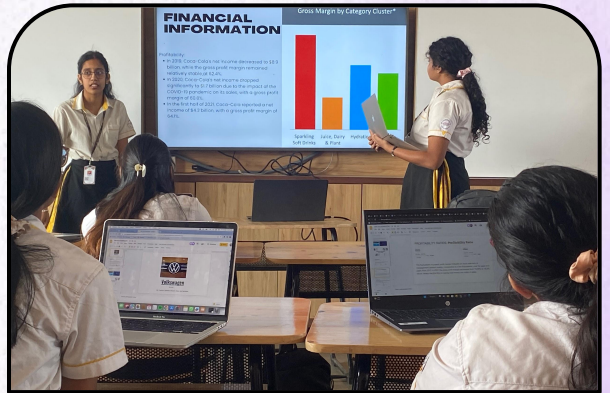
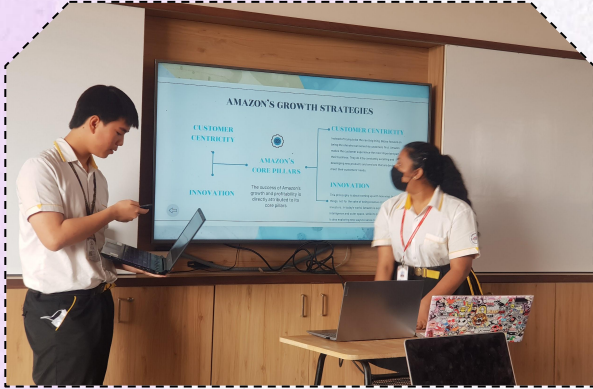
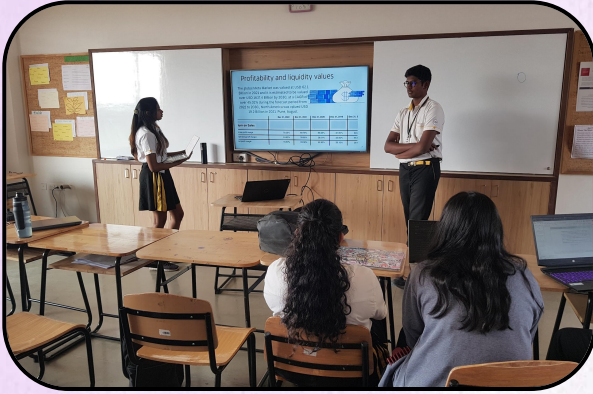
IBDP Year 2 students have completed their Mock II and are gearing up for the final exams which will commence from 28th April 2023. Wish our 2021-23 cohort all the best, may they come out with flying colours.



Varsha Dillikar  
DPC  
The Gaudium School.



# Holistic Excellence-Business Management Students' presentation



Our Life long learners communicating their ideas and reflecting on the learning process...

# Business management-Project based learning

As a part of the learning process, the DP-1 students have been assigned in different groups as per their respective band. The task is to explore on an international business enterprise and analyse the growth strategies adapted by and evaluate its success in the light of the financial information. The students are also encouraged to explore on the motivational practices implemented by the business to enhance the productivity of the employees. The students started exploring the business enterprises and collected information accordingly. They shared the responsibilities among themselves and contributed to the google slides. They worked on the ppt and the pdf for the presentation. The information was also distributed among themselves sufficiently for presentation to share their work to their peers. It was like a revision for them of the entire content covered in year 1. The students were mindful about the rubric shared through ManageBac and prepared their presentation accordingly. Their presentation was also organized where they shared in a systematic manner within the specific time allocated to them. It was not that only one student was leading the presentation. Team work was reflecting in their presentation when they were able to answer the queries posted on the presentation which reflects their preparation and commitment toward the task. It is to be noted that they have acknowledged the sources also reflecting their academic integrity.

The areas of improvement were like:

- Few of their team members could not attend the school because of their personal reasons and the team had no clue.
- Few of the students who could not attend the school have shared the recording through ManageBac.
- Few students have acknowledged the sources by providing the URL's where they can practice the citation method.

This task enables them to realize the challenges and overcome them while doing their internal assessment also.

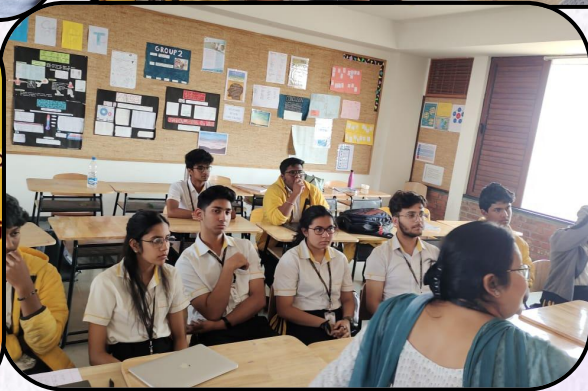


# Holistic Excellence: Economic Extended Essay Presentation



## OVERVIEW

- ▶ An extended essay (EE) in economics provides an opportunity to:
- ▶ undertake in-depth research in economics of personal interest to them
- ▶ develop research skills
- ▶ apply economic theory to real-world situations
- ▶ make inferences based on real-world data



The Economics teachers recently imparted valuable guidance to the Year 1 students, focusing on the dos and don'ts of writing an Economic Extended Essay. The session was conducted in a detailed and interactive manner, enabling the students to understand the nuances of the subject matter. The teachers emphasized the importance of selecting an appropriate research question, conducting thorough research, and analyzing data with precision. The students were advised to avoid plagiarism at all costs and to ensure that their sources are accurately cited. The session concluded with the teachers encouraging the students to approach them with any doubts or queries they may have during the course of their research. The students left the session feeling better equipped and confident to tackle the task ahead of them.

**Meenakshi Guha**  
**Economics Facilitator**

# Holistic Excellence- Student Led class

## Social skills

The DP1 French Ab Initio students conducted a Student Led Class on 27<sup>th</sup> February 2023 as a part of their Formative Assessment. They were asked to select the sub topics of their choice on the topic Education. Then the teacher provided them with the resources that they could use for their Student Led Class.

The rationale behind this activity was that the students get exposed to different ways of being assessed using the requisite resources. As it was a Formative Assessment the students had to come out of their comfort zone to speak. They had to speak for at least 3-5 minutes each. Through this activity various aspects of their learning were assessed. Firstly, their speaking skills were assessed. Then they were assessed for their presentation skills and their public speaking skills. This activity also focused on many ATL skills and IB learner profile attributes. As they had to conduct a class they obviously had to hone their **Communication skills**. Their **Research skills** were explicitly focused upon when they went through the resources given to them. They used their **Decision making skills** in deciding what part of the resources they wanted to present and how they wanted to present it. They showed their **Self-Management skills** and their **Thinking skills** in planning their presentations. The following IB learner profile attributes were brought to the fore with the help of this activity: **Inquirers, Thinkers, Communicators, Risk-takers and Reflective**. The **Happy Minds Model** is always at the core of planning and guides the teachers while preparing lesson plans and activities. Such activities are also an effective way to hone the students' leadership skills.

**Sudha Dutta**  
HoD Foreign Languages Department



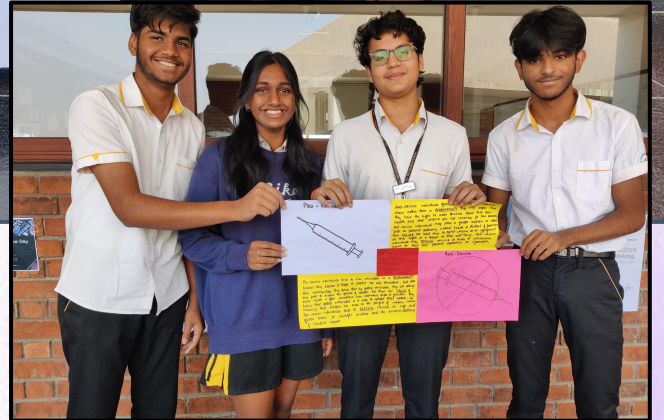
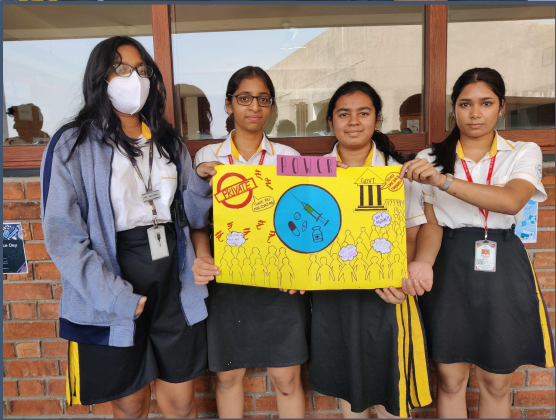
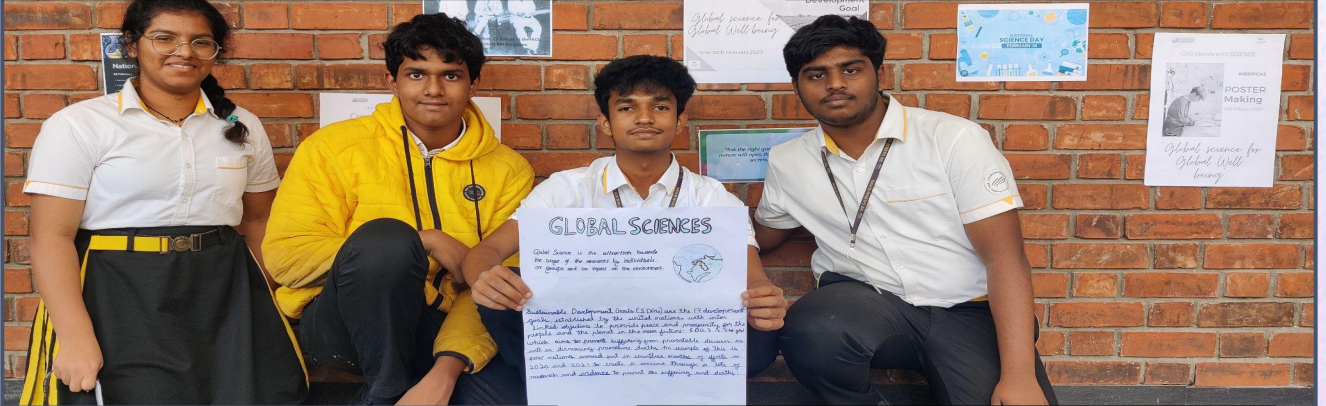
## Research skills



## Communication skills



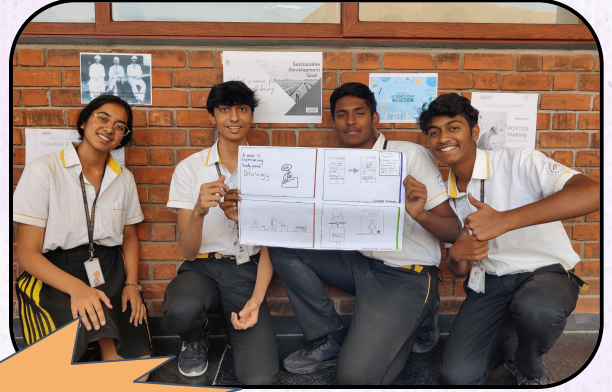
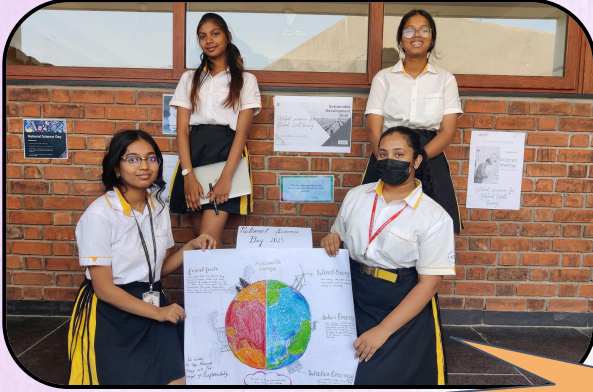
# Holistic Excellence: Integrating Sciences, TOK and CAS on National Science day



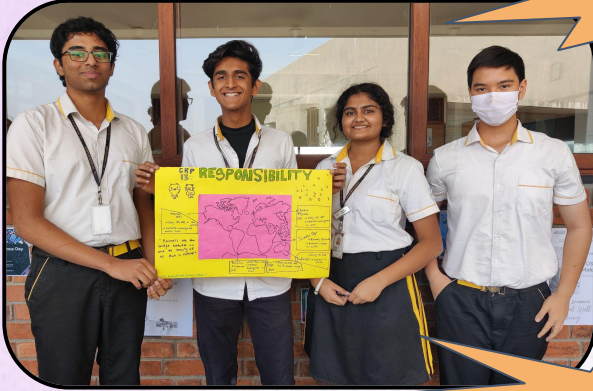
The integration of various academic disciplines enables students to navigate through the intricate web of modern-day interactions and transactions with ease. At the core of the International Baccalaureate (IB) curriculum, from Primary Years Programme (PYP) to the Diploma Programme (DP), lies the vital aspect of seamlessly merging different fields of study in a meaningful manner. In keeping with this ideology, on the eve of National Science Day, the Department of Science, along with TOK and CAS teachers, orchestrated a unique poster activity for Year 1 students. Participants were grouped together and tasked with creating posters on the annual theme of the day: "Global Science for Global Wellbeing". The students were expected to uphold this theme while incorporating one or more TOK concepts and designing a visually appealing poster that showcased their creativity. This activity provided the students with an unparalleled opportunity to exercise their CAS reflections while stimulating their artistic faculties.



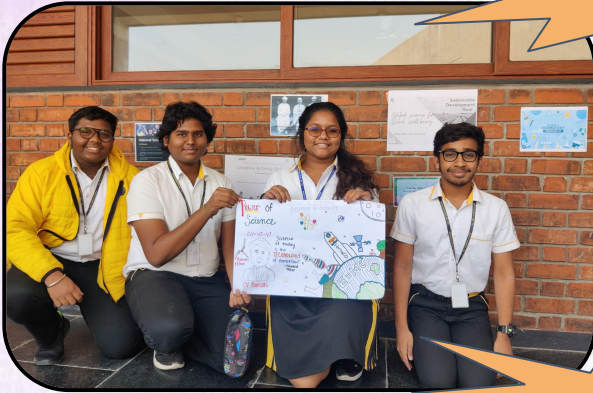
# Holistic Excellence: Integrating Sciences, TOK and CAS on National Science day



Knowledgeable



Balanced



Open minded



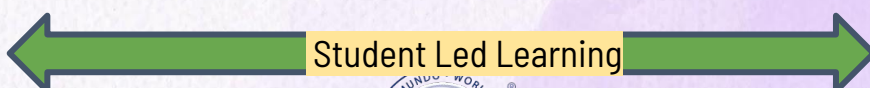
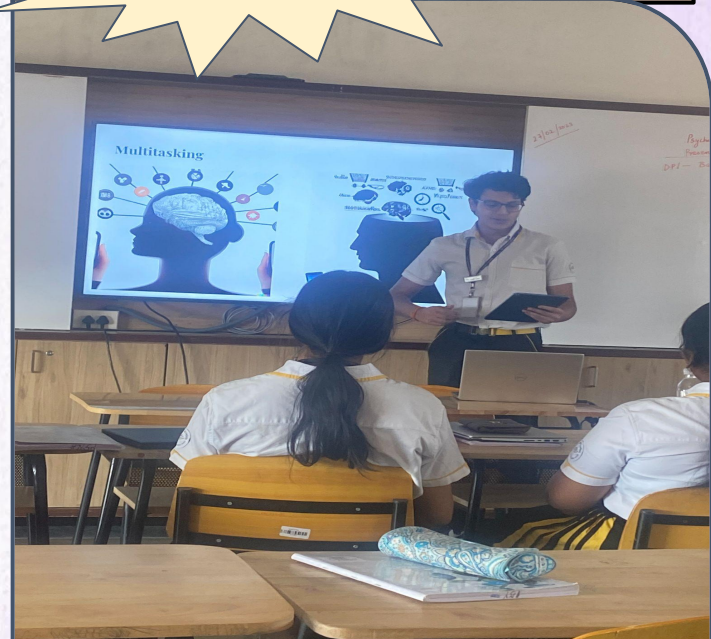
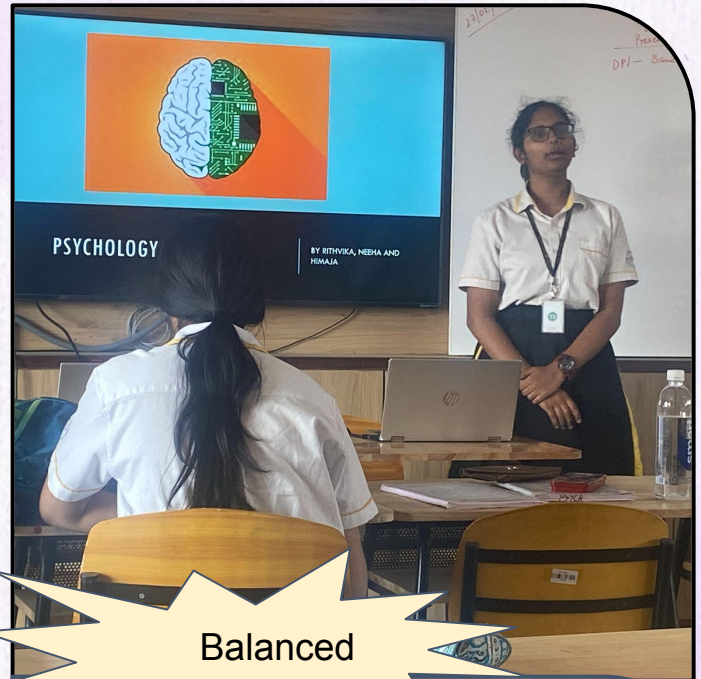
# Holistic Excellence: COG Tech in Psychology

## "COG TECH"- Exploring the role of Technology in the field of Cognitive Psychology

Students of Year 1 - Psychology attempted to explore how technology helps us understand different aspects of cognitive psychology, focusing on cognitive processes such as memory, attention, decision making and so on. It is now a well-known fact that we cannot sustain our learning growth, our social connections, and our self-exploration without the help of technology. Technology is everywhere. Sometimes it helps us, but sometimes it can become a cause of concern as well. Human cognition is a unique Pandora box filled with trillions of neuronal networks that makes our memories, helps us understand and emotive emotions, and help us make sense of the world around us. The cognition of humans is believed to thrive on repeated learning, decaying information that is relevant and categorising information for easy recall, and decision-making.

Several studies in various fields like neuropsychology, clinical psychology, cognitive psychology, AI and many more have attempted to showcase the existence of different aspects of cognition, ranging from basic biological understanding to its implication in the field of learning/ planning and socio-communication in cultural space. It also attempts to carry out various experimental studies of behaviour and of the brain to delve into and find answers to the mystery of human cognition. The students' attempts at exploration helped them to gain an understanding of the impact of technology, and the ethical considerations involved in research as well as to become aware of how much is too bad or too good as a part of their Self-management skills. All students were encouraged to share their reflections as they did the project.

**Meenakshi Moorjani**  
School counsellor CAIE & Psychology Facilitator IBDP





# Core Values: Poetry Appreciation Session



On the 17th of March, an assembly of middle and high school educators convened in celebration of World Poetry Day, an annual observance occurring on the 21st of March. The event, spearheaded by Ms. Ratna Das, the Head of Department for English under the Central Board of Secondary Education, and Mr. Prithvi Sinha, the Head of Department for English under the International Baccalaureate and Cambridge programs, aimed to cultivate appreciation for the impact of poetry in the lives of those in attendance.

The session commenced with an insightful observation that poetry is ubiquitous in our surroundings, followed by the mellifluous melody of John Lennon's song "Imagine". Inspired by the song's message of envisioning a world without borders, Ms. Das and Mr. Sinha proceeded to recite poems they had written during the lockdown period, expressing their anxieties and gratefulness for life.

The gathering of educators then participated in a haiku writing activity, crafting profound and introspective poems that served as reflections of the teaching profession. These contributions were remarkable expressions of the thoughts and emotions that underpin the challenges and rewards of being an educator. Ultimately, the event served as a touching reminder of the beauty and power of poetry in capturing the essence of human experience.



# Mindfulness and Awareness session-Coping up with Exam Stress



Reflective



Thinkers



Risk takers

We understand their needs and inhibitions



## Coping and managing with exam stress-unwinding challenges

Exam stress can be sometimes challenging for students. However not all stress can cause a negative impact. A little push to motivate and to stay focused on the academic goals eustress or positive stress is always important. Stress can sometimes give rise to anxiety and the performance of the student may be affected. It can also lower the self confidence to write an exam and can affect the social, emotional and behavioural development. Hence a session on coping and managing exam stress was taken on 10<sup>th</sup> of March for IBDP1 students .

The students were given a group activity to identify the triggers of their stressors in their subjects, mostly those which they are not confident of performing well in exams. They were then asked to focus on their feelings about what, how they feel before, during and after their exam. This reflective task helped the students to understand their level of academic preparation, self-motivation to study and understanding to self-evaluate their performance. The students were given strategies on how to prepare for effective revision and exam. Students did come up with ideas of planning and creating their timetable to study . They were guided on how to make an effective workable timetable. Lastly the students were made aware of the importance of mindfulness relaxation techniques to help them increase the level of concentration, memory and increase self confidence during exams. The students performed the JPMER technique of muscle relaxation at the end. The students felt relaxed , happy, and satisfied after the exercise.

Hence, the session was fruitful in helping the students understand and inculcate the techniques to reduce stress and manage their anxiety with the healthy coping techniques.

Sukanya  
School Counsellor and Psychology Facilitator

Das



# Stakeholder Connect-Career counselling



## **Career counselling Session by O P Jindal Global University:**

A career counselling session was conducted for MYP Year 4 and DPI students on the topic Fine Arts and Architecture by the O P Jindal Global University. Professor Achia Anzi the BFA programme director from O P Jindal Global University provided a lot of information about the Fine Arts and Architecture programmes at OP Jindal Global University along with various career options that are available in the field of Arts and Architecture. He also explained how to prepare a portfolio in these fields. It was a fruitful session and the students were glad to know about the novel programmes.

**Paving the way to Career success...**



# Stakeholders Engagement: Exam Orientation



The IBDP exam department recently organized an orientation session for the students with the aim of acquainting them with the exam process and guidelines. The session was conducted with great care and attention to detail, ensuring that the students received a comprehensive understanding of the entire examination process. The department provided a detailed overview of the examination format, including the types of questions that students can expect to encounter, the marking scheme, and the duration of each exam. The students were also briefed on the importance of adhering to the examination guidelines, including time management, correct labeling of answer sheets, and the prohibition of any unauthorized material during the exam. The session concluded with a question and answer session, enabling the students to clarify any doubts or queries they may have had regarding the exam process. Overall, the session was highly beneficial for the students, providing them with the necessary tools and knowledge to approach the exam with confidence and ease.

**Gearing up for the exams!!!**



# Stakeholder Engagement: Women's Day Celebration

The Women's Day celebration was a remarkable event that aimed to promote awareness and understanding of the unique health concerns that women face throughout their lives. The event took place on the 7th of March 2023, and the attendees were requested to wear pink or red as a symbol of empowerment and celebration of women. Our Founder Director, Ms Kirthi Reddy, and CEO, Mr Ramakrishna Reddy, graced the occasion with their presence, emphasising the significance of women's health care.

Dr. Anusha, a renowned Consultant Obstetrician & Gynaecologist, was the guest of honour for the event. Her extensive experience in the field of high-risk pregnancies, laparoscopic procedures, and cystectomies made her an ideal choice to address the diverse health concerns of women.

The event started with an inspiring message about the importance of taking charge of one's own health and well-being. This was followed by a detailed discussion by Dr. Anusha on various health issues that women face and the measures to address them. The session included a question and answer round where the attendees interacted with the expert, gaining valuable insights and clarifying their doubts.

The event concluded with a gift-giving ceremony, where each teacher was presented with a sapling, symbolising the growth and nurturing of one's health. They were also given a health card by Medicover Hospitals which they can use for a free of cost health check up.

Overall, the Women's Day celebration was a successful event that encouraged women to be proactive in their health care, appreciate the unique challenges they face, and work towards achieving optimal well-being.



**Prithvi Sinha**  
TOK Coordinator and English HOD



# Women's Day celebration...



Our prime motto- The first Wealth is Health



# Global leadership-Developing Experiential learning outside classroom

## Inquirers

IBO encourages the students to develop experiential learning outside the classroom. This helps the students build their critical thinking and evaluation. Students of IBDP Year 1 Psychology took their theoretical understanding of "influence of cognition in thinking and decision making" outside their classroom to widen their knowledge and understanding through an experiment. Research states that most of the time people tend to identify their negative emotions quickly then their positive emotions since negative emotions are painful and as human beings we have a tendency to rehearse on these memory more than the positive emotions. The students interviewed the support staff of the school, the Ayahs. They developed a semi-structured questionnaire on emotions and cognition and conducted a survey.



## Caring

The students findings shows that the cognition in thinking and decision making may influence with factors like power, position, culture, gender, biases, personality development and authority. The learning helped the students to develop their critical thinking and create awareness that culture and language also plays an important role in thinking and decision. It helped them develop research skills, communication skills and thinking skills through this experiment.



**Sukanya Das**  
School Counselor & Psychology facilitator

Nurturing Curiosity



# Global Leadership: MYP Art Exhibition

## Beyond colours



Participating in artistic endeavours can have a profoundly positive impact on students' self-assurance and aptitude for communication by presenting them with stimulating challenges that encourage growth. Art serves as a lens through which learning objectives in the visual arts can be measured, and exhibiting artwork can foster an appreciation for cultural diversity among students.

On the 17<sup>th</sup> & 18<sup>th</sup> of March, the MYP Art Exhibition, **Beyond Colours**, exemplified this principle by allowing MYP students to function as artists and learn about art simultaneously. The exhibition kindled students' inquisitiveness about themselves, their peers, and the world, and facilitated the development of their skills as learners, inquirers, and innovative problem-solvers. By expressing their feelings, experiences, and ideas through their artwork, students acquired new skills and refined those they had already acquired.



# Upcoming Events

| Date       | Day      | Event                | Grade  |
|------------|----------|----------------------|--------|
| 7th April  | Friday   | Good Friday -Holiday | IBDP   |
| 10th April | Monday   | EE Cafe presentation | IBDP2  |
| 20th April | Thursday | TOK exhibition       | IBDP 2 |
| 20th April | Thursday | TWC                  | IBDP 2 |
| 22nd April | Saturday | Summer break begins  | IBDP2  |



# Links

Our website:

<https://www.thegaudium.com/>

Learning blogs:

<https://www.thegaudium.com/the-learning-blogs/>

Facebook : For daily updates please like the page.

<https://www.facebook.com/thegaudiumschool/>

Sportopia registration link

<http://sportopia.thegaudium.com/pages/enquiries>



# Editorial Board

## Chief Editor

Prithvi Sinha

## Associate Editor

Varsha Dillikar

## Creative Team

Prithvi Sinha & Mahendra Singh & Varsha.D