







Message From the Principal

Dear Parents,

It was a pleasure to welcome the students of CBSE back to a new academic year on 15 th March.

> March is the time of year, when as soon as board examinations end, board paper corrections start and we have a number of our secondary teachers busy with the corrections of the CBSE papers.

> > We are sure that students are happy to receive their new books and stationery and are in the process of covering and labelling them neatly. Books are such a treasure trove of discovery for students!

In the next few weeks of school, prior to the May vacations, here are a few expectations from school which I request you to support the school with-

Regular and punctual attendance is expected from all students.

• Students are expected to come well groomed to school, in full and proper uniform. If the uniforms have become small, now is the time for you to procure the new set of uniforms and shoes. Let's show respect to the school by being well groomed at all times.

- Girls with long hair need to braid it neatly on a daily basis. Boys must have a comfortable summer crop, with hair free from the face and nape of the neck.
- Kindly see that our students do not accesorise by way of jewellery, make-up, perfume/deo or smart watches. These are not allowed in school.
- Students are not permitted to bring cell phones to school, and if found, the device will be confiscated.
- A few words of advice on the responsible use of social media/devices by our students, your children, are given below (expert sources). We need to partner together to make our students responsible users of digital space and the Internet. We seek your kind cooperation and support in this matter.





Message From the Principal

- Set reasonable limits. Talk to your teen about how to avoid letting social media interfere with his or her activities, sleep, meals or homework. Encourage a bedtime routine that avoids electronic media use, and keep cellphones and tablets out of teens' bedrooms. Set an example by following these rules yourself.
- Monitor your teen's accounts. Let your teen know that you'll be regularly checking his or her social media accounts. You might aim to do so once a week or more. Make sure you follow through.
- Explain what's not OK. Discourage your teen from gossiping, spreading rumors, bullying or damaging someone's reputation — online or otherwise. Talk to your teen about what is appropriate and safe to share on social media.
- Encourage face-to-face contact with friends. This is particularly important for teens vulnerable to social anxiety disorder.
- Talk about social media. Talk about your own social media habits. Ask your teen how he or she is using social media and how it makes him or her feel. Remind your teen that social media is full of unrealistic images.
- If you think your teen is experiencing signs or symptoms of anxiety or depression related to social media use, talk to your child's health care provider.

Happy Parenting. Sudeshna Chatterjee Head MS & HS





Message From the Special Educator

Dear Parents,

Happiness is the most desired, but sadly the most difficult to hold onto for a long time. We all have different meanings of happiness in our lives. So, our experience of happiness manifests in different ways for different people.

World Happiness report says Finland is the happiest country in the world. Few of the components to measure happiness are social support, healthy life expectancy, freedom to make your life choices.

Human being is social by nature. Somehow we are connected by way of helping and supporting each other throughout our lives. This same support has to be extended to all forms of life on earth and promote a fundamental belief in the idea of co-existence.

Our body is the only place that we inevitably reside in. Only healthy lifestyle choices can let us experience the true meaning of happiness and enable us to spread the same among our loved ones. While growing up adds to our experience and great knowledge about life, spending time on our physical and mental health strengthens our holistic development as a human being.

Environment, attitude, and observation helps us to learn from life. But the best way to learn in any situation is from our mistake. It is our own choice that empowers us to face failures and stand again with renewed zest to gain more from the world. Therefore, choice gives us the sense of power with responsibility; being and making others happy certainly is a matter of choice.

To conclude, I quote Gautam Buddha, "Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared."

Stay Safe and Spread the Cheer!

Regards Ms. Sudakshina Dey Special Educator





Welcome to the New Academic Year!

he new year began with sparkling imaginations, fertile minds, and a willingness to take risks with what they think. It was a memorable first day at school; welcoming back the fresh graduates, bright and beaming with life, was in itself a moment of revelry. Doubly enthused by the prospect of a fun-filled first day of several ice-breakers that encouraged candid conversations, was indeed an opportunity for the faculty members to build a sociable environment conducive to learning all the year round.





Pi Day Activities

Special activities were organised on the occasion of Pi day on March 14. One of the oldest and the most recognized mathematical constants in the world, Pi (π) is the ratio of any circle's circumference to its diameter. Amidst broad smiles and loud cheers of our eager learners we learnt a lot of interesting facts about the Pi.







National Science Day - Poster-Making Competition

In the special ocassion of National Science Day, the students on March 6, 2023 participated in a Poster Making Competition. Every class conceptualised their poster, a team activity, based on an UN-Sustainable Goal, the blueprint to achieve a better and more sustainable future for all. They addressed the global challenges we face, including poverty, inequality, climate change, environmental degradation, peace and justice. The integral objective of the event was to initiate learning more from the environment and taking viable action to bring visible change.







Artificial Intelligence and Financial Markets Management-Subject Choice Orientation Session

The students of CBSE Class IX were participants in an orientation session to understand the skills that they would build from studying the Class IX and X courses in Artificial Intelligence and Financial Markets Management. Al and FMM Subject Mentors, Ms. Shilpa Keesar and Mr. Rakesh Uppula, respectively, presented an overview of the curriculum to initiate the process of making an informed decision. They encouraged the students to choose wisely, while also outlining the impact of these subjects in their educational career.







Professional Development Session for Teachers- Internal Assessments in CBSE

A prising of Ms. Chandra Sivakumar, Ms. Simi John and Ms. Vijayetha Agarwal conducted a PD session for the CBSE Team to to inform about recent changes in the assessment structure, challenges faced in the teaching-learning process, methods of evaluation, question paper pattern and evidence of assessment. Participants engaged in active discussion and shared their experiences. Discussions on how teachers could implement new methods of teaching to enhance the academic growth of students, were also on the forefront. Special emphasis was laid on including 'higher order thinking skills' questions. The evaluation of co-scholastic areas was also discussed and the teachers were guided on the ways to grade art education, health education and work education.









Hindi Activity-Class VIII

e invest our students with the power of words through different creative writing techniques and diverse topics. The students of Class VII involved themselves in Hindi poetry writing activity on World Water Day















CORE VALUES

We're Back to School!

very school year at The Gaudium is about joyful beginnings and gratifying ends. The first day at school on March 15, 2023, began with a Special Assembly to experience and celebrate our camaraderie. It commenced with the school prayer and was followed by a short mindful movement and light yoga session to rekindle our strength to prepare for an enriching day ahead. One would encounter endless smiles and infectious enthusiasm to begin a new academic year, while the Head of School and Academic Coordinators formally greeted and showered the students with their best wishes.





CORE VALUES

Audio-Visual Workshop by the Organisation 'Kids for Tigers'

he world has changed like never before in the wake of COVID-19. Unprecedented suffering and clouds of uncertainty make us realise that tiny specks in the universe as we are, we have little control over our own lives. The oft-quoted sayings like 'the best things in life are free' are cruel reminders of the fact that we have frittered away these very 'free things' in our illusory chase for absolute power. But, it is time to reaffirm the power of nature as a resurgent force which will pave the way for life in all its pulsating rhythms, vibrant colours and once again abound in its wildlife. 'Kids for Tigers' is an educational outreach programme that goes way beyond conservation education; this programme is

dedicated to 'leaving kids with a better planet and leaving the planet with better kids'. Sanctuary Asia launched 'Kids for Tigers' Programme, an environmental education programme in schools across India in the year 2000 and since then it has snowballed into one of India's largest mass movements to save the tiger. The Gaudium School has always laid emphasis on conservation of environment and has taken various environmental initiatives. An audio visual workshop was taken by Mr. Anand and Ms. Richa, Tiger Ambassadors of 'Kids for Tigers' on 3rd March 2023 for teachers and on 6th March 2023 for students. Central to the mission of the programme is the need to communicate the rationale for Tiger conservation, using the tiger as a metaphor for nature. To save tigers, he sensitized the students that we need to save forests to offer a safe haven for plants and animals.







CORE VALUES

World Poetry Day Celebration

n the 17th of March, an assembly of middle and high school educators convened in celebration of World Poetry Day, an annual observance occurring on the 21st of March. The event, spearheaded by Ms. Ratna Das, the Head of Department for English under the Central Board of Secondary Education, and Mr. Prithvi Sinha, the Head of Department for English under the International Baccalaureate and Cambridge programs, aimed to cultivate appreciation for the impact of poetry in the lives of those in attendance.

The session commenced with an insightful observation that poetry is ubiquitous in our surroundings, followed by the mellifluous melody of John Lennon's song "Imagine". Inspired by the song's message of envisioning a world without borders, Ms. Das and Mr. Sinha proceeded to recite poems they had written during the lockdown period, expressing their anxieties and gratefulness for life. The students also expressed their deepest emotions in profound verses; infact some weaved the concepts of Science in the magic of words.

The gathering of educators then participated in a haiku writing activity, crafting profound and introspective poems that served as reflections of the teaching profession. These contributions were remarkable expressions of the thoughts and emotions that underpin the challenges and rewards of being an educator. Ultimately, the event served as a touching reminder of the beauty and power of poetry in capturing the essence of human experience.



2023/



MINDFULNESS AND WELL-BEING

Rejuvenating Overselves

he Inclusion and Learning Diversity team spearheaded a mindfulness session to set a positive approach towards the new academic year. Students were acquainted with the basics of muscle relaxation techniques and advised to prioritize their mental health. They were also encouraged to approach the Student Counsellors whenever they felt the need, make new friends, and engage in peer learning.







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MINDFULNESS AND WELL-BEING

Building a Better Version of Ourselves

n another session conducted by the School Counsellor, students were sensitized to the vital link between physical and mental health. Through two hands-on activities, they were made to realise the importance of staying fit, both physically and mentally.







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MINDFULNESS AND WELL-BEING

Special Assembly on International Day of Happiness

The School of Joy joined hands to celebrate the International Day of Happiness on March 20,2023. In 2011, the UN General Assembly adopted a resolution which recognized happiness as a "fundamental human goal" and called for "a more inclusive, equitable and balanced approach to economic growth that promotes the happiness and well-being of all peoples." In a special assembly conducted by the Inclusion and Learning Diversity Team; students took charge of infusing everyone with infectious enthusiasm. We swayed to their jolly dance moves and peppy songs. It was full of fun and camaraderie; a good way to remind us that small, thoughtful expressions can have a big impact on others.





STAKEHOLDER ENGAGEMENT

Three-Way Conference

ogether we nurture the dream of holistic development for all our students; parent-teacher interactions play a crucial role in the achievement of this goal. The interactions and discussions among the parents, students, teachers, coordinators and the Principal strengthen the bond among all the stakeholders leading to an atmosphere where we acknowledge the child's aptitude and achievements. Such positive interactions yield rich dividends. The end-of-term Three-Way Conference held on March 11, 2023 was designed to understand the child's progress assessed on the basis of the Term 2 results.





STAKEHOLDER ENGAGEMENT

International Women's Day

nternational Women's Day is celebrated on March 8 to spread the message of gender equality and to embrace a society where there are no gender biases. Like always, in a heart-warming gesture, the school management acknowledged the contributions of the women employees. Healthcare professionals from Medicover Hospital graced on the special occasion; Dr. Anusha, Consultant Obstetrician and Gynaecologist delivered an enriching discourse on prioritising a healthy lifestyle and emphasised on undergoing health check-ups every year. She also patiently answered all the audience queries around specific diseases & disorders, menstrual hygiene and busted a lot of myths surrounding women's health. They also presented the teachers with a discounted gift coupon for a fullbody check-up. Armed in hues of red and pink, the ladies pledged to prioritise their health, empower and celebrate women all around the world.







GLOBAL LEADERSHIP

Unleashing your creativity with visual communication

Graphic design is the process of visual communication, and problem-solving through the correct use of typography, space, image and color. Our students were proud participants of in the All-India Design Championship 2023. Rahul Simbhambatla of Class XII was conferred the runner-up award in the graphic design category. Join us in congratulating our young achiever!







COMING UP NEXT

Date	Event	Classes
15th April	Graduation Day	X & XII
19th April	Prize Day	VI-XII
21st April	Last Working Day For Students	VI – XII





LINKS

Our website: https://www.thegaudium.com/

Learning blogs: https://www.thegaudium.com/the-learning-blogs/

Facebook : For daily updates please like the page. https://www.facebook.com/thegaudiumschool/

Sportopia registration link http://sportopia.thegaudium.com/pages/enquiries





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