



# PRISM

The Gaudium School's  
Boarding Newsletter

# Message from Boarding Manager

We believe that there's always a reason to smile, and it is the cheer and excitement on the faces of our students, that keep us going. It gives me immense pleasure to inform you that on 2<sup>nd</sup> Feb, 2023, our Boarding has organized a Formal Dinner for the Boarders. It was a proud moment for the boarding students. The Formal Dinner program had three phases. 1<sup>st</sup> was the talent show by Boarders; 2<sup>nd</sup> was the Birthday celebrations for Feb Month and the 3<sup>rd</sup> phase was Formal dining etiquette session followed by a formal dinner for all.

All the students were in their best formal wear, they all were looking stunning, handsome, and beautiful. It was the happiest moment & honour to have Chief Guests our School Founder & Director Ms. Kirthi Reddy and our School CEO Mr. Rama Krishna Reddy along with our Principals Ms. Sudeshna Chatterjee and Ms. Anjilika Sharma. They Showered their blessings with a motivational speech while the students showcased their talent in a professional way. Group Songs by boys & Girls, individual and group Dances, and Musical instrumental play by the students were truly a visual feast. Our Boarding Boys & girls wooed the audience with their graceful movements, eloquent gestures, and delicate facial expressions, amazing choreography, rhythm, synchronization, and presentation portrayed by the students and it goes without saying that we enjoyed every moment of it.

After the Talent show our two of the boarding students Siva Chanamolu of MYP-1 and Srikant Reddy of Gr. 8 CBSE celebrated their birthdays with the blessing of our Chief Guests and other dignitaries followed by delicious evening snacks.



The Dining etiquette session helped our students to learn the golden rules - proper use of cutlery and dining table manners, which are the visible signals of your manners, and are essential to professional success. The Dining session was really very informative to Students and buzzed with interactions. Everyone proceeded towards the dining hall for a Formal dinner where everyone enjoyed special DUM Biryani with a delicious dessert. We all were very delighted and grateful to have our Chief guests Ms. Kirthi Ma'am and R.K. Sir having Dinner with the Boarding students and giving their precious time to us. We all ended with a group photo session. It was a mesmerizing day.

Regards

**John Lawrence**



# Holistic Excellence

**Gardening** is a relaxing activity, which has positive effects on mental and physical health in relation to gardening. Specifically, gardening is thought to increase self-esteem and reduce stress. Our students, on weekends, spend time in gardening – learning various techniques, taken up by Mr. Karunakar





# Holistic Excellence

## Saturday Activity classes:

Music and dance engages the brain. Children learn new things, like sounds, words and patterns through music. And with dance, they can explore and control their body movements. These activities are great for development and stimulate connections in the growing brain.



# Holistic Excellence

**Study time** provides a chance to develop a bond with other students in the Boarding irrespective of their classes. Senior students help juniors in their academics, and this could lead them to be best friends for life. Guidance from subject specific teachers during Prep time, provides extra benefit to these students.





# Core Values

**Birthdays** commemorate life in all its wonderful ways and make it more special. Birthdays are important because they remind us that we are alive and have another year to live. Also, birthdays help us appreciate what we have in life: work, family and friends.





# Core Values

Etiquette helps us to be thoughtful about our conduct. It helps us to be aware of the feelings and rights of others. By eliminating discourteous behavior and prioritizing other people's feelings, etiquette promotes kindness, consideration, and humility.



# Mindfulness and Wellbeing

**Morning routines** help develop your child's sense of self, responsibility, ownership, independence, family connection, and focus. It also gives them the tools and habits they need throughout life, which will set them up for success in many areas.





# Mindfulness and Wellbeing

Having a healthy self-awareness **promotes emotional wellness and self-esteem**. It provides students insight into who they are, why they react as they do, and gives them a direction for self-improvement. Self-awareness for students is crucial for success. mindfulness education – lessons on techniques to calm the mind and body – can reduce the negative effects of stress and increase students' ability to stay engaged, helping them stay on track academically and avoid behavior problems.

Ms. Meenakshi, School Counselor took a session on Emotional wellbeing in hostel life..



# Stakeholder Engagement

**Outings help the students to unwind and de-stress.** They help them recharge themselves, which helps in increasing their focus on academics. Team outings enables them to understand each other better and have better bonding





# Stakeholder Engagement

**Food Festivals** are special days to celebrate tradition, culture, and heritage with happiness, peace, and harmony. It is highly recommended to live the festive moments to the fullest as they play a significant role in our social life. Recently our Boarding students celebrated Punjabi Food festival





# Stakeholder Engagement



**Visit to Ramoji Film city:** A journey is best measured in the friends rather than the miles...





# Stakeholder Engagement

Experiencing a day of thrills, excitement, and recreational activities at the Thrill City



# Global Leadership

Time has passed by so fast that it is too hard for anyone of us to believe that we are already in the month of March.

The first month was pretty challenging, as for the most of us, it was our first time into a boarding ever. As time passed by, we all slowly started understanding each other and became comfortable with the boarding life at the Gaudium.

The year spent in Boarding was fun and frolic as we celebrated birthdays with special dinner, all our outings to various places like the Ramoji Film City, ISL football matches to the Gachibowli stadium, multiple movie outings, the children's day outing to Thrill City, and many more.

Each one of us enjoyed the Sportopia because who wouldn't want to play their most favourite sport every single day with the best of the coaches and the facilities.



All of us at boarding became more disciplined and structured by following a fixed schedule every day, leaving behind all the addictions due to technology and social media.

To me, the year spent in boarding was like a roller coaster with lots of ups and downs, but now that I look back, I have definitely made memories at the Gaudium Boarding that I would cherish for life.

## Boarding Prefect

Hitarth Nakrani  
Grade 12 CBSE



# Links

Our website:

<https://www.thegaudium.com/>

Learning blogs:

<https://www.thegaudium.com/the-learning-blogs/>

Facebook : For daily updates please like the page.

<https://www.facebook.com/thegaudiumschool/>

Sportopia registration link

<http://sportopia.thegaudium.com/pages/enquiries>

# Editorial Board

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## Associate Editors

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