

December 2022



### Message from Associate Coordinator

#### **Dear Readers**,

Welcome to the December edition of the Cambridge newsletter!

If winter comes, can spring be far behind? These lines by Percy Bysshe Shelley come as a reminder that life is a cycle of events, one leads to the other. As we look forward to spring, we also wait in anticipation of the exams. December woke up to call of a cultural extravaganza; the campus awakened to the trumpets of our grand Annual Day Celebrations 2022 titled 'Adwitiya Itihaasa', a glorious walk down the annals of history in our fictional retellings. Now, as we gear up for the end of the academic year, we strive to put in the same kind of effort and dedication to outshine our previous performances. Our Grade 10 and 12 students will soon be appearing for the Board examinations. There will always be times when students feel anxious about these standardized test, while it is okay to be a little nervous, what they need to ascertain is that they do not give up. Amongst our students who will be taking the tests are mellifluous singers, expert debaters, master players, so on and so forth. These talented millennials have always been up for the challenge, right now all they need to realize is that, at this very moment too, while studying hard for the exams, they are actually building their character and weaving meaning into their lives. John Gardner who had a way with words and this is what he had to say-



"Meaning is not something you stumble across, like the answer to a riddle or the prize in a treasure hunt. Meaning is something you build into your life. You build it out of your own past, out of the experience of humankind as it is passed on to you, out of your own talent and understanding, out of the things you believe in. The ingredients are there. You are the only one who can put them together into that unique pattern that will be your life. Let it be a life that has dignity and meaning for you. If it does, then the particular balance of success or failure is of less account." These exams, therefore, are not a measure of success or failure. they are meant to locate the real possibilities and energies latent within them.



## Message from Associate Coordinator

With the winter holiday season gathering momentum there's travel in our mind. Across the board, the aviation, cruise and hospitality industries are putting sustainability, inclusivity and diversity at the top of their priority lists. It is imperative that while we rush to get out there again to make up for two lost years, we have to be more thoughtful about our decisions, asking difficult questions and realizing the true value that travel has in our lives. We cannot ask for better moments to celebrate the Christmas season, to celebrate the magic the future holds for those of us who so love exploring and discovering this beautiful world.

So, let's make this vacation a family tapestry of vibrant memories and come back a little healthier, a little wiser. May the festivities of the season forever fill your life with joy and foster a new-found love for learning. Here's wishing you and your family a happy Christmas and a prosperous New Year!

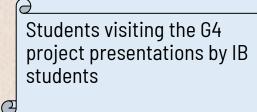
Stay Safe and Inspire Greatness!

Ms. Ratna Das













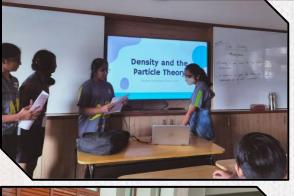






Role plays on **Electron Affinity** 

Chemistory A finil chemistry activity we did in class was extremely fun and intriguing. We were split into groups to discuss what we wanted to do. Bindu Maian gave us the topic, density in particle theory which was an awesome topic. As every team worked hard to prepare their skits, Adeos and presentations the due date came near. At the of the activity, three groups came up with a skit, one group came up with a presentation and the other came up with a video. Everyone's group did really well and I think major also liked it. Overall the activity was very enjoyful and interactive



-Rimsha awood





Kimsha Dawood CAIE - 8B



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### **Science in Action!**

Confucius, one of the greatest philosophers of all time, has a quote which all of us have heard at least once. "I hear, and I forget. I see, and I remember. I do, and I understand." Therefore, one can infer that the best way to learn something is to perform it in practical terms.

You can always learn that density is mass over volume. It's pretty simple to remember its S.I. or C.G.S. units. Although, the real question is, how do you make it stick in your head? As we eighth graders found, it was with an experiment. We marched to the lab with our books and pencils in hand, ready to become the seniors we always aspired to be, peering over beakers of god-knows-what chemicals and jotting down points as if they were the most important thing on Earth.

We started off by collecting irregular solids - most of us went for a rock. A lot of people really overestimated the size of the cylinders (I really need to find out how someone thought we'd manage to fit an entire conch shell), but they were eventually able to find something apt. Then we measured the volume of the solid by putting Archimedes' principle into the works. "If the body is completely submerged, the volume of fluid displaced is equal to the volume of the body." We did this by filling a measuring cylinder with water, noting down the initial volume, dropping the rock in the cylinder, noting the final volume and then subtracting the two to get the volume of the rock.

The following is pretty easy. You take a weighing scale and weigh your rock to find out its mass. Do your normal mass over volume calculations and Voila! (Or rather, "Eureka!" - because, you know, Archimedes' principle?) You now know how dense your rock is!

The experiment is a pretty simple one. Although, what really makes it matter is how well it helps you to process the theory. Personally, the demonstration really helped in the understanding of the concept. Cambridge is also known for its innovative investigation questions, which makes a visit to the lab something that is always going to help.

As we start off with our next chapter, which explores chemical reactions and reactivity, I'm even more excited for our lab sessions. To learn science is to understand it, not just to memorise. And what better way is there to learn science than to see it in action?

> Vaishnavi Bodireddy CI-8B





The students strengthened their learnings of the Science class by applying their knowledge in a variety of laboratory experiments.







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#### Growing Together: Gardening in the Life Skills in Grade 8

Children get great enjoyment from being outdoors. They're curious, taking enjoyment from learning when it's practical and creative. That's why school gardening, we believe, could be the start of a lifelong passion for children. The students, during their gardening stints at school, are experiencing the fulfillment of watching something evolve from a tiny seed into a beautiful plant.







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#### **Robo Mini Golf**

The learners have planned to develop a robot which plays a golf game automatically. They found that a LEGO EV3 programmable kit would create a machine to play golf autonomously. They have designed a plan, identified and collected the material required for construction of a Mini golf robot. The learners have built the modal and programmed the machine to control using the EV3 brick buttons and touch sensors. They have successfully finished the model, tested and competed with others designs in the lab. The learners had a great exposure to the LEGO building blocks, control blocks and programming environment and experienced the journey of designing a Mini golf model.











Grade 10 learners of **Global Perspectives** Visited the Zilla Parishad High School of Velimela Village on 17th and 18th Dec 2022. The following were the learning activities conducted by them.

The first group conducted a session on Asthma Awareness. They spoke to the students of ZPHS about Asthma and then initiated a Marathon Walk. The second group of learners conducted sessions on the importance of Sports and Recreation and they helped the learners train in the finer technicalities of playing football and basketball. They also conducted a Before and After questionnaire to know about the impact of the sports. The third group of learners conducted a session on awareness of stress, anxiety, and depression and how to keep oneself composed during exam time and demonstrated mindful sessions for the students. The fourth group spoke about the importance of good and nutritious food on the overall growth and development of the individual.





#### **Pre-board examinations**

The examination season is gradually gaining momentum and we are leaving no stones unturned to support the learning needs of the students, especially our Board Batches. To provide the students with substantial practice and create an examination simulation the Pre-board examinations were conducted. The classrooms and corridors came alive with excited chatter, frenzied last minute revisions and student-teacher interactions.









#### Annual Day 2022- Adwitiya Itihaasa

In the symphony of echoes heard and unheard, history breathes life into our nondescript existence. In this year's Annual Day titled 'Adwitiya Itihaasa', the Middle and High School students attempted to capture carefully chosen legendary tales of valour that since times immemorial have embellished the glorious annals of Indian history. It was a unique opportunity for the audience to step back in time and retrace the glorious footprints of five mighty rulers of our land whose life and reign were indeed an epitome of the cherished core values that The Gaudium School so deeply embodies.















#### Math Day Celebrations at Gaudium

A famous mathematician once said, "Mathematics is the most beautiful and most powerful creation of the human spirit." Mathematics can be tough sometimes, so can many things in life. Mathematics is the only subject which shows that problems have solutions. Mathematics can be fun, challenging, hands on and applicable in real life. To celebrate the spirit of mathematical learning, experience the joy of the mathematical sphere and to explore various mathematical concepts in a creative manner, Math Day was celebrated in The Gaudium School on December 22, 2022. Backed by rigorous planning, the Senior School Math Team successfully conducted a fun-filled celebration of Math that brought forth maximum participation from students. The excitement was at its peak while the students and teachers alike taxed their mental faculties to get to the solution to mathematical problems. A fun session was held in which students of grades 6-8 competed in rapid fire quiz, math catchphrase quiz, fun with tangrams and crosswords. A discourse on the life and works of the Mathematician S.Ramanujan whose birthday is celebrated as National Math Day enlightened everybody and the students were in awe of his achievements. Videos on demonstrating mathematical jokes left the audience in splits. It was a fun filled and joyful day of learning for the students who exhibited unparalleled excitement and actively participated in all activities.



22 12 18 87 88 17 9 25 10 24 89 16 19 86 23 11 That's Really Great...





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#### **Christmas Celebrations**

There's a chill in the air, the town's painted red, there's gaiety around and the spirits are high...'tis the Christmas season and we can't keep calm. When the whole world's celebrating, the Gaudium community cannot be far behind. A joyous Christmas event was presented by the students on December 23, 2022, with the whole fraternity in attendance; it was characterized by little Santas, reindeers and angels. With eyes sparkling and smiles widening we swayed to popular Christmas carols. Quite surprisingly, Santa came downtown with a very special gift of eternalising the Gaudium core values of Integrity, Perseverance, Empathy, Respect and Gratitude. There couldn't have been a better day to experience the true Christmas fervour and unearth the essential goodness in us. It indeed was a merry Christmas!







### Mindfulness and Wellbeing



#### **Group sessions**

Group session are being done across grade in CAI starting December 2022. The intention of conducting such session is to allow the class as a whole to have some cohesiveness amongst themselves and to enable them to support each other. Further, the intention is to also to reduce conflicts , teach them to resolve conflicts and not let it affect the class dynamics. Besides reducing and managing social- communication skills, they have also been found to be effecting to motivate students, encourage active learning, and develop key critical-thinking, communication, and decision-making skills. Group sessions greatest benefits is that each students learns to resolve conflicts by learning from others, while also making discretion of them being right/ wrong; appropriate/ inappropriate. have an added advantage of making further in class sessions more tailor made, and also providing room to identify children who may need individual attention and support.

The group sessions begins with an open conversation around what they like about being in a specific grade, how are they able to support each other and what are the special talents in their class. Every child is encouraged to participate. Post this , we look at what do they see as common concerns in their class, being also mindful not to make this about one person.

Students are taught the skills for effective language usage, being mindful of what and how they share things, and to respect each and everyone's opinion. As most of these sessions were confidential, students were found to be very open and very interactive in the sessions. A lot was highlighted in terms of their uniqueness and in terms of the pressing conflicts.

Group sessions highlight and provide space to learn to imbibe core values of Empathy , respect, gratitude and perseverance.

-Meenakshi Moorjani School counsellor

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## Mindfulness and Wellbeing

#### **Puberty Health and Hygiene**

Personal health and hygiene have been found to play a very important role in keeping oneself healthy and safe. It is because of this reason that, kids are taught the importance of hygiene not only from a medical/ health point of view but also as a basic skill that they need to learn and prioritize. With this intention, we conducted a session on Personal health and hygiene for girl and boy students from grades 6 to 8. The session was as a part of Life skills classes, and we had Ms Jyothsana, School Nurse, and Dr Rajasekhar who conducted the session for us. Here the students were made aware (and even reiterated) the importance of personal hygiene , and how it contributes to a healthy mind and body. Pointers around dental, skin , and healthy food habits were spoken about. Later the students were made aware of the Menstrual cycle, and best practices to keep themselves clean and safe from infections. For boys, emphasis on Puberty cleanliness and embracing the changes, and adopting lifestyle and healthy changes was emphasized. The session ended with question and answers, where every question was welcomed and children were encouraged to ask leaving their inhibitions aside. Students were able to get answers for their concerns. It was overwhelming to see how the students were willing to embrace and prepare themselves for this new journey.



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Helpful Information

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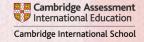
### Mindfulness and Wellbeing

#### **Mindfulness Sessions**

The increasing awareness that creating a safe place for our children to learn begins by creating a place for them to breathe mindfully and recognise the purpose of our educational activities, is transforming our classroom into a haven, untouched by the stress and anxiety of the current climes. Simple mindfulness activities that are being practised in the classroom are bringing in the necessary calm and we can already see the teachers and students reaping its benefits. Increased levels of concentration, improved social skills and enhanced decisiveness is sure to translate to better academic performance. We are proud of our students, gradually building on their resilience, identifying distractions and self-regulating to make classroom learning more meaningful than ever before .









#### Grades 6-8 Career Awareness Session – Aviation

Career awareness promotes self-awareness from an early age as children learn about their abilities, their interests, and their strengths. To give more insight about the careers in the Aviation filed, career counsellor has organised a session with Jag Aviation professionals where they gave in detailed information about the careers that are available.

The students were happy to have their queries answered and the session was concluded with a vote of thanks.









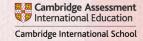
#### Study and Work Opportunities in Ireland for Grade 9

Ireland's worldwide reputation for high quality education is built on the solid foundation of commitment to excellence. Despite being an island nation, it is jam-packed with things that make it a popular destination for students studying abroad. To understand about Ireland education our school career counselor Ms. Mahitha Sammeta has organized a session with University of Galway representatives where they gave the information about education, the work opportunities, entry requirements.

The students had a productive session and gained much clarity about the Ireland education.









#### **Three-Way Conference**

Together we nurture the dream of holistic excellence for all our students, and parent-teacher interactions play a crucial role in the achievement of this goal. The interactions and discussions among the parents, students, teachers, coordinators and the Principal strengthen the bond among all the stakeholders, leading to an atmosphere where we acknowledge the child's aptitude and achievements. Such positive interactions yield rich dividends. With that end in mind, we successfully completed a three-way conference designed to understand the child's progress assessed on the basis of the Unit Test and Pre-board results on December 3rd and December 10th.













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#### **All Hands' Meet**

It was once again time to come together as a family, to share updates, ask questions, and evaluate the progress of our goals. It is the best possible management initiative to bring all teams to bond over our common objectives and a befitting jolly gathering before the winter break.







## **Global Leadership**

#### **Accolades and Laurels**

The Gaudium School has been conferred with The Dynamic School 2022 award by **Times of India**. The Gaudium was also named the school with the Best Campus and Architecture and Design Ms. Shalini Singh Hamilton, Principal - Middle & High School, received the award in a grand ceremony



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# Coming up next

Date	Day	Event	Grade
Jan 4 <sup>th</sup>	Wednesday	School reopens after winter break	Grades 6 to 10
Jan 6 <sup>th</sup>	Friday	Mega University Fair	Grades 6 to 10
Jan 12 <sup>th</sup>	Thursday	Special Assesmbly on Sankranthi	Grades 6 to 10
Jan 13 <sup>th</sup> to Jan 16 <sup>th</sup>	Friday to Monday	Sankranthi Holidays	Grades 6 to 10
Jan 26 <sup>th</sup>	Thursday	Republic Day and Joy of Giving	Grades 6 to 10
Jan 30 <sup>th</sup>	Monday	IGCSE Board Examinations start	Grade 10



## Links

Our website: https://www.thegaudium.com/

Learning blogs: https://www.thegaudium.com/the-learning-blogs/

Facebook : For daily updates please like the page. https://www.facebook.com/thegaudiumschool/

Sportopia registration link http://sportopia.thegaudium.com/pages/enquiries





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