



PRISM

Cambridge International Edition

Message from Associate Coordinator

Dear Readers,

Welcome to the September edition of the Cambridge newsletter

The exam season is finally over and it's time for the autumn break, a respite from the early morning bus honks and a hearty welcome to lazy afternoon siestas and late-night family dinners! It was also a time to get murky with colours, indulge in artwork, and bask in the glory of having created a masterpiece!

Year on year our student stories of school breaks have been my window to revisit times which would otherwise be lost in the ravages of time, these simple pleasures help me connect to myself; the perks that I enjoy as an educator. It is this connection that can never be overemphasized. While we all talk about learning a new skill, exploring new places, visiting grandparents and learning some household chores, I for once wish to underscore the reflective attitude of understanding one's own mind's processes. There can be no better way of accentuating the understanding of the self than to encourage the students to take up extensive age-appropriate reading.

Family meals can be enlivened with a conversation that circulates around a



book or a family project of creating book journals. Also worthy of mention is the OTT platform that is taking the media space by storm; a family movie time followed by meaningful conversations of the actions and intent of the protagonist makes for a brilliant tool to widening perspectives and understanding the complexities of the human mind; engaging in the future forward. After all, it is their time that children spend around adults which makes all the difference.

So, let's make this vacation a family tapestry of vibrant memories and come back a little healthier, a little wiser. May the festivities of the season forever fill your life with joy and foster a new-found love for learning.

Stay Safe and Inspire Greatness!

Ratna Das
Associate Coordinator

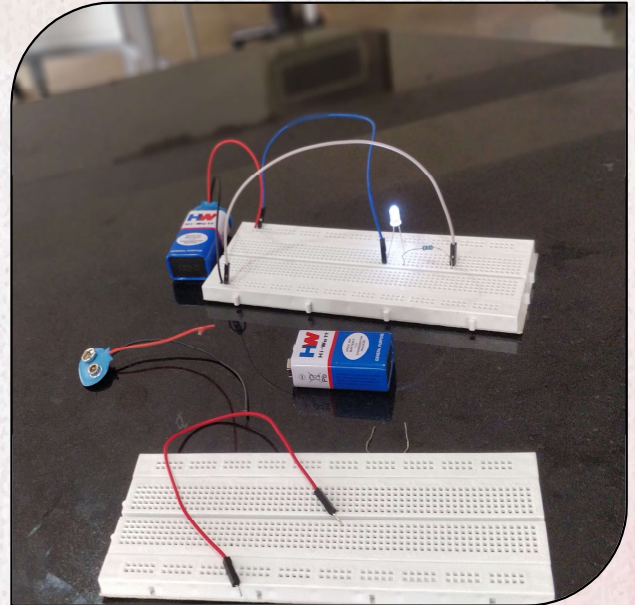
Holistic Excellence

Revision classes for Term 1 Exams



Holistic Excellence

"Creativity is a habit, and the best creativity is the result of good work habits. The true sign of intelligence is not knowledge but imagination."



Global Perspective
project
presentation by
Grade 6B students



Holistic Excellence



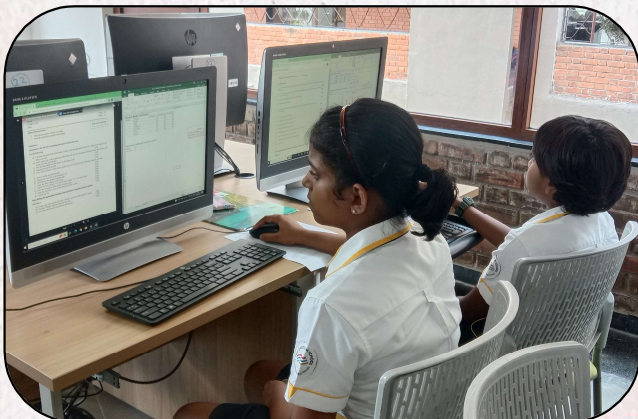
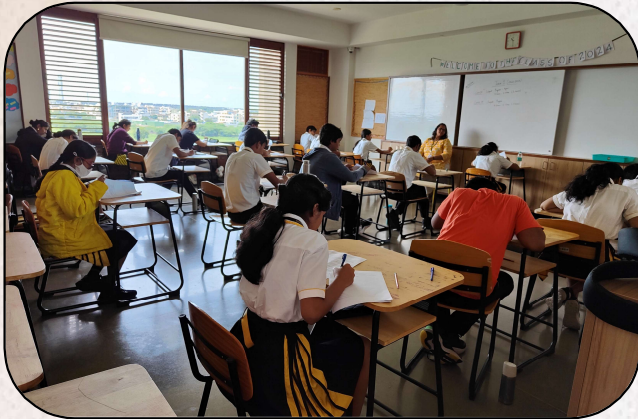
"There are shortcuts to happiness, and **dancing** is one of them."



Holistic Excellence

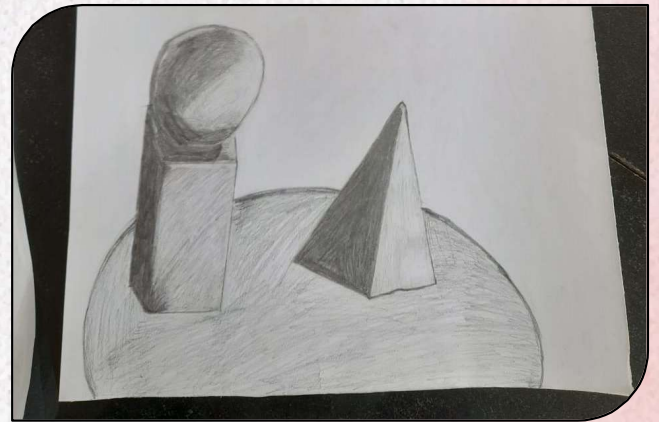
With the Term 1 examinations underway the classrooms came alive with preparatory rigour. The students strictly followed an examination and revision schedule to enable recapitulation and fine tuning of their learnings. Like always our faculty members went beyond their call of duty and conducted study lounges on the gap days and also during the weekend.

The students were encouraged to treat this assessment as an opportunity to showcase their superior learning skills and keep anxiety at bay. Afterall, at the Gaudium we believe in creating happy minds by nurturing the joys of learning in every sphere of the students' development and assessments are only one part of the multitudinous process. Yet, its importance cannot be undermined and we always want our students to approach it as a challenge that they have been relentlessly training for.



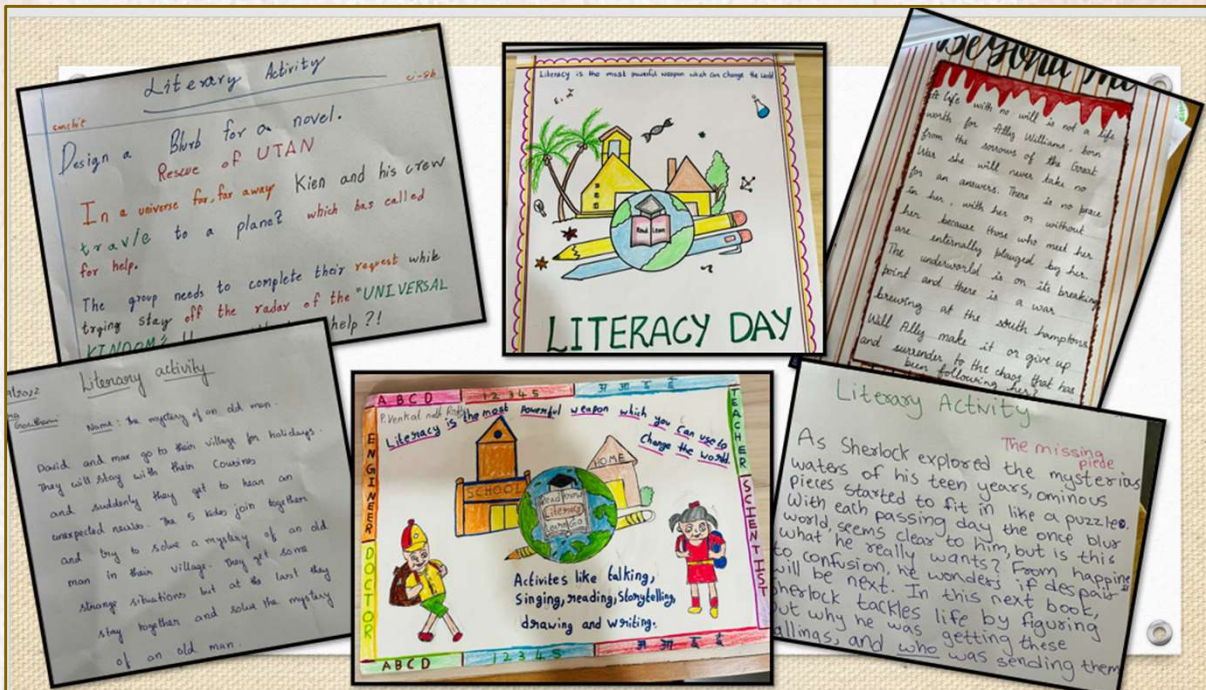
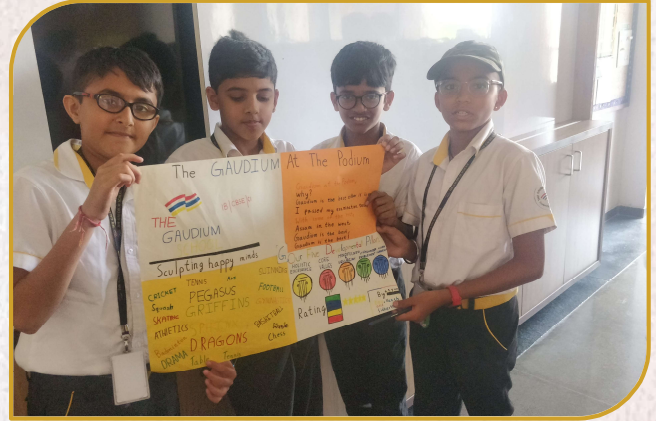
Holistic Excellence

Term 1 Art & Design Examination



Core Values

Literary Day Celebrations



Core Values

हिंदी दिवस के उपलक्ष में

!!!!!!.....देश विदेश में भी परचम लहरा रही है हिंदी!!!!!!

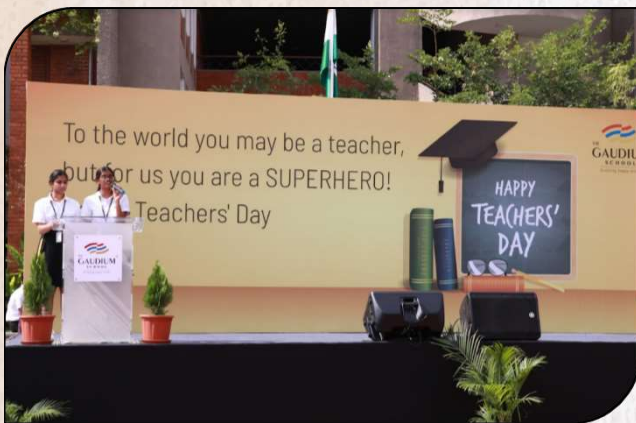
प्रत्येक वर्ष 14 सितंबर को देश विदेश में हिंदी दिवस बड़े धूमधाम से मनाया जाता है। विद्यालयों में विद्यार्थी अपनी प्रतिभा को दिखाते हुए नुक्कड़ नाटक, कविताएं, नृत्य तथा गायन प्रस्तुति आदि करते हैं। वर्तमान समय में देखा जा रहा है कि हिंदी ना एक शिक्षा का विषय है बल्कि साहित्य से लेकर चलचित्र जगत में छाई हुई है। आधुनिक युग में यह रोजगार और व्यापार की भाषा है। कहते हैं कि नींव जितनी सुदृढ़ होगी मकान उतना ही मजबूत बनता है। हिंदी एक ऐसी भाषा है जो कि ना कि देश बल्कि विदेश में भी लोगों को एक दूसरे से जुड़े रखे हैं। इसके बढ़ते कदमों को कोई नहीं रोक सकता राष्ट्र प्रगति में इसकी अहम भूमिका है। एकता का सूत्र है और इसका स्वरूप राष्ट्रभाषा का है। संस्कृति की धरोहर है हिंदी राष्ट्रभाषा के रूप में हृदय पर अंकित है। हिंदी सभी की प्रिय है और सभी भाषाओं के मध्य समरसता ही भारत संस्कृति की विशेषता है। इसीलिए कहा जाता है कि....

**गर्व हमें है हिन्दी पर, शान हमारी हिन्दी है।
कहते- सुनते हिन्दी हम, पहचान हमारी हिन्दी है।।**

निशा शर्मा
हिंदी अध्यापिका

Core Values

Teachers' Day celebration 2022 was indeed a special day that we will all cherish forever. Replete with soulful melodies, graceful dance performances, poignant drama performances, thoughtful speeches and more than can be woven in words, the students left the audience in awe of their sheer dint of determination to pull off a spectacular show. With every performance the smiles broadened, the fun quotient multiplied and the bond strengthened. The fiesta was definitely a treat to the eyes, but what set it apart was the sincere desire to commemorate the endeavours of teachers who put their soul to service. The innocence of childhood and the sparkle of adolescence combined forces to display an extravaganza worthy of unabated applause. It left us with a profound sense of gratitude and reinstated our faith in the nobility of the cause.



Mindfulness and Wellbeing

Mindful sessions
for Teachers



Mindfulness and Wellbeing

Understanding and Managing a Child's Behaviour

A virtual session for the parents of Grades 6 to 8 was conducted by our School Counsellors, Ms. Sudakshina Dey and Ms. Leonie Marshall. The aims and objectives of the session was to help parents to enhance skills in their children which in turn would help them in their future endeavours and in facing life's challenges. It also aided in understanding the growth and development of their children and how to address their different needs, the importance of building strong connections and the dos and don'ts of parenting .

What role does your parenting play?

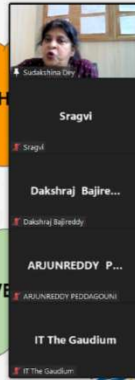
CALM

ACTIVE
LISTENER



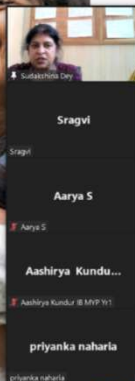
EMPATHY

OBSERVE



*We may not be able to
prepare the future for
our children, but we
can at least prepare
our children for the
future.*

- Franklin D.
Roosevelt



Mindfulness and Wellbeing

Coping with generation Z: Session with parents



Mindfulness and Wellbeing



Coping with Exam Stress

Exam, studies, revisions, submissions. These are few of the things that come to our understanding when we talk about academics in the life of a students especially during exam time . While at Gaudium, we understand and emphasize on holistic development and encourage children to take part in extracurricular activities, exam is however one time, when few of these things do take a step back both at school and at home. Now, for few students this can be a welcome change, but for some, it may not. It may in fact become a source of stress. While stress, has its own positive effect, it also brings with it a tendency to feel worried, restless, feeling confused, losing interest and also having erratic sleep and eating patterns, in young and older children.

Being aware of the impact that exam stress, can have on students, we initiated awareness sessions for the students of our school, around stress management and ways to prepare for their upcoming exam. Educators and parents, know for a fact that preparing for exam, isn't a one-time thing, it's a habit , that needs to be inculcated and imbibed through perseverance, sincerity and patience for reward. It involves immense skill learning and adapting to the requirements of each subject papers, patterns and one's own learning style and personality. We believe that instilling a sense of assurance, and a space for open conversation around the struggles being faced, the student can effectively manage their stress levels.

Students are found to thrive and do well in exam, when they have a good sense of self worth and effective planning and learning strategies. It's easy for an individual to question them selves and to feel that they aren't able to cope or are bad at managing stress. At this point it becomes important to remind students they are skilled at managing themselves, its just that at this moment, we aren't able to see the path.

With focus on this, during the awareness sessions, that were conducted across the grades and segments , emphasis was on identifying triggers for stress, identify their learning styles . It is seen that when children are able to make their study notes and revisions taking into account their learning style, they are better able to retain and recall information during exam. Further, students were made aware of the different memory strategies and planning ideas to enable them to learn better , and recall easily. These all things become possible , when the students gives themselves the opportunity to practice these strategies, and the best way to do this , is by planning and having schedule for revision. During the sessions, emphasis on maintaining health, hygiene , good sleep practice and taking care on one's body by watching on their diet and mental health by practicing exercises, meditation, yoga can go a long way to keep them stress free during the exams. Students were encouraged to seek support incase of any help to peers, teachers and even counselors.

Meenakshi Moorjani

School Counsellor

Stakeholder Engagement

Communication & Collaboration through various meetings



Stakeholder Engagement

Day-outing at Wonderla

It was a fun-filled, relaxing outing to the Wonderla Amusement Park for the students on September 23, 2022. Thrilling as it was, the students had the opportunity to enjoy the Interstellar rides, the brilliant 3D shows, and the other breathtaking crazy rides. They relished their lunch and dessert treats. Overall, it was a memorable experience.



Global Leadership

SAIBSA-IB MYP & IBDP

The Gaudium School hosted the South Asia IB Schools Association (SAIBSA) 2022, the first of its kind after the pandemic. The objective was to promote a greater understanding of the IB programme. It provided an excellent opportunity for experienced/new teachers, coordinators, vice principals and principals from IB schools to come together and share expert teaching practices, teaching ideas, explore issues/challenges relevant to the country or region and strategize solutions. Above all, it provided a unique opportunity to strengthen and deepen the understanding of IB philosophy and IB standards and practices. All the participants were exceedingly impressed by the school facilities and brilliant sense of hospitality. Their reflections evidently point at significant take-aways from the learning sessions.



Global Leadership

At the **IndiGlobal Education Festival** on 17th September, our Middle and High School Principal, Ms. Shalini Singh Hamilton, was conferred with the Excellence Award by IAS, Mr. Navin Mittal, Commissioner-Collegiate Education & Technical Education, Govt. of Telangana.

She was on the panel for discussion on 'Social and Mental Well being of Students'. Amidst a panel that ranged from students' rights activists to police personnel to educationists, she spoke on how establishing the core values of empathy, gratitude, perseverance, integrity and respect, and practicing mindfulness in school atmospheres are central to the social and mental well being of students.

image courtesy: IndiGlobal Images



Global Leadership

It is extremely important to acknowledge and appreciate the enablers of our societies who with their endless efforts shape the future. Ms. Shalini Singh Hamilton, our Middle and High School Principal, was felicitated with the **'Principal Par Excellence'** award by the Institute of Hotel Management on 24th September by the IIHM Director, Mr. Emmanuel and Mr. Uppala Srinivas Gupta, Chairman, Telangana State Tourism Development Corporation.



Global Leadership

It takes a special motivator to ensure that new knowledges become an integral part of our livelihood. On that course in the journey of education, our Middle and High School Principal, Ms. Shalini Singh Hamilton, was awarded the **'Global Computer Science Education Ambassador for Leadership Excellence'** in a virtual event by Super teacher on 26th September. It is noteworthy how at The Gaudium we have embraced the teaching of Computing, Machine Learning and Artificial Intelligence; and also how our STEAM and Robotics lab is inspiring everyday.



Global Leadership

The pride of Gaudium: Archita Nitin Joshi and Anivitha Gorantla would be participating in Badminton - Sub Junior Nationals in Hyderabad from 3rd Oct to 10th Oct 2022.

Wising them all the best!!!



Archita Nitin Joshi,
Grade 6A



Anivitha Gorantla
Grade 6A

Coming up next

Date	Day	Event	Grade
10 th October	Monday	School reopening after Autumn break	Grades 6 to 10
15 th October	Saturday	Three Way Conference	Grades 6 to 10
24 th & 25 th October	Monday & Tuesday	Diwali Holidays	Grades 6 to 10
29 th October	Saturday	Farmer's Market	Grades 6 to 10

Links

Our website:

<https://www.thegaudium.com/>

Learning blogs:

<https://www.thegaudium.com/the-learning-blogs/>

Facebook : For daily updates please like the page.

<https://www.facebook.com/thegaudiumschool/>

Sportopia registration link

<http://sportopia.thegaudium.com/pages/enquiries>

Editorial Board

Chief Editor

Ms. Ratna Das

Associate Editors

CI Team

Creative Team

Ms. Katyayani Barla