



IBDP Edition June & July 2021



June-July 2021



Principal's Message

Dear Parents & Geckos,

Welcome to the June-July edition of the IB DP Newsletter!

As I sit back to reflect on the joys of learning at The Gaudium, I realize that our classrooms are spaces where dreams are carved and nurtured. Doing this for children has to be a collective effort, and to see how the school staff and families align in this endeavor has been a real privilege. These two months have been guite eventful and we have experienced an extraordinary range of activities that enriched the education of our students, beyond the timetabled curriculum. The outgoing batches of Grades 10 and 12 were bestowed with the graduation laurels in a gorgeous ceremony; needless to mention that the pride of the moment will be cherished forever. Next, we had the student council members assuming their responsibility as student leaders in a ritualistic manner in this year's Investiture Ceremony. In their victory is written the tales of responsibility to uphold the sanctity of our institution. Above all, the students have been engaged in variety of exceptional learning experiences with visible cognitive benefits.

To quote Dalai Lama "While educating the minds of our youth, we must not forget to educate their heart" and I take great pride in claiming that our Geckos have ventured into becoming mindful, reflective individuals who value their relationships above everything else. I believe that the open, honest relationships that we enjoy between home and school are essential models for our children. I also believe that they serve to reinforce and amplify our efforts, and through alignment they become resonant.



This resonance pulls us along and keeps us in harmony. Thus, in our classrooms we see The Gaudium's vision manifested in reality with illustrative examples of students empowered by learning, empowered by values, empowered to act.

Finally, we are still in the phase of restrictions, I encourage you all to continue to work together to keep our community safe and not jeopardise the results of the sacrifices we have made over these past many months. There are significant and real glimmers of hope on the horizon.

Stay Safe, Dream Big and Celebrate the Small!

Warm Regards

Shalini Singh Hamilton Principal IBDP/MYP/Cambridge/CBSE





Holistic Excellence

The World Youth Day

The IB MYP & DP students gathered for the first of its kind Youth Skills Day at Gaudium on the 15th of July, Thursday. Another virtual event in the string of brilliant events that our students have put up in the last 12 months, the Youth Skills Day Assembly was conducted by students from all the years of MYP & DP, which I felt was amazing when the physical isolation that we are subjected to is considered. However, the students of DP 2nd year need to be congratulated the most as they were the chief architects of the event who not only planned the event but brought everyone together also.

So, starting with the youngest ones who came up with the school song and school prayer, we met with the older students who through a range of activities made the assembly aware of the fundamental goal behind observing the day which is to make the youth ready for every odd problem that they are going to face in their lives, now and in the future. To ensure the start of the day became bright and inspiring our smart and enlightened senior most geckos had an interactive guizzing and guessing game which let the assembly know a few things about Youth Skills Day. The activities also reinforced the idea of life skills being an everyday and extremely practical concept.



The essence of the event was in line with the pillars of Holistic Excellence and Global Leadership which are two of the five developmental pillars of The Gaudium Happy Minds' Model. The event, in fact, followed after the school started a dedicated Life Skills department which would add to the skill sets of our geckos and ensures holistic excellence. On the other hand, this new and necessary department is also honing their leadership skills through improving their extracurricular abilities which make them more confident in life.

Prithvi Sinha HOD English & Tok Coordinator





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The World Youth Day Special Assembly











Holistic Excellence

The Gaudium Speaking Library

"The power of human interaction is only understood, when lost". This thought was the virtue that led 'The Gaudium Speaking Library' to its initial purpose. This journey has been an astounding one, with many ups hurdles, failures, and downs, and achievements. It started off as a modest CAS activity but guickly turned into an emotional event. To put this concept into words, I sent draft after draft to our mentor, CAS coordinator, and IBDP coordinator, with meeting briefs, raw planning, topic filters, Core-team team discussion summaries, and other required documents. While I was able to construct a feasible plan, there were several roadblocks; rejections and the requirement to change the structure of the event, but with the formation of a core team, consisting of three of my closest classmates, I was able to turn things around for good. The idea of how we spent 6-7 hours a day as classmates learning about each other's strengths and weaknesses, encouraging our peers on our social media group every time one of us was in the spotlight for even the smallest of reasons, giving support and encouragement!



To do the same and get to know each other better, to interact and live these last two years of high school to the fullest. I became motivated to take the "Gaudium's speaking library" to unimaginable heights

Ambe Jain DP2 Student





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The Speaking Library (Vol.II) announcement by the IBDP-2 students

In the last academic year, the IBDP-2 students initiated the Speaking Library event (Volume-I). Moving on, they have announced Volume-II of the same event, inviting their fellow geckos from CBSE-12 for collaboration.

It's our stories that make us what we are. The Speaking Library is a unique event where the student speakers are invited to voice their thoughts, and share their unique stories with a non-judgmental audience, and become effective communicators in the process. In their presentation, the students of IBDP-2 presented the main ideas of The Speaking Library. They highlighted how the event aimed to facilitate collaborative and communication skills. They also shared their eventful journey (Volume-I) from last year through a well-crafted video. Providing information about the topics and stories covered so far will ensure originality and non-repetition of similar ideas this year.

Students have displayed their meticulous planning and commitment toward The Speaking Library. Here's wishing them good luck!





Holistic Excellence

We hear it all the time - "Draw or paint what you see." Seems simple enough, right? Just look at whatever your subject may be and put it on the surface. Many students, however, simply do not know what to look for to "draw what they see". They may see a still life, a landscape, or a person, but they don't understand how to take the visual information and turn it into a representational drawing or painting. But once they know and understand what needs to be observed and recorded in the art, the "light bulbs" turn on. In the month of July, students were mostly focusing on the observational assignment which is the way to exercise the connection between what the eyes see and what ends up on paper or canvas.





It requires focus as well as attention to detail and the ability to find relationships. The relationship of one object to another and the relationship of those objects in space. Through reinforcement and scaffolding students are in the process of mastering skills and demonstrating holistic excellence.

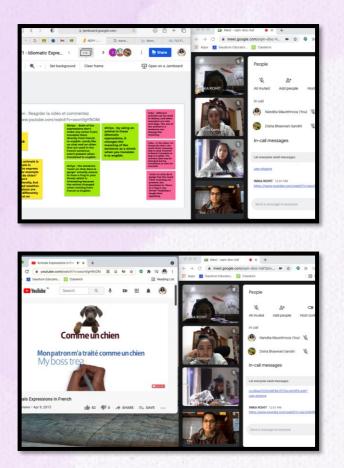
Debendra Kumar Sahoo HOD Visual Arts

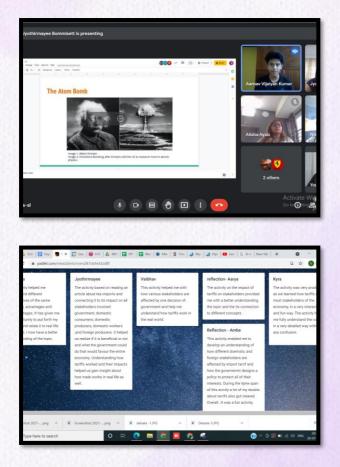




Holistic Excellence

Various activities conducted like debate, ATL skills and peer presentations.











Core Values

Special assembly holds the prominent arc position out of all the routine activities in a school. It aids community participation as well as hones the skills of children on account of healthy competitive spirit between different groups. Keeping up with the same, the students of MYP & DP conducted their assembly on 7th July 2021.The theme of the assembly was '**Respect'**.

The assembly commenced with the School Song and Prayer by Harshita (MYP) which is believed to provide peace and serenity to our minds and souls. Following this was the presentation of thoughts and ideas about the theme- "Respect for nature" beautifully communicated by the audiovisual of the song- "Earth-A life" for by Karma 6. sona Nevertheless Sahaj (MYP) reminded us all about the importance of nature by her mesmerizing recitation of the poem "Sapne Bunna Sikh lo" written by Narendra Verma. In order to express the assembly's theme, the students presented their art works which revolved around the fact that we should be grateful to nature as our provider.



Lastly a thought provoking video was projected on the fact how we as humans are exploiting the environment and it is important to respect nature and our duty to protect it. The whole assembly brought us a very clear notion of how respect is important to have a balanced nature. As our Guardian, Principal Ms. Shalini Singh Hamilton graced the occasion with her strong beliefs to treat everyone equally and respectfully. She further applauded and encouraged the students to put in their best to save each drop of this precious nature.

Debanita Roy Biology & ESS Facilitator





Core Values

Creativity, Service and Action

With the energy and feedback support received with the Musical event for teachers, the. IBDP-2 students are moving ahead to organize a musical event for the Geckos from grade 6 to 12. They are planning on the objectives of the event which would enable the students to showcase their talent in vocals or instruments. Speaking Library is also announced to the CBSE-12 students and now as the CBSE-11 and IBDP-1 students also have joined the academic journey, the IBDP-2 students are planning to introduce and invite to the event.

Rajinikath Lingala CAS Coordinator-IBDP

Extended Essay

Extended Essay is one of the core components required for the IB diploma program and well recognized by worlds leading universities. It is intended to be an academic-style research paper on a topic chosen by the students in one of the available IB subjects. At its core, the Extended Essay is aimed at cultivating or developing a range of skills and attributes. Extended Essay compels students to act in an academically honest and ethical manner in their journey of pursuing the research work. DP2 students are almost on the verge of completing their research work which will be put forth for evaluation by a panel of supervisors

Dr.Padmaja Kakumanu Extended Essay Coordinator

Theory of Knowledge

"Theory of Knowledge is one of the most interesting if not the most interesting of all DP subjects. It requires the students to ponder upon the question - "How do we know, what we know?" Formally, this question may seem a simple one, however, it is a deep exploration into not only the origins of knowledge but also into the ways we handpick some and reject other knowledge(s) in our lives.

To accentuate the students' understanding of TOK, this year I would expect the students to ensure that they bring in a lot of objects into the classroom, read stories and reports from all over the world and watch prescribed films and documentaries. I also want to conduct a virtual TOK Exhibition which may be open to the educational community in and around the country. Apart from that I want to ensure that both the Diploma year students collaborate with each other to understand the core subject and its assessments well."

Prithvi Sinha TOK Coordinator





Core Values

IBDP1 Induction Program that includes introduction to each subject group introduction, session on understanding core elements, DP2 student led activities to bond with juniors and mindfulness and wellbeing activities.

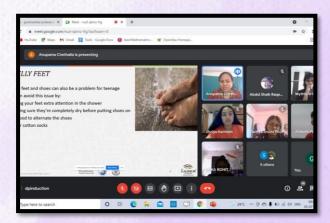
















Live Music Concert for Teachers

The pandemic has locked all of us within the four walls from the past 1 year and we are finding various alternatives to get out of the stress. Not only we teachers, but our students are also sailing in the same boat. Our students have completed their assessments and are waiting for the academic session to begin. In the meanwhile, they have given a thought and came up with a proposal of a Live concert so that their teachers can relax for a while from their busy schedule where the brainstorming will be going on to prepare the students for the upcoming assessments and academic rigor.

The IBDP-2 students Vaibhav Goud, Adithya Rakesh and Blossom have come up with a Live concert rather than a recording one where they will be able to have an interaction with their teachers and realize the challenges regarding the performance during the virtual session dominance in the academic world.



They have faced challenges like internet issues where the speed was not compatible throughout the show and system restarting on one participant before the show however, the students were able to handle them and showcase their talent with commitment and sincerity.

With the spirit of this event, they have extended their thought to invite the other Geckos also to showcase their talent. Wishing them good luck......

Department of Performing Art





With the ongoing pandemic, everything has been online for a year now including our classes. Teachers were gearing up for the upcoming new academic year while every student was on summer break. As the teachers went without daybreak for planning for all grades, it was time for them to give a live performance that helps them and gives a change of mind as relaxation. I played the acoustic guitar with calming melodies that may help them.

Vaibhav Goud DP2 Student





The day we were all waiting for....To finally meet our juniors, we had all been preparing for over a month to be able to give our juniors the first day they deserve. Sure we were getting our CAS points for this project, but I think that motivated us to do better! I was in charge of the music part of the event and had gladly taken up the roll with a few of my fellow classmates. We had decided to rewrite the lyrics of a wellknown song to match the theme of what exactly IB is to us through the lyrics of the song, so we had decided to recreate the song 'This Feeling' by the Chainsmokers.

Kyra Cherian DP2 Student





Reflection on International mindedness skit.

I am Bhavana Kamuri from 12 IBDP, who has played an active role in the planning of the induction programme which was a collective effort by the entire dp2 students and teachers to welcome our juniors. The planning was an intensive task that took three weeks of preparation in order to ensure that everything takes place smoothly and that the dp1 students thoroughly enjoy the programme and feel welcomed. Jyothirmayee, Aaryavardhan and myself have come up with a skit that talks about open mindedness, an important learner profile of the IB curriculum. I am extremely thankful to Dr. Nagaraju who has guided us throughout the process from drafting the script to editing the videos.



Bhavana Kamuri DP2 Student



Adapting a short film for a play performance

For the theatre performance conducted as part of the induction session for the new IBDP batch, I, Jyothirmayee, adapted an Oscar winning short film, The Neighbors by Norman McLaren. During the process of adaptation, I created dialogues and developed a script. I also played a role in the performance. Initially, our team members, Bhavana, Aditya, and I, wanted to make a performance on open-mindedness and International mindedness. Our goal is to demonstrate how IBDP stresses on International Mindedness in the diploma program. To prepare a script, everyone researched to find suitable stories. Part of the research, we have read a few scripts, watched a few short films, and referred to a few short stories. During the entire process I realized that I nurtured on curiosity and developed skills for inquiry and research

Jyothirmayee B DP2 Student



Reflection on Kalpana Ramesh's talk on Water Conservation

really wonderful We had а session with the water warrior Ms. Kalpana Ramesh. We learnt about her many achievements and accolades. She explained the need for conserving water and that whatever we do for the next ten years will decide our future. The Sustainable Development Goals (SDG's) which were incorporated by the United Nations were also explained. Old age India had a very conservative way of sustaining water through stepwells. They had signs to show the level of water to indicate how long the water would stay in the stepwell. She is pioneer of the waterа conserving movement and has included many people in her water-saving endeavors across Hyderabad. A lot of people across Hyderabad do not get enough freshwater. We should try to save the ecology of water.



Trying to save the bore water and recharging the groundwater is a very good way to preserve water. As our population increases our water needs also increase.

Ms. Kalpana's suggestion is to not use tankers and start using more borewells and stepwells by harvesting more rainwater. To start we need to conserve individually and then start at a local or global water conservation programme. She told us to start dividing Hyderabad into 98 basins and as every basin as a superblock.

Abdul Raqueb Sheikh DP1 Student





Talking Titan by Ms. Kalpana Ramesh on Water Conservation

















Mindfulness and Wellbeing

Wellness and Mindfulness-Talking Titan

Paying attention to the present moment, to our thoughts and feelings, and to the world around us can improve our mental wellbeing significantly. Maintaining a positive mental health helps make decisions during times of adversities, especially in the pandemic.

At The Gaudium, we believe that the daily practice of mindfulness promotes a healthy and happy mindset. Mindfulness and wellbeing—one of the core pillars of The Gaudium school fosters positivity by making us aware and awake to our body, mind, and feelings. It helps us understand and accept ourselves and the world in a better way. The mindfulness and wellbeing program is an integral part of our daily routine at school. It enhances the intellectual, moral, emotional, social and physical development of each student.

As part of our Mindfulness and Wellbeing initiative, we invited Ms. Divva Gupta, a consultant clinical psychologist and mental wellbeing coach, to take a session on mental wellness and managing stress during pandemic for grade 9 to12 across all segments. The objectives of the session was to understand factors affecting mental health, recognize challenges faced during the pandemic, identify signs of pandemic fatigue, and share tips and techniques to cope with the ongoing situation. Ms. Gupta talked about the common stressors that have impacted in the pandemic. The students and teachers participated actively; they accepted having feelings of boredom, anger, fear, and sadness.



Ms. Gupta explained different types of stressors and the factors contributing to pandemic stress. She talked at length about coping mechanisms, such as getting a good quality sleep, dealing with anger and fatigue etc.

Ms. Gupta concluded with a mindful meditation session to help the participants stay grounded in the present moment. Overall, the session received an enthusiastic response; both students and teachers asked questions and got their doubts cleared. They were happy with the suggestions and advice received from Ms. Gupta.

Sukanya Das Psychology facilitator School counselor





Mindfulness and Wellbeing

Reflection on Mindfulness Activity Conducted

Being able to conduct the mindfulness sessions was a great learning experience for me. It not only gave me the opportunity to conduct sessions under the 5 domains breathing, Mindful Mindful of emotions/movements, 5 senses, Self awareness and Mindful thinking for my fellow peers, but also encouraged me to practice them regularly myself as well. The feedback I gained from mv classmates and teachers also helped me a lot in bettering my sessions.

Rachana Govindayapalli DP2 Students





Mindfulness sessions part of our Making schedule every morning supports us in starting the day being self-aware of out our surroundings, our environment, and keeping a calm state of mind that can help us be focused in our classes and separate our mind from being on screen all the time. My experience of the mindfulness sessions has truly been very calming as they help me keep an open and curious mind. They also teach me a lot especially when it comes to keeping my mind connected to my surroundings and my body. As mentioned before, I learn a lot in these sessions from techniques to activities that I can incorporate into my daily routine. While conducting these mindfulness sessions not only do I get to teach my peers about it, I get confident talking publicly in front of my peers and teachers and that has truly helped me evolve as a person.

Navya Viriyala DP2 Students





Global Leadership

DP1 Induction Session

As seniors, we were given the opportunity to do a formal induction session for our new juniors at

DP1. All of us were stoked at this opportunity because we didn't have an induction from our seniors, but we had the chance to welcome our juniors to the IBDP curriculum with a set of performances and ideas we planned. The planning process at first was a bit tough, because we had to make sure that all our ideas could cover the time slot that was allotted by the teachers. But after we thought about what we had wanted our seniors to do when we were the juniors in the school, ideas came pouring in and we were sure to come out with a grand performance. I decided to compere the event and make sure that all the ideas were executed in the right order so that our juniors would feel welcomed.

Forming a proper script was not very difficult thanks to Abhijeet and Vibhu who also were compering in the event and the script for the big day was ready within no time. I also participated in a few games that would tell us more about one another, such as 2 truths and 1 lie. The game was really fun, and we included the teachers to participate in as well. It wasn't the original plan to include them at first but as this would improve the relationship between our juniors and the teachers, we couldn't leave it out.



The conversations and the amount of laughter we all had with the mentors when we guessed wrong or when we were shocked to know more things about them that we never would've guessed was amazing. Our plan worked really well and some of the juniors were also opening the conversations, which was our goal at the end of the day. At the end of the day, we all had fun and that was the key takeaway from our induction. We wanted our juniors to feel a bit welcomed on their first day of school with us and I think we achieved that.

Aarnav Kumar Vijaiyan DP2 Students





Global Leadership

IBDP Parent Orientation-2021











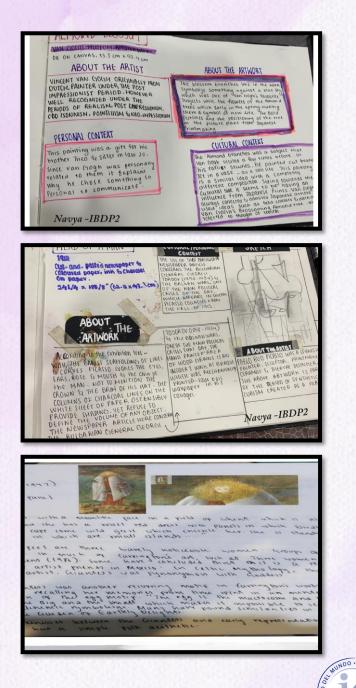


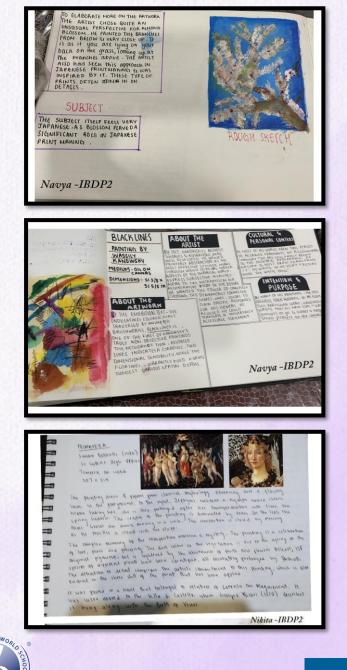




Global Leadership

Aesthetic experience is not limited to any specific context, their sensory, cognitive, and behavioral characteristics are profoundly affected by the circumstances within which they occur. Therefore, critical and contextual analysis provides a framework for understanding visual art context through theoretical practice. Below are the evidences:







Upcoming Events

Date	Day	Event	Grade
7 th August	Saturday	Alumni Formation	DP1 & DP2
15 th August	Sunday	Independence Day	DP1 & DP2
16 th August	Monday	DP Assignment begins	DP1 & DP2
18 th August	Wednesday	Talking Titans	DP1 & DP2
27 th August	Friday	National Sports Day	DP1 & DP2
31 st August	Tuesday	TOK Presentation	DP2





Links

Our website: https://www.thegaudium.com/

Learning blogs: https://www.thegaudium.com/the-learning-blogs/

Facebook : For daily updates please like the page. <u>https://www.facebook.com/thegaudiumschool/</u>

Sportopia registration link

http://sportopia.thegaudium.com/pages/enquiries





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