

Cambridge International Edition

June-2020



Table of Contents

- 1. The Principal's Message
- 2. The Coordinator's Message
- 3. Humans@Gaudium
- 4. The Five Pillars
- 5. The Congregation of Calibre
- 6. Splash Literati
- 7. Quantum Collators
- 8. The Magic of Mathematics
- 9. The House of Humanities
- The Upskill Clan...Enduring Experiences



Table of Contents

- 11. The 5 Pillars Reflection
- 12. Student's Reflection
- 13. Teachers' Reflection
- 14. Stakeholder Engagement
- 15. The Hall of Fame
- 16. Coming up...next month
- 17. Links
- 18. Editorial Board





Principal Cambridge International & CBSE Shalini Singh Hamilton

Dear Parents & Geckos, Greetings from TGS!

In a first of its kind, the corona virus has brought the world to a screeching halt; Covid-19 has thrown education in a loop as its widespread has restrained us to our homes. All the educators and learners grapple with the sudden new norm of complete tech-mediated teaching and learning.

As we limp back to semi-normalcy, we now find ourselves in a new eco-system of blended learning and virtual teaching. Coping with emerging technologies, understanding student engagement, devising activities and participation, assigning homework and assignments, all require learning in this new paradigm. Teachers are being the beacon of hope as they rise above their personal debacle and become a pillar of strength for the students. We at Gaudium, academic team, IT team, administrative team, are putting all our efforts together to reinvent and upgrade ourselves. It is indeed a stimulating, incredible opportunity to change the education system in one clean sweep.

The COVID-19 shutdown is an opportunity for parents to rebuild their partnership role in educating their children to make them good human beings by instilling in them family values and life skills and helping them become good family persons. As we know, the family is the basic unit of our society, nation and the globalised community. Once we succeed in establishing good families and family bonds; the foundation of a better society, nation and a globalised community are done. This naturally helps us end many conflicts that trouble us and put us in great strife and stress daily.





Principal Cambridge International & CBSE Shalini Singh Hamilton

Geckos, be kind to your family and spend quality time together, investigate your own interests, exercise and meditate to keep yourself fit and happy, get creative, find ways to make a difference. Here are some tips for you to remain positive, strong and upbeat during this challenging time:

- Nothing lasts forever. Not even the coronavirus.
 So, stay strong and fight hard.
- Stay home and stay safe the only medicine found till now for coronavirus. Keep calm and help flatten the curve.
- You're braver than you believe and stronger than you seem, and smarter than you think - so follow the safety guidelines and sanitisation protocols to defeat Coronavirus.
- Keep your face to the sunshine and you cannot see a shadow. Stay positive, stay home, stay safe and save lives.

On a positive note, the academic year 2020-21 is a very special year for all of us as we put into practice the Happy Mind Model, beautifully conceived by our Director, Ms. Kirthi Reddy. We are working relentlessly to ensure that the Five Pillars are being incorporated and implemented into the scholastic as well as all the events of the school thereby leading all the stakeholders to achieve excellence in their respective domain.

All the best! This too shall pass. And we'll be here when you get back!



The Coordinator's message



Greetings to one and all!

I believe that the best philosophy in life is to keep the mind happy. We do not know whether success gives happiness or not, but a happy mind can always lead to success. Every time we see a giggling baby or young child, we are reminded that we are all born with this natural and innate sense of happiness - it is, actually, our birthright. We learn about suffering or unhappiness as we grow older, more externalized, and as circumstances change. While many people believe that happiness appears dependent, conditional and elusive on a number of factors other than themselves. Have you ever considered that happiness may be more connected to you and your behavior more than any other circumstances? Very little is needed to make a happy life; it is all within ourselves, in our way of thinking.

With that thought and inclination towards happy living, I welcome you all to the new academic session (2020-21).

Sunitha Indukuri, CAIE Coordinator



Humans@gaudium



Beginning at The Gaudium

A new academic year for The Gaudium School (TGS) began on the 1st of June with a positive, engaging and thoughtprovoking two-week virtual orientation programme for the academic staff. The main objectives of the programme were to acquaint the teachers with TGS' vision, mission and "The Gaudium Happy Minds Model" with its five foundation pillars. The orientation was also aimed at equipping the teachers with the innovative trends in teaching that have emerged with the new virtual world of teaching and learning.

The Director of School, Ms. Kirthi Reddy enlightened the mentors with her philosophy on constructive pedagogies that would sculpt productive, humane and empathetic global minds. She asserted the vitality of keeping oneself abreast with the ever-changing technology and mindset of the students. Mr. Shanmugam Paramasivan, Principal-IBDP and Ms. Shalini Singh Hamilton, Principal - CAIE & CBSE, stated that TGS stands out from the rest of the elite international schools in its very approach towards education. The term "Gaudium," a Latin one means joy, delight and gladness. Therefore, TGS certainly aims in nurturing a joyful bunch of youngsters who would face the world ahead with positivity and passion. The principals also shared a plethora of insightful information about the 21st century learners. At this juncture, they asserted the need of inquiry-based teaching and learning in the classroom.



Humans@gaudium

Another distinct feature of TGS is its focus on the health and wellness of its employees. A session on Mindfulness and Wellbeing was conducted by Ms. Mythili. The faculty was informed of regular sessions on mindfulness that will be conducted by the school's counselling and HR team for the physical and emotional well-being of the faculty members.

The Human Resource team headed by Ms. Roshni briefed the teachers on the school directives, which included the documentation of anecdotal records in the school software system regarding the daily classes, meeting with parents etc. A crisp and neat presentation on the internal communication system with the stakeholders was laid out to the teachers by Ms. Mydhily Murlidharan. Teachers were also encouraged to review and reframe the various school policies during this session.

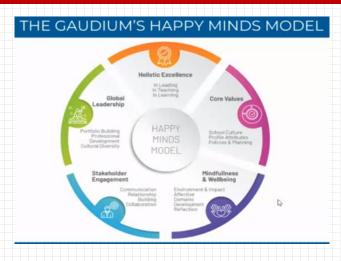
The programme ended on a positive note with teachers aspiring to create productive classrooms with their effective teaching practices. The faculty members were charged with brimming enthusiasm, confidence and desire to welcome the young learners to the new academic year 2020-2021

Sheeja Samy

English language and literature facilitator
CAIE & CBSE



The Five Pillars



We at Gaudium believe in the Happy Minds Model, which covers the five pillars of Holistic Excellence, Core values, Mindfulness and Wellbeing, Stakeholder Engagement and Global leadership. We are working relentlessly to fulfil these goals. From orientation programs for parents to establish stakeholder connect, to conducting mindfulness sessions for students' well-being, we are engaging in a comprehensive and well-planned approach to achieve these goals. Regular meditation sessions and breathing exercises, thematic assembly sessions on core values reiterating the values of respect, empathy, gratitude, perseverance and integrity, mindful thinking and self-awareness sessions have become an integral part of our daily routine on the virtual platform.

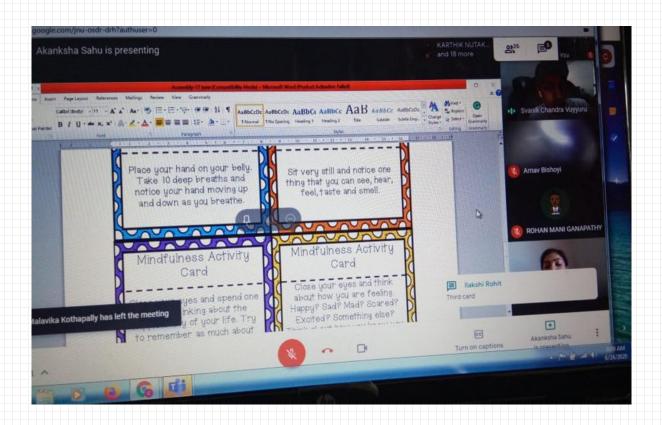


Nurturing mindfulness in the team; a poised educator guarantees classroom poise



The Congregation of Calibre

Morning assemblies at the Gaudium is a congregation of the school community that marks the beginning of an eventful day at work. There is no more beautiful sight than to see the family praying together, exuding the strength of oneness and sense of belongingness towards the ideals that we stand for. Most importantly the assembly imparts a clear sense of vision that there are moments of peace, even if the day seems like there is too much on our plates.

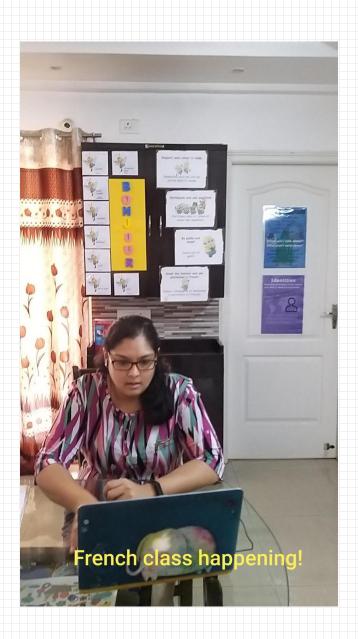


Mindfulness Activity



Splash Literati

A special kind of beauty exists in our love for languages; the language-rich environment of our classrooms facilitates osmosis, that effortlessly and often unconsciously results in assimilation of knowledge. It holds the promise of a heightened self-conscious, greater sensory awareness and an expansion of the creative springs of the mind. To quote the Nobel Laureate Rabindranath Tagore 'where words come out from the depth of truth..' the magic of life happens.





Splash Literati

अंतरराष्ट्रीय योग दिवस (२१ जून)

प्रतिवर्ष की तरह इस वर्ष भी २१ जून २०२० को अंतरराष्ट्रीय योग दिवस का आयोजन The Gaudium International school में किया गया. जिसमे आदरणीय प्रधानचार्य/प्रधानाचार्या जी, प्रबंधक महोदया जी, समन्वयक जी, अध्यापक/अध्यपिका गण/क्रीड़ा अध्यक्ष, स्कूल के छात्र /छात्राओं तथा अभिभावकों लोगो ने बढ़ -चढ़ कर अपनी सहभागिता तथा रूचि,जागरूकता को दर्शाया और इस आयोजन को सफलता पूर्वक ऑन लाइन माध्यम से पूरा किया गया।

21 जून को क्यों मनाते हैं योग दिवस

इस तारीख के बाद दिन छोटे होने लगते हैं और गोलार्ध दक्षिण की ओर जाने लगता है. 21 जून उत्तरी गोलार्ध में साल का सबसे लंबा दिन होता है. इस दिन सूर्य जल्दी उगता है और सबसे देर में सूर्यास्त होता है. इसलिए 21 जून को अंतराष्ट्रीय योग दिवस मनाया जाता है.

योग की परंपरा अत्यंत प्राचीन है और इसकी उत्पत्ति हजारों वर्ष पहले हुई थी। ऐसा माना जाता है कि जब से सभ्यता शुरू हुई है तभी से योग किया जा रहा है। अर्थात प्राचीनतम धर्मों या आस्थाओं (faiths) के जन्म लेने से काफी पहले योग का जन्म हो चुका था। योग विद्या में शिव को "आदि योगी" तथा "आदि गुरू" माना जाता है।

इस काल में पतंजिल योग के अनुयायियों ने आसन, शरीर और मन की सफाई, क्रियाएँ और प्राणायाम करने को अधिक से अधिक महत्व देकर योग को एक नया दृष्टिकोण या नया मोड़ दिया। योग का यह रूप हठयोग कहलाता है। इस युग में योग की छोटी-छोटी पद्धतियाँ शुरू हुईं।

११ दिसम्बर सन २०१४ को भारतीय प्रधानमंत्री नरेन्द्र मोदी ने संयुक्त राष्ट्र संघ की महासभा में २१ जून को अन्तरराष्ट्रीय योग दिवस मनाने का प्रस्ताव रखा था जिसे 193 देशों में से 175 देशों ने बिना किसी मतदान के स्वीकार कर लिया। यूएन ने योग की महत्ता को स्वीकारते हुए माना कि 'योग मानव स्वास्थ्य व कल्याण की दिशा में एक सम्पूर्ण नजिरया है।'

क्या हैयोग एक अभ्यास है जो मानसिक, शारीरिक, आध्यात्मिक और सामाजिक स्वास्थ्य के क्षेत्र में विकास के आठ स्तरों पर काम करता है। जब तक शारीरिक स्वास्थ्य बरकरार है तब तक मन स्पष्ट और केंद्रित रहता है। योग के मुख्य लक्ष्यों में शामिल हैं:

- शारीरिक स्वास्थ्य
- मानसिक स्वास्थ्य
- अध्यात्मिक स्वास्थ्य
- स्वयं का अहसास
- सामाजिक स्वास्थ्य



Splash Literati

योग के लाभ

योग के अभ्यास की कला व्यक्ति के मन, शरीर और आत्मा को नियंत्रित करने में मदद करती हैं। यह भौतिक और मानसिक संतुलन कर के शान्त शरीर और मन प्राप्त करवाता हैं। तनाव और चिंता का प्रबंधन करके आपको राहत देता हैं। यह शरीर में लचीलापन, मांसपेशियों को मजबूत करने और शारीरिक स्वास्थ्य को बढ़ाने में भी मदद करता हैं। यह श्वसन, ऊर्जा और जीवन शक्ति में सुधार लाता हैं। योग का अभ्यास करने से ऐसा लगता हैं कि जैसे यह मात्र शरीर को खींचने या तानने तक ही सीमित हैं, लेकिन आप जैसा देखते हैं, महसूस और गित विधि करते हैं, उससे कहीं अधिक यह आपके शरीर को करने में सक्षम करता हैं।

योग का महत्व

मनुष्य का अस्तित्व शारीरिक, मानसिक और आध्यात्मिक हैं, योग इन तीनों के संतुलित विकास में मदद करता हैं। शारीरिक व्यायाम के अन्य रूप, जैसे एरोबिक्स, केवल शारीरिक तंदरूस्ती को ही सुनिश्चित करते हैं। उनमें आध्यात्मिक या सूक्ष्म शरीर के विकास के लिये कुछ नहीं हैं।

योग न सिर्फ मनुष्य के मस्तिष्क और शरीर की एकता योग

को संगठित करता है बल्कि यह मनुष्य के जीवन में सकारात्मक बदलाव लाने का काम करता है। योग से मनुष्य का मन शांत रहता है और उसे अपने लक्ष्य पर ध्यान केन्द्रित करने में मदद मिलती है।

योग हम सभी को नकारात्मकता से दूर रखता है और हमारे मस्तिष्क में अच्छे विचारों का निर्माण करता है। वहीं मनुष्य योग के द्वारा अपनी जीवनशैली में बदलाव कर सकता है और एक सुखी और स्वस्थ जीवन जी सकता है।

योग धर्म नहीं, एक विज्ञान हैं, यह कल्याण का विज्ञान, यौवन का विज्ञान, शरीर, मन और आत्मा को जोड़ने का विज्ञान हैं.

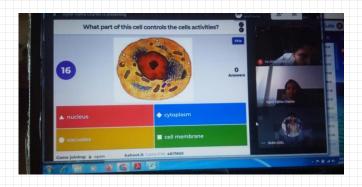
धन्यवाद,

निशा शर्मा -Hindi Facilitator



Quantum Collators

Nothing has such power to broaden the mind as the ability to investigate systematically, thus, together we seek to invoke the wonders of Science. Sciences in our classroom nurtures the art of curiosity and unlocks the doors to infinite possibilities.





15th June, 2020

Today I met the lovely students of CI Grade 8. I was excited to meet my class and their excitement to come back to school on the digital platform was astounding. I started my class with a small ice-breaker and I was surprised to see that knowing my students onscreen can also be fun. During the teacher training sessions, we explored various tools, and one among them waspadlet. This tool made my first meeting with the students worthwhile. We created a 'Know Me' wall on the padlet dashboard which made the new students restful and comfortable. I loved my class and I believe the feeling is likewise for my students. I hope together we will break the glass ceiling of online teaching and learning.

Akanksha

Science

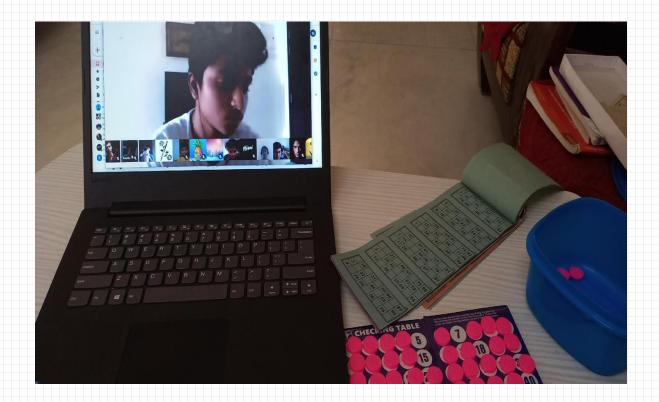
Facilitator





The Magic of Mathematics

We attempt to unravel the universal language of numbers and instill hope that every problem has a solution. It is not just about the equations or the formulae, it is about perfecting our perspectives by way of organising a logical proof.





The House of Humanities

There is abundant power in the 'house of humanities'; it is the calling of the humanities to make us human in the best sense of the term, define who we are as people and remind what we have in common. Thus, day in and day out, in the geographical environment of the Gaudium classroom we write the history of

Gecko empowerment!

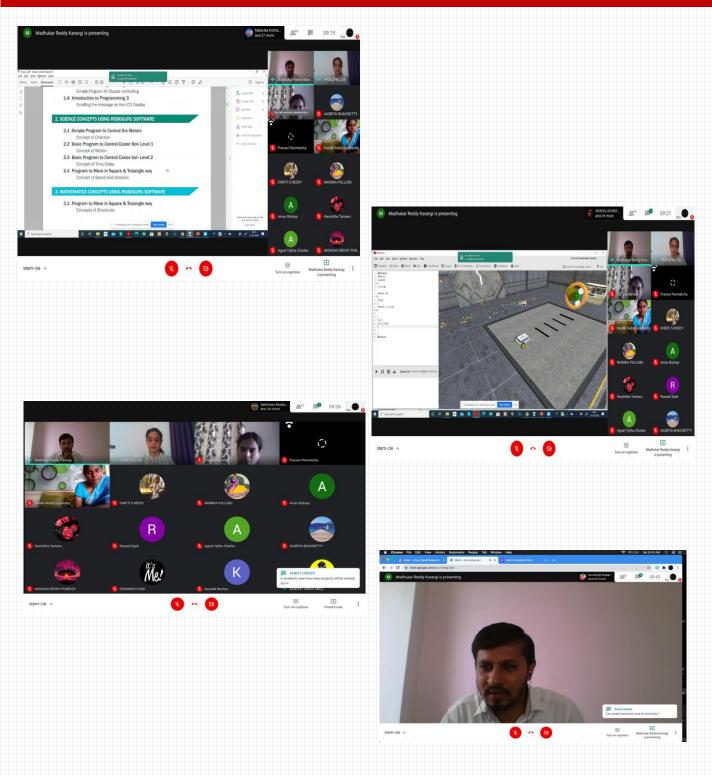




An online quiz conducted on Quizizz for the topic -factors of Production in Economics



Creative, Technical, Vocational... ...Enduring Experiences



Parent Orientation on STEM Education on June 27th by Mr.Madhukar



Creative, Technical, Vocational... ...Enduring Experiences

DISCOVER SELF IDENTITY WITH ART

Identity is one of the most important topics to live in the society; Name is one of the most important unique ideas to rectify someone individually. As per all popular culture name is only one way to recognize a person in the very beginning to know their background and form which sub-community, culture and region they belong. It will create the existence mark on society and individuality of an artist. Students asked to create doodle art with their name and they can design with free hand drawing. Outcome of the project came well; students explore themselves in different individual creative way of expression.

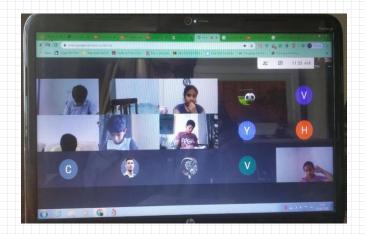




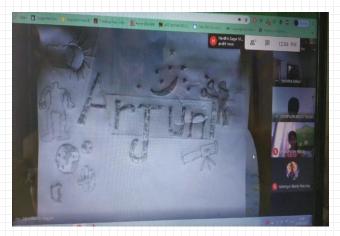


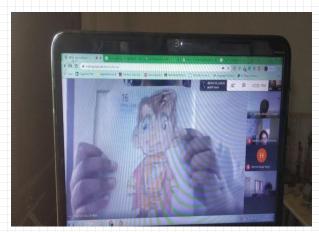
Creative, Technical, Vocational... ...Enduring Experiences

DISCOVER SELF IDENTITY WITH ART

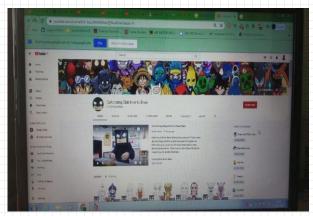














The 5 Pillars Reflection

Who is the Learner: Student or teacher?



The five attributes in Cambridge Curriculum not only pave way to recognize that students need to develop attitudes and life skills throughout their education, but also require academic skills, in order to be successful at university and in employment. These attributes correspond even to the facilitators/teachers in transforming them into lifelong learners.

Being **Confident** in working with information and ideas – their own and those of others, learners (both teachers and students) are keen to explore and evaluate ideas and arguments in a structured, critical and analytical way.

Being **Responsible** for themselves, responsive to and respectful of others, learners take ownership of their learning, set targets and insist on intellectual integrity. They appreciate the importance of culture, context and community.

Being **Reflective** as learners, they develop their ability to learn. Being **Innovative** and equipped for new and future challenges, learners are capable of applying their knowledge and understanding to solve new and unfamiliar problems. They can adapt flexibly to new situations requiring new ways of thinking.

Being **Engaged** intellectually and socially, ready to make a difference, they are keen to learn new skills and are receptive to new ideas. They are equipped to participate constructively in society and the economy – locally, nationally and globally.



The 5 Pillars Reflection

Connecting curricula attributes and the Five Pillars of Happy Minds

May 26th, 2020 was the day I started a new chapter at "The Gaudium". From then on, in the meetings, I have been consistently hearing about the five pillars of happy minds and was constantly thinking how these pillars can be connected and incorporated to the various curricula. "If your actions inspire others to dream more, learn more, do more and become more, you are a leader." This quote by John Adams is apt for "The Gaudium School's" vision.

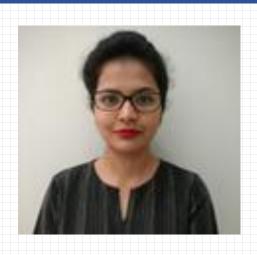
I tried connecting the five learner attributes of Cambridge to the five Pillars of happy minds, followed by IBDP learner profiles. Then I realized that while instilling the learner attributes/profiles in our respective curriculum, we are actually building 'The Pillars of Happy Minds'.

Five Pillars of Happy Minds Model	Cambridge learner attributes		
Holistic Excellence	Confident in working with information and ideas – their own and those of others		
Core Values	Responsible for themselves, responsive to and respectful of others		
Mindfulness & Well being	Engaged Intellectually and socially ready to make a difference		
Stakeholders Engagement	Reflective as learners and developing their ability to learn		
Global leadership	Innovative and equipped for new and future challenges		

Sunitha Indukuri
CIE Coordinator and DP English Teacher



The 5 Pillars Reflection



Mindfulness Exercise for COVID-19

The session was taken for class 7 and 8 students through online platform in google meet on 26th June 2020.

Witnessing the entire country in a state of complete lockdown is a first-time for most of us and also a once-in-a-lifetime experience. To be living in social isolation, maintaining no physical contact with anyone and staying indoors for extended periods of time isn't easy. People are trying to adapt to the "new normal" phenomenon of Covid 19.

The lockdown has affected all of us specially students who are cut out from their schools and are taking onscreen classes. They become restless and a lot of emotional upheavals can occur since they are not getting space to play and socialise with their friends outside. Hence it is very important to keep an emotional wellness through-out this period of lockdown.

Two routine Mindfulness activity were demonstrated in the classroom to help them keep a positive emotional balance every day in the process of decision making which will help them to reflect and introspect on their personal development and fight against the challenges Graded Imagery technique was also demonstrated to help them reduce anger and manage anger.

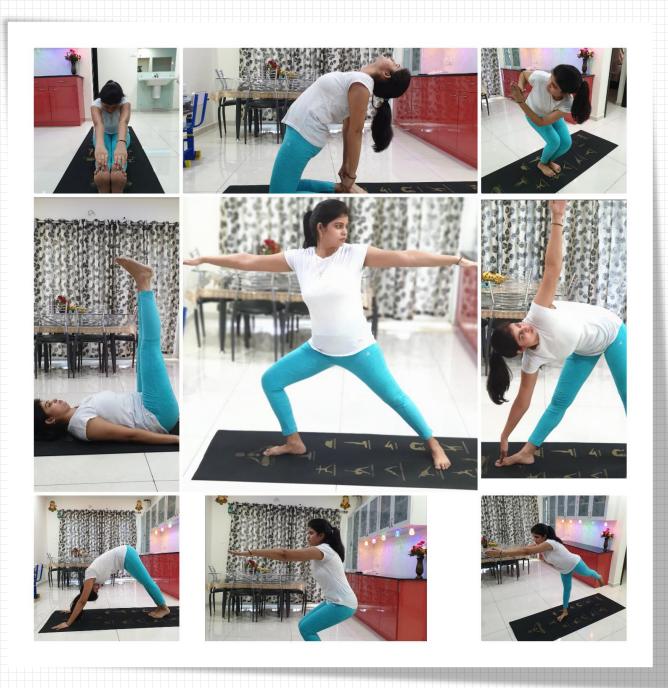
They were also made aware of the psychological counselling facility available at school which will also be active throughout the lockdown period. The school counsellor is available to take individual concerns through email or cellular contact.

Let's beat lockdown stress and anxiety with Mindfulness technique and keep a positive mental health.

Sukanya Das Psychology Teacher & School Counsellor



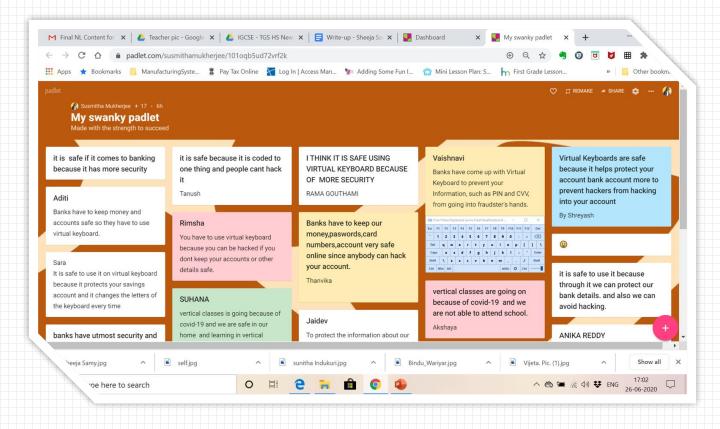
Mindfulness and well-being



International Yoga Day celebrated virtually by the Geckos, parents, facilitators, staff and the management.



Student's Reflection



Grade 6B CI reflection on the importance of using virtual keyboard-Padlet



Teacher's Reflection

I was part of the Policy making!

We the teachers at The Gaudium School, have been experiencing thoroughly enriching virtual professional development sessions for the past few days. These are part of the induction programme of the school for the new academic year. These sessions have created a platform for teachers to gain insight into the entire school system - the school vision, mission, philosophy, core values, 5 pillars - Gaudium Happy Minds model, school policies and an overview of the different curricula offered here - IB, CBSE and CAIE.

Amongst all, the session on school policy building was the most noteworthy, it gave the teachers an opportunity to voice out their opinions. I was part of the Assessment Policy development team and would like to share my experience. I loved the way the whole team collaborated to finish the task on time, under the able guidance of our coordinator who made quick decisions based on the belief 'Begin with the end in mind'. I also had an opportunity to get acquainted with the new members of the team. This would not have been possible in a conventional way of conducting session that primarily involved а presentations. On several occasions during the session I was pleasantly surprised by the team's critical thinking abilities in amending the policy to meet the ongoing needs of the virtual learning platform.

Teachers playing an integral role in designing the school policy is one of its kind experiences and I feel proud to be a part of it.

Ramadevi Nunna High School Teacher



Teachers' Reflection



Two old'uns and a bunch of stars

We met them on the 15th day of June in the year that was going to be remembered for long. We woke up that day to greet a bunch of nineteen bright young souls. Very few people know how we had been waiting for that day. The day when we met the students in our new place of work - it felt special to be with our counterparts in the academic realm, and that too after a long time. The disease was spreading and so was panic. The lockdowns had been too long. And then the fresh breath of new winds!

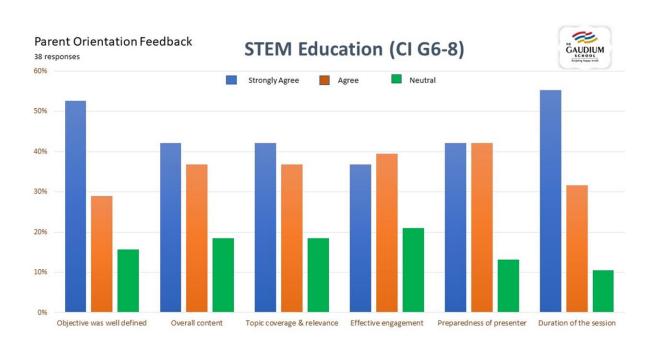
We are the mentors of grade 9 IGCSE. One of us teaches Chemistry and the other one English. So, one of us is about the connection of elements and the other one is about the communication of elements. So, we tried to connect through communication. We set up a bucket list and asked them to choose from that list and narrate their own experiences of those. And, boy, the stories came pouring. Stories that were about desires and ambitions and about memories. We too shared our stories of being lost and then found. Time flew as it always does. By then though, we had known a thing or two about each of us.

Bindu Wariyar and Prithvi Sinha Cambridge Facilitator



Stakeholder Engagement

STEM education is offered to the students of Grades 6, 7 and 8 of Cambridge International Section. The acronym STEM stands for the disciplines of science, technology, engineering, and mathematics. STEM education, then, is the teaching and learning of these STEM subjects through an integrated approach; one that offers hands-on and relevant real-world learning experiences. It's not only the benefit of learning science, technology, engineering, and math as one, but also gaining skills of problemsolving, exploratory learning, and critical thinking that go hand-in-hand with those subjects that make STEM education valuable.

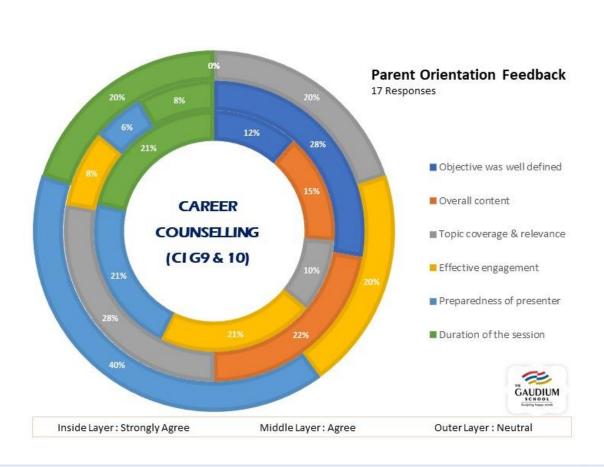




Stakeholder Engagement

At the Gaudium, we believe that it is very important to start career planning from a young age as it guides the students in the right direction. Keeping this in mind, a Career Session was organized on 27th June 2020 by the school Career Counselor for the geckos of Grade 9 & 12 and their parents.

The parents and the geckos got a clear picture about the various career options, entrance exams and the university requirements both India and Abroad. At the end of the sessions parents were happy to have their queries answered and the session was concluded with a vote of thanks.





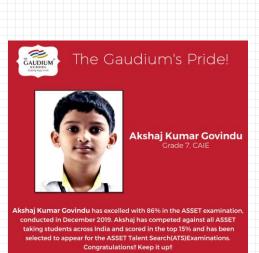
The Hall of Fame

ASSET EXAM

Our Geckos have excelled in the ASSET examination they appeared for in December 2019. They have competed against all ASSET taking students across India and scored in the top 15% and has been selected to appear for the ASSET Talent Search (ATS) examinations.

Congratulations!! Keep it up!











Coming up...next month

DATE	DAY	EVENT	GRADE
18 th July	Saturday	PTM-Virtual	GR 6 TO 10
20 th July	Monday	Bonalu Holiday	Playgroup to Grade 12
31st July	Friday	Varalakshmi Pooja	Playgroup to Grade 12



Links

Our website:

https://www.thegaudium.com/

Learning blogs:

https://www.thegaudium.com/the-learning-blogs/

Facebook: For daily updates please like the page.

https://www.facebook.com/thegaudiumschool/

Sportopia registration link

http://sportopia.thegaudium.com/pages/enquiries



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